

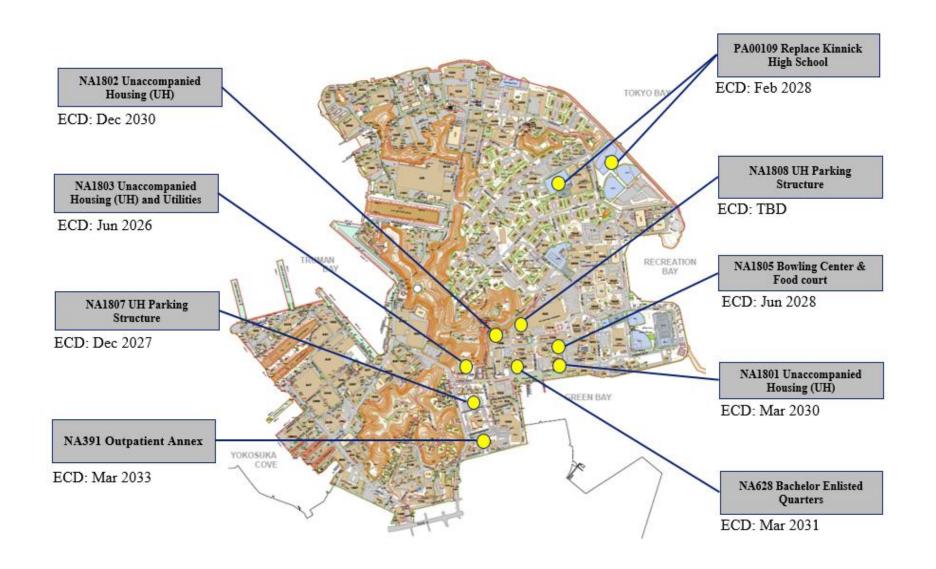
4th Quarter Town Hall 18 November 2025



Public Works Department

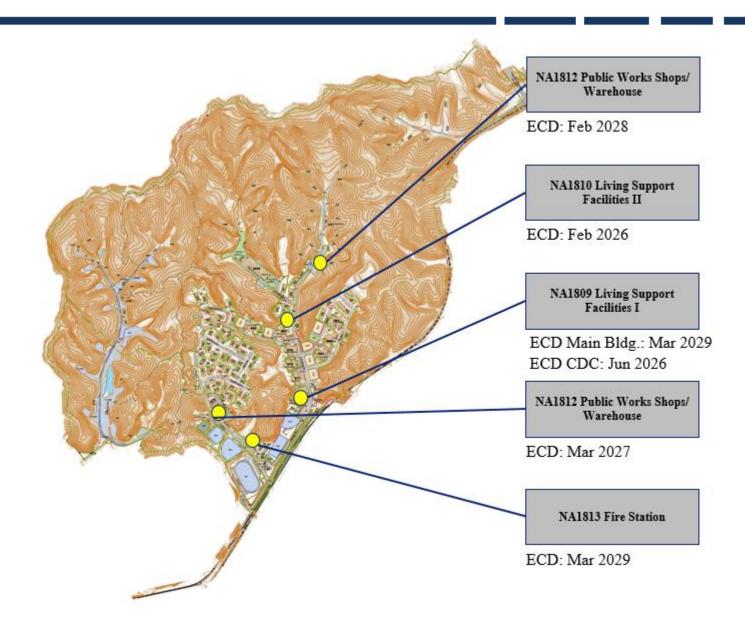


Host Nation Project Update (Main Base)





Host Nation Project Update (Ikego)





N9 Department



Fleet & Family Readiness (N91) Department



Fleet and Family Support Center









VIRTUAL

EVERY 2ND MONDAY OF THE MONTH AT 1100

IN-PERSON ONCE PER QUARTER

(MUST HAVE 10+ PARTICIPANTS OR WILL TURN TO VIRTUAL)



REGISTRATION REQUIRED: Please call us 046-816-3372 or email us at FFSCinfo@us.navy.mil





Morale, Welfare, & Recreation (N92) Department



Morale, Welfare, and Recreation





For more information, please call 046-896-4486.



TURKEY-TO-GO

Half Turkey Package: (Serves up to 4 people) or 6 Smoked turkey legs (Only available at the Officers' Club) \$70 Whole Turkey Package: (Serves up to 12 people) or

9 Smoked turkey legs (Only available at the Officers' Club) \$130 Packages Include: Roast turkey, cranberry sauce, bread stuffing gravy, mashed potatoes, green beans and dinner rolls.

Additional Items: Cooked ham \$16/lb.

- 2-pounds of corn bread and chestnut stuffing \$15
- 2-pounds of baked macaroni & cheese \$16
- 2-pounds of Waldorf salad \$19

(Whole Fruit Pie) Choice of pecan, apple, or pumpkin \$15/pie

Yokosuka Base Delivery: November 25 & 26 +10 a.m. - 7 p.m. We will be offering delivery for on-base Yokosuka residents for an additional \$3.

Reservation dates: November 10 - 22 Pick-up dates: Officers' Club & Club Alliance November 27 + 10 a.m. - 7 p.m.

Pickup dates: Club Takemiya • November 26 & 27 • 11 a.m. - 5 p.m. Last day to order: November 22 + Prepayment is required no holds.

Order today!

Officers' Club (DSN) 243-5030 or(com) 046-816-5030

Club Takemiya (DSN) 246-8077 or (com) 046-806-8077

Club Alliance

Visit our 2nd Floor Cash Cage or call (DSN) 243-3786/5985 or (com) 046-816-3786/5985.



For more information



Holiday Trivia Contest

NEX / MWR Jingle Bell 5K December 12 - Purdy Pavilion

Bowling Pin Holiday Decorating Contest December 1 - 14 - Bowling Center

Holiday Coloring Day December 2 - All MWR Clubs

Claus A Scene Best

Decorated Contest

Voting: December 12 - 17

Holiday Trivia Contest December 3 . Club Takemiya

Ginger Bread Day December 4 - All MWR Clubs

Rudolph the Red Nose Reindeer Day
December 5 - All MWR Clubs

Tree Lighting Ceremony
December 5 - Yokosuka Red Brick Ari

Breakfast with Santa

Milk & Cookies with Santa

Elf Day

December 7 - All MWR Clubs

Brunch with Santa

Ashikaga Flower Park

Grinch Day December 8 - All MWR Clubs

Candy Cane Day
December 9 - All MWR Clubs

Holiday Cookie Giveaway For Kids

Santa Hat Day December 12 • All MWR Clubs

12 Days of Xmas
December 12 - 24 - Liberty Center

Cookies & Cocoa

Festival of Trees December 13 & 14, C2 auditorium

Photos with Santa

Reindeer Games

Holiday Bingo
December 13 + Officers' Club

7th Fleet Band

Katanuki Game December 14 • All MWR Clubs

Pet Photos with Santa December 14 • NEX Red Brick Area

Tokyo German Village Illumination & Kisarazu Outlet^a December 14 • Tickets & Travel Office

"Nightmare Before Christmas" Day December 15 • All MWR Clubs

Mystery Chair Gift Giveaway December 16 - All Clubs

Best Decorated Holiday Stocking

Holiday Trivia Contest

Junior Chef Cookie Contest

Ugly Sweater Day
December 19 - All MWR Gubs

Bowling with The Grinch December 20 • Bowling Center

Broadway Musical "Christmas Wonderland"
December 21 • Tickets & Travel

Holiday Photo Booth Day December 21 • All Clubs

Holiday Movie Matinee

Mystery Chair Gift Giveaway

Meet & Greet with Santa

Xmas Eve Brunch December 24 • CPO Club

Liberty Holiday Pizza Delivery December 24 - Liberty Center

Liberty Christmas Buffet
December 25 - Liberty Center

Christmas Movie Marathon

Special Christmas Brunch*

Christmas Brunch
December 25 + 0 fficers' Club

Winter Illumination* December 27 - Tickets & Trave

Jewellumination Tour December 27 • Liberty Center** December 28 • Tickets & Travel*



*Nomiuriland Jewellumination Touron December 27 must be signed up through the Liberty Center.







Morale, Welfare, and Recreation







Morale, Welfare, and Recreation



Holiday Events

Tree Lighting Ceremony

Live Entertainment . Food . Santa

IKego: December 4 • 4 - 7 p.m.

YOKOSUKa: December 5 · 4 - 7 p.m.
NEX Red Brick Area





Festival of Trees

December 13 & 14 C2 Auditorium Noon - 5 p.m.





Housing (N93) Department



Housing



Christmas Decorations

- Christmas lights and decorations are permitted 30 days prior to and 15 days after the event.
- Decorative lights are permitted to be on from dusk until 2200.
- For exterior decorating, use non-destructive methods, not requiring drilling or nailing. Roofs and ledges are
 off limit areas.

Temporary Absence of Quarters

- Anyone planning to leave their MFH quarters unoccupied for more than 7 days must contact the Housing Service Center.
- Complete a "Temporary Absence from Quarters" (form is available from the Housing Service Center).
- House sitting is permitted, but residents remain fully responsible for their individual quarters and House sitter's conduct.
- House sitters must be SOFA sponsored with base privileges, age 18 and older, and be authorized in writing.

Limited Housing Services During Holiday Period

- 27 December 2025 4 January 2026
- The offices will be operated under limited services due to Japanese holiday week.
- Administrative services (parking certificate, house guest pass request, TLA etc.) only.



Child & Youth Program (N96) Department



Child & Youth Program



2025 Parent Involvement Board Meetings



Open to all parents with a child in any Child & Youth Program.

This is a working lunch and a brown bag lunch will be provided.

MS Teams link will be available for families that would like to participate, but cannot attend in person.

The Parent Involvement Board (PIB) strengthens family involvement in a format that brings CYP professionals, other installation leaders and parents together for active listening and expression of ideas and options in a positive, forward looking context. It is a critical component in quality child and youth programing. Family members are encouraged to actively participate in PIB meetings and other activities.

Yokosuka:

February 11 • May 20 • November 18 Noon - 1 P.M. • MWR Bldg. 1559 • Rm 224*

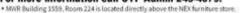


August 12

Noon - 1 P.M. • Ikego Teen Center Izumo Tower Bldg. 694



For more information call CYP Admin 243-4079.





Welcome New Families! CYP AOB CHILD CARE



Steps to register for AOB Child Care:

- 1. Contact CDC, SAC, or FCC for availability. Registration must be completed in advance.
- To process registration for school age children, they must be enrolled in DoDIA Elementary School SAC programs offer care before & after school during the school year.
- 3. SAC programs provide full day care for children during the Summer, Spring, and Winter school brea











Child & Youth Program





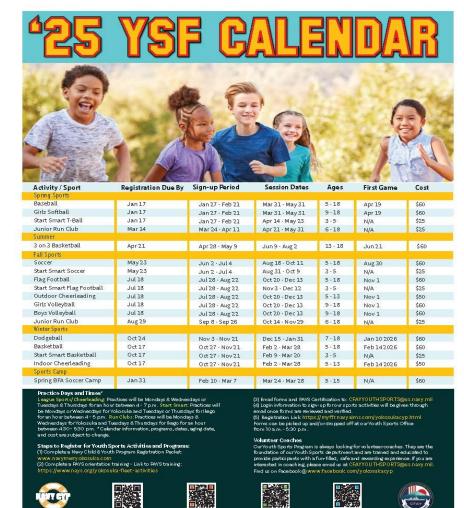
Become a Family Child Care (FCC) Provider

Some advantages of being a FCC Provider are:

- Independent work environment; work from your own home
- Great source of income while saving you the expense of childcare
- Free promotion, advertising and referrals
- Free monthly training and CPR / First Aid training
- Low cost liability insurance & on-site assistance and advice
- Assistance with Child Development Associate Credential
- A job that moves with you and certification that is transferable
- Take the next step! Complete an FCC Provider interest form at https://militarychildcare.csd.disa.mil/sms/registration/register#

For more information call 241-2978 or 046-896-2978 or 070-1201-7944 or contact MWR_YOKOSUKA_FCC@us.navy.mil





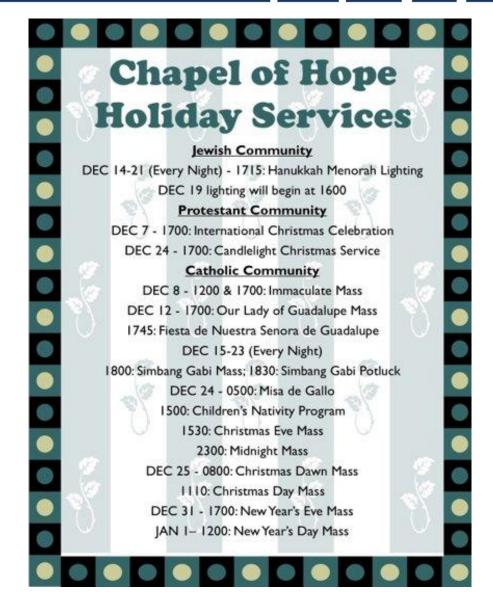


Religious Ministries



Chapel of Hope

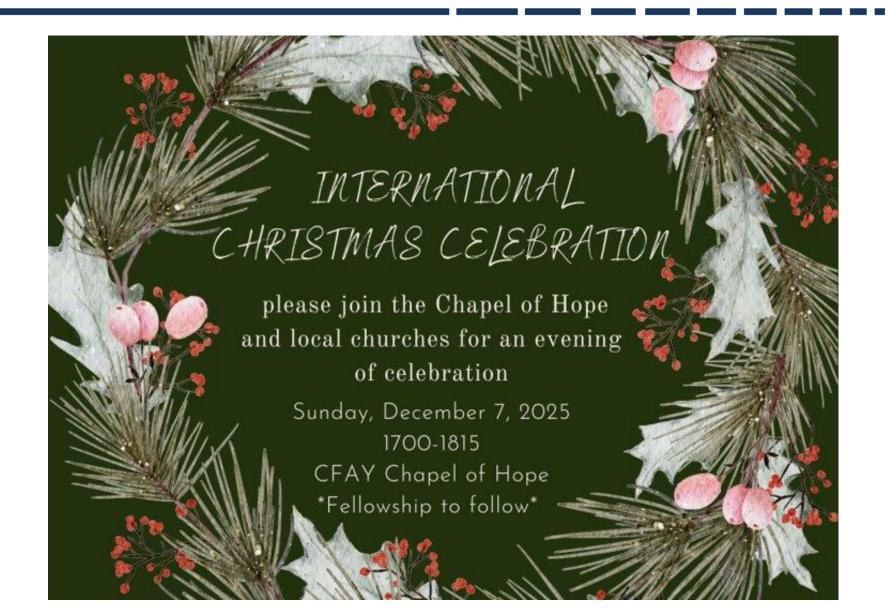






Chapel of Hope







U.S. Naval Hospital Yokosuka

USNH YOKOSUKA

COMMUNITY ANNOUNCMENTS

HOSPITAL EVENTS

• Flu SHOTEX 13-15 Nov Fleet Rec Gym

CLASSES & INFORMATION

- Patient and Family Partnership Council
- Labor and You Classes
- Basic Breastfeeding Course
- Overseas Suitability Screenings
- Physical Exams
- Q-Anywhere
- Prescription Refills
- Immunization Appointments
- Space A Services New Webpage



PATIENT ADVISORY Influenza Mass Vaccination



Main Base:

Fleet Rec Gym 4th Floor

- Nov. **13** 1100-1800
- Nov. 14 1100-1800
- Nov. 15 0900-1300

Open to all SOFA status personnel













HAVE A QUESTION OR CONCERN RELATED TO **USNH YOKOSUKA? JOIN US AT OUR NEXT**

PATIENT AND FAMILY PARTNERSHIP COUNCIL **COUNCIL SCHEDULE**

 Nov. 4 from 9:00 AM - 10:00 AM Community Resource Center, 4th Floor, Haru Room

 Dec. 9 from 11:45 AM - 12:45 PM Naval Hospital Yokosuka, 3rd Floor, Command Auditorium

To our community members- if there is a specialty or any medical personnel you are hoping to meet, please let us know so we can try our best to ensure attendance. You can also send in questions beforehand to our distro email: dha.yokosuka.yokosuka-nh.list.pfpc@health.mil



Labor & You Labor & Delivery team.

Expecting a baby? Join us for Labor & You prenatal classes at U.S. Naval Hospital Yokosuka.

Classes are held every third Thursday of the month.



October 16, 2025 November 20, 2025

- **USNH Yokosuka Command** Auditorium (3rd Floor) 1700-1900

To sign up: Call our OB Clinic JP: 046-816-8747 | DSN: 243-8747

Topics include:

- When to visit OB Triage
- Planning for admission
- Stages of labor and delivery
- Hospital procedures and pain management
- Postpartum care
- Tour of the Maternal Infant Unit



LT Krystle Coulter - krystle.m.coulter.mil@health.mil LT Aracely Duerkop - aracely.c.duerkop.mil@health.mil LCDR Adriana Tirado-Young – adriana.tiradoyoung.mil@health.mil

USNH YOKOSUKA'S Basic Breastfeeding Course

Do you have questions about breastfeeding? USNH Yokosuka is here to help. Register for our Basic Breastfeeding Course held every 3rd Thursday of each month.

This class is tailor-made for parents who want to get off to a great start with their bundle of joy. Call our Pediatrics Clinic to reserve a spot!







OVERSEAS SUITABILITY SCREENING

Starting Sept. 2, overseas screenings at USNMRTC Yokosuka will transition from face-to-face appointments to an online format.



To begin the screening process, please visit the Yokosuka TRICARE website.

https://yokosuka.tricare.mil/Patient-Resource s/Patient-Administration/Overseas-Screening





You will also need access to the MHS Genesis Patient Portal. To login/create an account go to: https://myaccess.dmdc.osd.mil/identitymanag ement/app/login



Contact Us

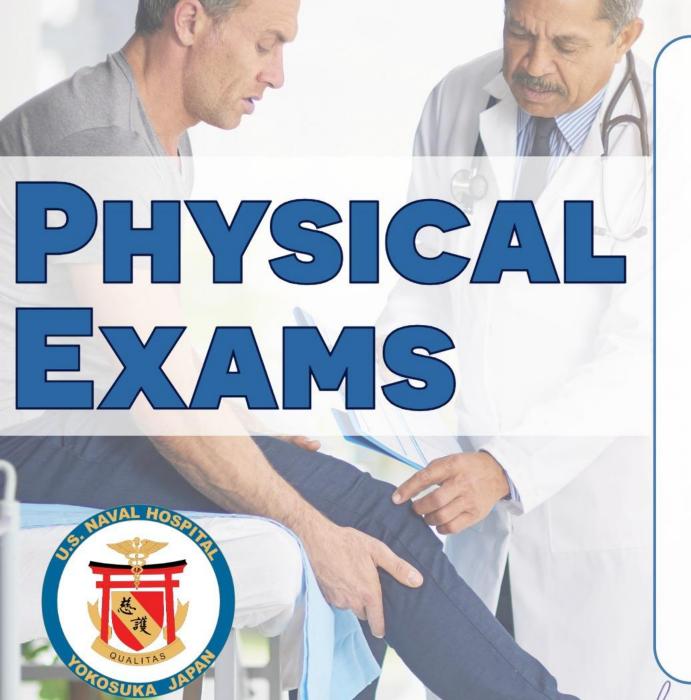






Email: dha.yokosuka.Yokosuka-NH.mbx.oss@health.mil





Need a physical exam at USNH Yokosuka? **Contact Patient Administration.**

To streamline services and enhance medical readiness for active duty service members, contact our Patient Admin directly to schedule the following types of Physical Exams and screenings:

- Submarine/Dive physicals
- Pre-commissioning/General Physicals
- Separation/Retirement
- Re-enlistment
- Flight Physical/LCAC
- Special Duty
- · High Risk screening
- AA&E screening

How to Schedule:



Call **Patient Administration** at

243-5349 (Mon-Fri 0800-1500)

Don't want to wait in the pharmacy line?

Why queue there When you can Q-Anywhere

For NEW or RENEWED prescriptions for USNH Yokosuka



- 1. Scan the QR Code
- 2. Put in your information
- 3. Submit your order
- 4. Keep the page open to receive updates

Please allow the pharmacy at least 2 hours to fill your order.

Hours: Pharmacy 0800-1700 Mon-Fri. Q-Anywhere 0800-1500 Mon-Fri. Closed on federal holidays.

For REFILL prescriptions please use the MHS GENESIS Patient Portal or call 243-4689.



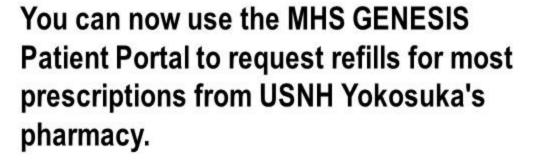


Refills are here!

TRICARE® beneficiaries can order prescription refills through their MHS GENESIS Patient Portal.

more visit

www.tricare.mil/ MHSGENESISRxRefills



With MHS GENESIS you can:

- See all prescriptions you can refill.
- Select the prescription you want to refill.
- Select where you want to pick up your refill.
- See when your prescriptions are ready for pick up.



for TRICARE Beneficiaries and Space A Personnel

To schedule an appointment call:

DSN: 243-5352

Off-Base: 046-816-5352.

Immunization Clinic Hours:

Walk-in for ALL Eligible Patients (including Space A): 0800-1000, Mon-Fri Active-Duty Walk-in: 1300-1500, Thu and Fri



U.S. Naval Hospital Yokosuka

Space Available Services

For Non-TRICARE Beneficiaries

Please visit our new Access to Care for DoD Civilians and **Contractors** page for information on Space A appointments with a PCM, as well as surgical and specialized services.

Scan the QR code or visit us at: https://yokosuka.tricare.mil/Gett ing-Care/Access-to-Care-for-DoD

-Civilians-and-Contractors







News & Gallery ∨

As a military treatment facility, U.S. Naval Hospital Yokosuka follows Department of Defense policy for prioritizing appointment scheduling. Here's how these guidelines prioritize care:

About Us ~

Active duty service members

Active duty family members enrolled in TRICARE Prime

TRICARE Young Adult- Prime

We are committing to providing care to others whenever space is available after we have honored our responsibility to active duty service members and their families. This includes

Active duty family members enrolled in TRICARE Select or TRICARE Young Adult-Select Retired service members and their eligible family members

DOD civilians and contractors

These priorities apply to primary and specialty care appointments. Access to the Emergency Department remains available 24/7 to all DoD ID card holders. All patients, including those receiving space-available care. can have their prescriptions filled through the USNH Yokosuka pharmacy if they are from a licensed U.S. provider and are written in English. (Please note, it may take 1-3 business days to fill prescriptions.)

Space Available Appointments with a Primary Care Manager (PCM)

Visit our webpage!

TRICARE

Click to View and Download PDF





FOR THE PEOPLE WHO SERVE.™

USO Yokosuka



USO Yokosuka

Hours of Operation Monday - Sunday from 10 AM to 10 PM *Hours based on volunteer availability

USO Yokosuka Amenities

Food & Beverages

Beverages, Coffee & Tea, Snacks

Multimedia & Gaming

Board & Table Games, DVD & Blu-ray Player, PS4, TV & Cable, Xbox One

Services & Information

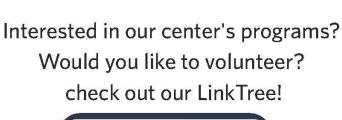
Information Desk, Local Information

Connectivity

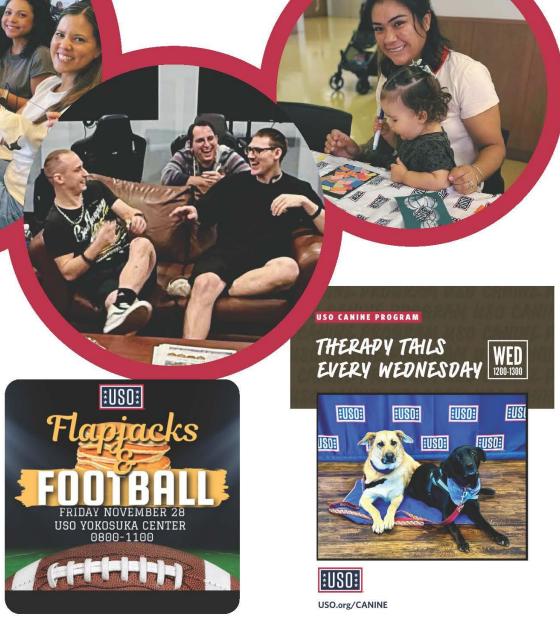
CAC Readers, Charging Stations, Computers & Laptops, DSN Phone, Phones, Skype, Video Chat, Wi-Fi

Rest & Relaxation

Air Conditioning, Bathrooms, Lounge









American Red Cross

American Red Cross

Urgent Volunteer Needs

Youth Preparedness Support

- Networking/coordination with DODEA teachers and leadership
- Classroom presentations

Disaster Action Team Member

- Monthly meetings
- Community group engagement/presentations
- Support of base emergencies (drills and actual)

<u>Administrative and Licensed Medical</u> Professionals

- Flexible shift availability
- Exposure to medical environment
- Clinical hours for licensure maintenance
- Networking opportunities

Station Details

Two Office Locations

Community Readiness Center, BLDG 3365 (3rd Floor, Rooms 331 A – B)
Office Hours: Monday- Friday 08:00-16:00

USNH Yokosuka, 1st Floor (Family Medicine waiting area) Desk Hours: Monday-Friday 08:00-15:00

Contact Information

DSN: 315-243-7490

Commercial: 046-816-7490

Duty Cell (JP): 070-1289-1747

Yokosuka@redcross.org

Facebook.com/YokosukaRedCross





Navy Marine Corps Relief Society



Navy Marine Corps Relief Society

How We Help

- Interest-free loans and grants
- Emergency travel
- Budget and financial counseling
- Budget for Baby® Workshops
- Education scholarships and interest-free loans

- Visiting nurses (including new parent support)
- Thrift shop and Uniform Locker G59 Building, Open for Sales on Wednesdays, Donations 2 times per month on Thursdays
- Disaster relief

Volunteer to Make a Difference

- Open to Active Duty, Dependents, Civilians and anyone with base access. Help others in need, Keep
 professional/job skills current, Gain new skills, Networking, Monetary allowance for child care and mileage, Flexible
 schedules.
- Teens age 13-15 may volunteer with a parent/guardian, Teens age 16 and up may volunteer independently

Yokosuka Office

CRC Building 3365 3rd Floor Room 313 (0800 – 1600 M-F)

315-243-7905 | Yokosuka@nmcrs.org

Facebook Page: NMCRS Yokosuka | nmcrs.yokosuka



QUESTIONS?