

Civilian Benefits Center

Questions about your benefits (e.g. health insurance, retirement, etc)? Contact the Civilian Benefits Center.

Benefits Line: 1-888-320-2917

Hours: Monday-Friday, 7:30 a.m.-7:30 p.m., Eastern Time, except on federal holidays

TTY 1-866-359-5277

FAX: 207-255-0131

Email: navybenefits@navy.mil. Callers must include their full name, pay plan, grade, contact telephone number and the best time to call. Do not include Privacy Act Information such as date of birth or social security number. Please allow two business days for a response (business days are Monday through Friday, except Federal holidays).

Online Guidance

Detailed benefits information for **current** Department of the Navy employees is also available on the private, CAC-enabled portal:

<https://portal.secnav.navy.mil/orgs/MRA/DONHR/Pages/Default.aspx>