

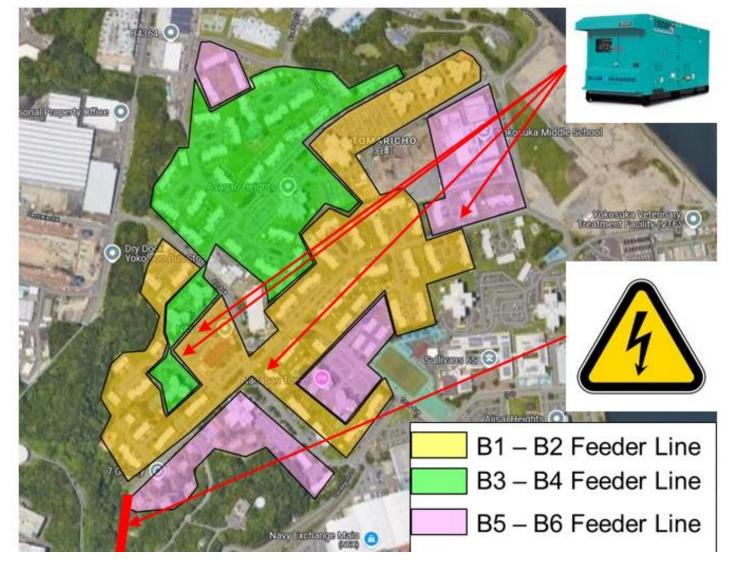
2nd Quarter Town Hall May 28, 2025



Public Works Department



Power Outages – Emergency Generators



Emergency generators to provide back-up power to main feeders and select facilities. Supports planned maintenance and minimized unplanned outages.

Temporary bypass main feeders will be installed above-ground through Gridley Tunnel to build system resiliency and reliability. Tunnel will be closed to all traffic from 25 May 2025 to 31 Jul 2025. The tunnel will reopen to pedestrians and bicycles but remain closed for vehicles starting Aug 2025 until 31 Jul 2028.



Emergency Management Department



Tropical Cyclone Conditions of Readiness (TCCOR)



Emergency notifications pushed to home, work and mobile phones; work and personal email; ONE-Net Desktop





Public Affairs Department



How can you stay informed?

- AtHoc Mass Warning and Notification System Alerts
- Social Media Official CFAY FB and Instagram
- CFAY Command Channel 17-4
- NOAC Yokosuka Channel 17-5
- **CFAY Outdoor Marquees** CRC, FRC, MB Gate, Ikego Housing Gate
- AFN Eagle 810 AM Radio Available via AFN GO app
- NOAC Yokosuka Website:
 - https://www.metoc.navy.mil/noacy/fiveday_yoko.htm
- Joint Typhoon Warning Center (JTWC) Website:
 - https://www.metoc.navy.mil/jtwc/jtwc.html

Follow, bookmark, and please SHARE!





N9 Department



Fleet & Family Readiness (N91) Department



Fleet and Family Support Center





PCS-ING TO YOKOSUKA?

Ask the Experts!

CFAY representatives will be available to answer your questions!

MORE INFORMATION

- 243-3372/046-816-3372
- FFSCinfo@us.navy.mil
- facebook.com/ffscyokosukajapan

MICROSOFT TEAMS MEETING GO TO: HTTPS://TINYURL.COM/2297PM75

EVERY 1ST & 3RD

THURSDAY

JOIN

HERE!







Morale, Welfare, & Recreation (N92) Department



Morale, Welfare, & Recreation



SUMMER POOL HOURS

Green Beach Pool*

Open Now - Aug 17

Lap Swim Only

Monday, Tuesday & Friday • 6 - 9:30 a.m. Wednesday & Thursday • 6 a.m. - 2 p.m.

Recreation & Lap Swim

Monday, Tuesday, Friday, Saturday & Sunday 9:30 a.m. - 5:30 p.m. Wednesday & Thursday • Closed

Ikego Pool*

June 16 - Aug 17

Recreation Swim

Wednesday, Thursday, Friday, Saturday & Sunday 9:30 a.m. - 5:30 p.m. Monday & Tuesday - Closed

Purdy Pool

Closed for maintenance until August 17.

*After August 17

Green Beach and Ikego Pools will be open from 9:30 a.m. to 5:30 p.m. weekends only through Labor Day.

Schedule is subject to change.

ATTENTION CUSTOMERS

All video and still photography (cell phones/DSLR/mirrorless/GoPro/360-style cameras/tri-pods, etc.) is PROHIBITED at all CFAY MWR Fitness Centers (Purdy & Fleet Gyms, Hawk's Nest, Sanban Tower Gym and Ikego Gym).

We thank you for your cooperation.





Online Safety Brief

recreation/mt-fuji-climbing-season

Interested in climbing Mt. Fuji? Our Mt. Fuji online safety briefing is designed to prepare you, and make your hike up Japan's highest mountain a memorable experience! After completing this mandatory safety brief, print out the certificate and bring it to Outdoor Recreation Center to sign up for Mt. Fuji trips.

Mt. Fuji Day Hikes

What a story to fell back home! Trek, climb, and taste the victory of climbing Japan's fallest mountain, an absolute must-do when visiting Japan! The hike begins at Mt. Fuji's 5th station and challenges even the fittest and most experienced hikers. Bring ¥4000 for admission fee and extra yen to purchase a Fuji Stick and / or stamps for your stick. Minimum age is 10 years old.

July: 12, 19 & 26 August: 2, 9, 23 & 30

\$95 / person • \$65 / Blue Jacket

Mt. Fuji Sticks

Head over to Outdoor Recreation Center and purchase a Fuji Stick branded with our very own stamp to start your journey.



For more information, please call 243-5732.





Housing Department



PET POLICY

- Dogs are not authorized in tower elevators at any time. Continued violation may result in eviction from MFH
- Pet owners are responsible for removing their pets' excrements immediately after excretion anywhere on board FLEACT Yokosuka and Ikego.

Typhoon Preparations

- Recommend 72-Hour Emergency Kit (Refer to Family Housing Handbook).
- Stay tuned to CFAY Command Channel 17-4, AFN Tokyo Eagle 810am radio, or CFAY Website to include social media forums such as Facebook for the latest information.
- Identify outdoor items requiring securing, and ensure that the areas are cleared prior to the declaration of TCCOR 2.

v Mold and Mildew Prevention

- Mold and mildew are endemic in Japan but not hard to control.
- It is the resident's responsibility to clean mildew.
- Should mildew develop, remove it with 60/40% bleach and water solution or distilled vinegar.
- Report all cases of excessive mold occurrences to Housing Service Center.



Child & Youth Program (N96) Department



Child & Youth Program





2025 Youth Sports Summer Camp Calendar

Commander Fleet Activities Yokosuka, CFAY



Registrations will be accepted up until the first day of camp or until full

Sport	Open Registration/Sign- up Period	Session Dates	Ages	Session Times	Cost
Baseball Camp	01 June - until filled	23 June - 27 June	9-15YO	0900-1100	\$25
Yokosuka Outdoor Camp	01 June - until filled	07 July - 11 July	13-18YO	0900-1100	\$25
BFA Soccer Camp	30 June - until filled	21 July - 25 July	5-15YO	0900-1100	\$60
Global Pipeline Basketball Camp	30 June - until filled	04 August - 8 August	9-15YO	0900-1100	\$60

Calendar information, dates, aging date, and cost are subject to change.

Steps to Register for Youth Sports Activities and Programs:

- (1) Complete a Navy Child and Youth Program Registration Packet: www.navymwryokosuka.com
- (2) Complete a PAYS orientation training Link to PAYS training: https://www.nays.org.
- (3) Email forms and PAYS Certification to: CFAYYOUTHSPORTS@us.navy.mil (Forms can be dropped off at the Youth Sports Office)
- (4) Login information to register online once forms are reviewed and verified- Registration Link: https://myffr.navyaims.com/yokosukacyp.html

For more information about a particular sport or if your interested in volunteering, please contact the Youth Sports and Fitness Office at 241-2952

Jan 27 - Feb 21 Mar 31 - May 31 Girls Softball Jan 17 Jan 27 - Feb 21 Mar 31 - May 31 9-18 \$60 Apr 19 Jan 17 Jan 27 - Feb 21 Apr 14 - May 23 3-5 \$25 6-18 N/A \$25 \$25 Start Smart Soccer Jun 2 - Jul 4 Sep 1 - Oct 10 3-5 Flag Foot ball Jul 28 - Aug 22 5-18 Jul 28 - Aug 22 Girls Volley hall Jul 18 Oct 20 - Dec 13 9-18 Nov 1 Boys Volleyball Jul 18 Jul 28 - Aug 22 Oct 20 - Dec 13 9-18 Nov1 \$60 Sep 8 - Sep 26 Oct 14 - Nov 29 Dodgeball Nov 3 - Nov 21 Jan 10 2026 Basketball Oct 27 - Nov 21 Feb 2 - Mar 28 Oct 17 5-18 Feb 14 2026 3-5 \$25















Child & Youth Program





Become a Family Child Care (FCC) Provider

Some advantages of being a FCC Provider are:

- Independent work environment; work from your own home
- · Great source of income while saving you the expense of childcare
- · Free promotion, advertising and referrals
- Free monthly training and CPR / First Aid training
- Low cost liability insurance & on-site assistance and advice
- Assistance with Child Development Associate Credential
- A job that moves with you and certification that is transferable
- Take the next step! Complete an FCC Provider Interest form at https://militarychildcare.csd.disa.mil/sms/registration/register#

For more information call 241-2978 or 046-896-2978 or 070-1201-7944 or contact MWR_YOKOSUKA_FCC@us.navy.mil



2025 Parent Involvement Board Meetings



Open to all parents with a child in any Child & Youth Program. This is a working lunch and a brown bag lunch will be provided. MS Teams link will be available for families that would like to participate, but cannot attend in person.

The Parent Involvement Board (PIB) strengthens family involvement in a format that brings CYP professionals, other installation leaders and parents together for active listening and expression of ideas and options in a positive, forward looking context. It is a critical component in quality child and youth programing. Family members are encouraged to actively participate in PIB meetings and other activities.

February 11 • May 20 • November 18 Noon - 1 P.M. • MWR Bldg. 1559 • Rm 224*



Noon - 1 P.M. • Ikego Teen Center Izumo Tower Bldg. 694



For more information call CYP Admin 243-4079.

. MWR Building 1559, Room 224 is located directly above the NEX furniture store.







Week 7: July 21 - 25 Mission Impossible



Week 4: June 30 - July 3

Time Travel

Week 10: Aug 11 - 15 We got the Beat













Security

CFAY AMILY AUTHOR

Security

Road Tax Deadline – 01 Jun 25

- Vehicles entering base with expired stickers on or after 01 June will be turned around
- Vehicles with expired tax found on base will be ticketed and checked for abandonment

Abandoned Vehicles

- # Vehicles subject to junking after waiting period. 20
- # Vehicles junked in 2025. 59

Abandoned Bicycles

- # Bicycles subject to junking after waiting period. 112
- # Bicycles junked in 2025. 567

Reporting Procedures for Main Base & Ikego

- Non-emergencies: 243-2300/2301
 - Observing any actions that cause concern
 - Abandoned vehicles
- **EMERGENCIES:** dial 911 or call 046-816-0911.



Religious Ministries



Chapel of Hope







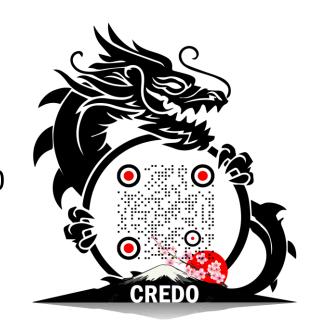


UP COMNG EVENTS – ALL REGISTRATION CAN BE DONE AT:

CREDO-JAPAN.TRUMBA.COM

OR VIA THE QR CODE

- Personal Growth Retreat:
 - Wilderness Retreats: July 25-29; August 29- Sept 2; Sept 17-20
 - Mt Fuji Climbs: July 15-17; Aug 6-8
- Date Nights: June 6; July 18; July 30





U.S. Naval Hospital Yokosuka

USNH YOKOSUKA

COMMUNITY ANNOUNCMENTS

Patient and Family Partnership Council meetings are set for June 3, July 8, Aug 12, and Sept 9.
Women's Health Day 3 June
Student Sports Physicals 23 July
MMR Public Service Announcement
Nurse Advice Line 24/7
Health Care Navigation Support





PATIENT AND FAMILY PARTNERSHIP COUNCIL

COUNCIL SCHEDULE

- JUNE 3, 1145-1245 USNH YOKOSUKA COMMAND AUDITORIUM (3RD FLOOR)
- JULY 8, 1600-1700 AOB AUDITORIUM CRC BLDG
- AUG 12, 0900-1000 FUYU ROOM CRC BLDG
- SEPT 9, 1145-1245 USNH YOKOSUKA COMMAND AUDITORIUM (3RD FLOOR)

To our community members- if there is a specialty or any medical personnel you are hoping to meet, please let us know so we can try our best to ensure attendance. You can also send in questions beforehand to our distro email: dha.yokosuka.yokosuka-nh.list.pfpc@health.mil

WOMEN'S HEALTH DAY USNH YOKOSUKA OB/GYN CLINIC

USNH Yokosuka's OB/GYN Clinic will be hosting a walk-in Women's Health Day Clinic on 3 June from 0800-1100 and 1300-1500. We will be offering:

- Full Contraception Services(IUD/Nexplanon Placement/Removal, OCPs, Depo Shots)
- PAP Smears
- STI Screenings
- HPV Vaccines



Available for all TRICARE beneficiaries & Space A personnel

DODEA Student Sports Physicals

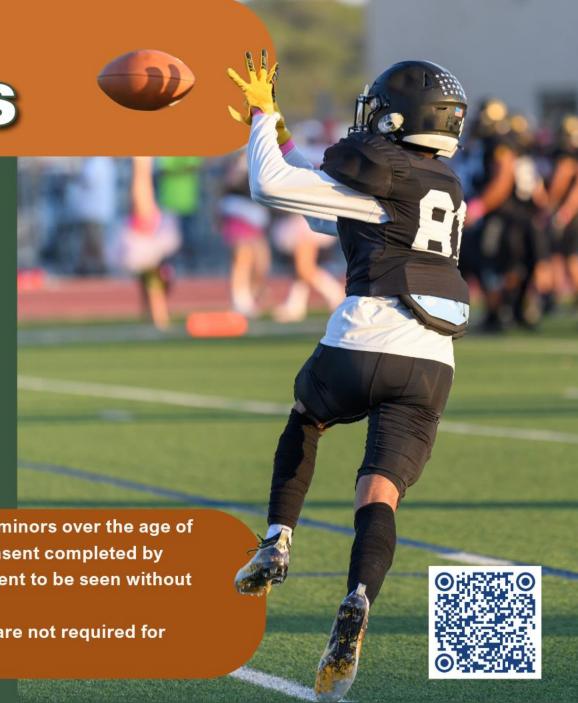
USNH Yokosuka's Pediatric Clinic Wed. 23 July 1230-1630

How to schedule: Call our appointment line at 243-5352 or the Pediatric Clinic at 243-5505.

Open to all NMRTC Yokosuka beneficiaries and Space A patients.

- · Physicals are for students participating in DODEA sponsored sports.
- · Sports Physical forms (scan QR code to download) need to be completed prior to the appointment.

- · Unaccompanied minors over the age of 14 must have consent completed by time of appointment to be seen without a parent.
- These physicals are not required for CYP sports



Know Your MMR Status



Measles is a highly contagious viral illness that spreads by person-to-person contact and through the air. Risk for widespread measles in the U.S. and in Japan remains low due to robust immunization and surveillance programs.

Measles-Mumps-Rubella (MMR) vaccination is the most important tool for preventing measles.



Scan the **QR** code to review your immunizat ion record via the MHS **GENESIS** Patient Portal to ensure you are up-to-date with this important vaccine.

- Children should receive 2 MMR doses by age 6.
 Overseas, an additional, early MMR dose is recommended for infants as young as 6 months of age.
- Adults should have at least one documented dose of MMR vaccine in their lifetime, or evidence of immunity.



NOT FEELING WELL? NOT SURE IF YOU NEED TO GO TO THE HOSPITAL?

Contact the Military Health System (MHS) Nurse Advice Line (NAL)

The MHS NAL is available 24/7 at no cost. TRICARE beneficiaries can speak with a registered nurse who can help with:

- Choosing the right level of care
- Scheduling medical appointments
- Recommended home remedies
- Advice on provider follow-up
- Symptom assessment
- Locating an urgent care or emergency care facility
- Getting an online "absence excuse" or "sick slip" when appropriate

HOW TO CONTACT US:

If you need medical assistance after hours and wish to speak with a nurse, or for 24/7 medical advice, please contact the Military Health System Nurse Advice Line

- Japanese Cell Phone: 0120-996-985 (TOLL FREE)
- DSN Line: 9-4-888-901-7144 (TOLL FREE)
- U.S. Cell Phone: 1-800-874-2273 (TOLL FREE)

Scan the QR Code to find country-specific assistance or use web and video chat services

https://www.mhsnurseadviceline.com/home



Health Care Finder Services for Eligible DOD Civilians



Health Care Navigation Support - Contacting the 24/7 Call Center

Phone within Japan

Calling within Japan: 03 3560 8185

Active as of Jan. 1, 2025, 9 a.m. Japan Standard Time Calling from outside Japan (international): +81 3 3560 8185

Note: these are not toll-free numbers. Request a call back for routine, non-urgent requests by sending an email to avoid additional charges.

Toll-free

Coming soon! Will go live Jan. 7, 2025

Email

DODHealthcareSupport@internationalsos.com

Note: Avoid including private health information on email. Provide name, email address, FEHB insurance carrier, briefly state what support you are seeking, and best phone number that you can be reached at for a call back.

Medical Emergencies within Japan

Commercial: 119
On DOD installations: 911

HEALTH CARE NAVIGATION SUPPORT

CONTACTING THE 24/7 CALL CENTER

CALLING WITHIN JAPAN: 03 3560 8185

CALLING FROM OUTSIDE JAPAN (INTERNATIONAL): +81 3 3560 8185

EMAIL:

DODHealthcareSupport@internationalsos.com



Yokosuka Commissary





Chicken Embargo to Japan

There is an ongoing embargo on US chicken exports to Japan, and we are actively working on securing alternative sources to minimize disruption.

More information to follow.

eWIC will be launching in November

The WIC Overseas program has switched to the new eWIC card which will be Available at the commissary starting in November.

Ask your local WIC office for more details at your next appointment.





Navy Marine Corps Relief Society



How We Help

- Interest-free loans and grants
- Emergency travel
- Budget and financial counseling
- Budget for Baby® Workshops
- Education scholarships and interest-free loans

- Visiting nurses (including new parent support)
- Thrift shop and Uniform Locker G59 Building, Open for Sales on Wednesdays, Donations 2 times per month on Thursdays
- Disaster relief

Volunteer to Make a Difference

- Help others in need, Keep professional/job skills current, Gain new skills, Networking, Monetary allowance for child care and mileage, Flexible schedules
- Teens age 13-15 may volunteer with a parent/guardian, Teens age 16 and up may volunteer independently

Yokosuka Office

CRC Building 3365 3rd Floor Room 313 (0800 – 1600 M-F)

315-243-7905 | <u>Yokosuka@nmcrs.org</u>

Facebook Page: NMCRS Yokosuka | nmcrs.yokosuka



FOR THE PEOPLE WHO SERVE.™

USO Yokosuka



USO Yokosuka

Hours of Operation Monday - Sunday from 10 AM to 10 PM *Hours based on volunteer availability

USO Yokosuka Amenities



Food & Beverages

Beverages, Coffee & Tea, Snacks



Multimedia & Gaming

Board & Table Games, DVD & Blu-ray Player, PS4, TV & Cable, Xbox One



Services & Information

Information Desk, Local Information



Connectivity

CAC Readers, Charging Stations, Computers & Laptops, DSN Phone, Phones, Skype, Video Chat, Wi-Fi



Rest & Relaxation

Air Conditioning, Bathrooms, Lounge

Interested in our center's programs?

Would you like to volunteer?

Scan the code to learn more!









QUESTIONS?