

TLA



CFAY POWER OUTAGE; TLA/PER DIEM CLAIMS

Did you stay in a hotel? (You may get TLA)

Were you affected by Power (You may get Meal and

Outage?

Did you throw away food and replace?

Incidentals)

(You may be authorized restoration)

File a claim for TLA (Lodging and Per Diem) Expenses

File a claim for Per Diem (Meals and Incidentals)

For claim paperwork visit https://cnrj.cnic.navy.mil/Installati ons/CFA-Yokosuka/Operations-and-Management/Public-Works/Power-Outage-FEB2025/

Email Yokosukalegalassistance
@us.navy.mil for questions/
assistance

Special Circumstances TLA
Submit to housing and
then CPPA

Special Circumstances TLA
Submit to housing and
then CPPA

File claim with norfolkclaims@us.navy.mil





Special Circumstances TLA

- Q: What do I need to include in the package?
- A: You need these key supporting documents, or KSDs:
 - · Fully itemized zero-balance Lodging Receipt
 - Record of Emergency Data/Dependency Application (RED/DA) (pen and ink or updated printout)
 - If applicable, Certificate of Non-Availability (CNA) from Navy Lodge
 - Receive TLA Request and Claim form from Housing Service Center.
 - NPPSC 7220/5 from your CPPA.
- Q: What if I didn't use lodging but I incurred expense like eating out?
- A: Submit a SC-TLA Request with supporting documents
 - Record of Emergency Data/Dependency Application (RED/DA) (pen and ink or updated printout)
 - Receive TLA Request and Claim form from Housing Service Center.
 - NPPSC 7220/5 from your CPPA.
- Q: When will I receive my payment?
- A: Once HSC approves your SC-TLA package, your CPPA routes it to TSC Yokosuka, who will process your payment within 72 hours.



CPPA Instructions

- Q: I am a CPPA. How to I process an SC-TLA claim in Salesforce?
- A: Use the following parameters in case submission:
 - Subject Format: SC TLA YOKO RATE LAST, FIRST (Command Name)
 - Request Type: MILPAY
 - Problem Code: TLA
 - Routed to: TSC YOKOSUKA
- Ensure member submitted all required KSDs including CFAY Authorization for SC-TLA (CFAYNOTE 7220)
- Ensure case is SUBMITTED (not initiated)







CFAY/IKEGO GATE HOURS



IKEGO

Inbound/Outbound
Daily
24 hours

<u>Jimmuji</u>

Inbound/Outbound Monday-Friday 0500-0100

Inbound/Outbound
Weekends and
Holidays
0500-0030

WOMBLE GATE

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian Daily 0500-2200

Inbound Vehicle Daily 0500-1800

Inbound High Traffic Pattern Monday-Friday 0500-0830

Outbound High Traffic Pattern Monday-Friday 1530-1900

<u>VERNY</u> PEDESTRIAN

Outbound Daily 24 hours

Inbound Monday-Friday 0600-2000

Inbound Saturday 0700-0800

Inbound Sunday and Holidays CLOSED

CARNEY GATE

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian
Daily
24 hours

Inbound Vehicle
Daily
24 hours

Inbound High Traffic Period Monday-Friday 0500-0830

CARNEY BOARDWALK PEDESTRIAN GATE

Inbound/Outbound Daily 0600-2100







More information Tap one of the links below

https://www.navymwryokosuka.com/

日米親善よこすかスプリングフェ スタ 2025 | 横須賀市観光情報 https://www.cocoyoko.net/event/spring-fes.html



Attention all drivers on express way





ETC-only toll gate Drive Slowly

Vehicles not equipped with an ETC onboard device will not be allowed to pass. If you accidentally enter the ETC gate, please do not make a U-turn. Proceed to the "Support" or "ETC/Support" lanes, press the button on the intercom, and follow the staff's instructions.



FFSC Virtual Clinical Counseling CONNECT to GET CARE

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

Virtual clinical counseling helps with:

- Separation
- Relationship issues

Grief

- Parent-child interactions
- Deployment
- Other challenges related to military
- Relocation
- and family life

To schedule an appointment, call 1-855-205-6749. If calling outside of regular business hours, leave a message. Your call will be returned within one business day. You can also scan the QR code to link to a brief form to get started.



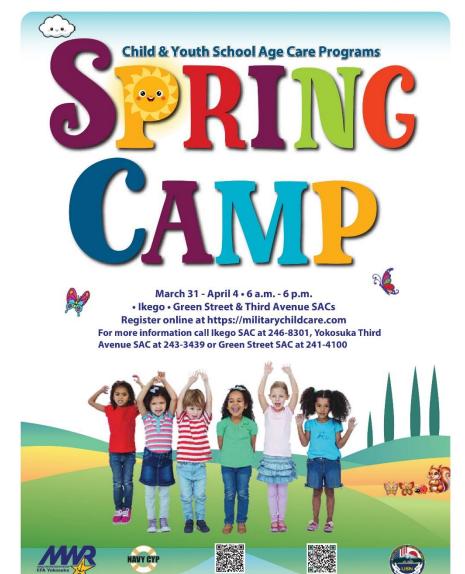
www.ffsp.navy.mil



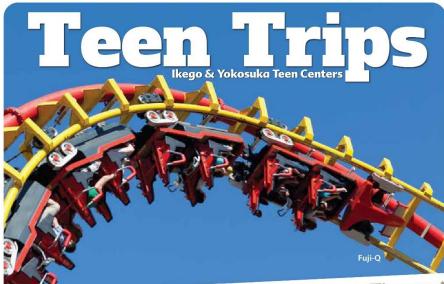


CYP





CHILD & YOUTH PROGRAMS







Fuji-Q - March 8 & April 3

Time: 6 a.m. - 7 p.m. Register before March 5 & 31 respectively. Cost: \$50.





Cosmo World - May 17

Time: 7 a.m. - 9 p.m. Register before May 14. Cost: \$20. Age: 13 - 18 years old. Minimum of 10 participants. Field trips and / or dates are subject to change. For more information, call 241-2098 or 046-896-2098











Want to earn some cash? Come work for CYP!

Teen Summer Employment Program

High School Students: 14 -18 years old. Salary: \$15 per hour (up to 40 hours per week)

Additional Traning

March 4 at 1:30 - 2:30 p.m. at Benny Decker Theater.
Resume Building conducted by FFSC.
March 7 at 9:30 - 11:30 a.m. at Benny Decker Theater.

- Personal Finance conducted by FFSC
- NAF Human Resources conducting introduction to USA Jobs and will also provide information on how to access the online sign-in process.
- Yokosuka Teen Center conducting training on interview techniques.

For more information or to sign up call or email our School Liaison Officer at MWR_Yokosuka_School_Liaison@us.navy.mil or scan the QR code below.











GIVE PARENTS A BREAK

Locations

Gridley Lane CDC

Children ages
6 weeks - 5* year olds
*Pre-kindergarten

Green St. SAC

Children ages 5* - 12 year olds *Kindergarteners



Saturday, April 12 • 4 p.m. - 10 p.m.

Registration begins on Monday, March 3 - Friday, March 28. Registration must be completed and submitted online.

Families can pick up registration packets at any CYP location if not already in our system and return them to any CYP locations. Payment is required by Friday, April 4. Cost is \$48 per child (6 hours total). A light meal will be provided. No refunds.

For details, please call Gridley Lane CDC at 243-3033 (046-816-3033), or Green Street CDC at 241-4100 (046-896-4100).

















FFSC WEEKLY





More details on CFAY FFSC YOKOSUKA FB page

TAP Core Curriculum

Mar 3-5 at 0800

SAPR VA Admin Training

Mar 3 at 0900

Couples and Deployment

Mar 3 at 1300 (Virtual)

AOB/ICR

Mar 4-6 at 0800

Private Organization

Mar 4 at 0900 (Virtual)

Daisuki Japan!

Mar 4 at 1000

Ikego Japanese Language Series

Mar 4 at 1200

Vesting in TSP

Mar 4 at 1300 (Virtual)

Teen Employment Program

Workshop - Resume Building

Mar 4 at 1330

Symptom Reduction Group

Mar 4 at 1400

Youth ICR (Elem)

Mar 4 at 1430

Pre-Marriage Seminar

Mar 5 at 0930 (Virtual)

Ombudsman Advanced Training

Mar 5 at 1600

Make Tomodachi

Mar 5 at 1630 (Intermediate)

Shogi Workshop

Mar 5 at 1700

Ombudsman Assembly

Mar 5 at 1730

Sponsorship On-Demand

Mar 6 at 0800 (Virtual)

Planning for Retirement

Mar 6 at 0900

Resiliency Bootcamp

Mar 6 at 1130

Smooth Move

Mar 7 at 0900

DODEA Substitute workshop

Mar 7 at 1000

Military Spouse 101

Mar 7 at 1300

Enjoying Japanese Food at Home

Mar 7 at 1330

See something you like? Sign up via email: ffscinfo@us.navy.mil





PCS-ING TO YOKOSUKA?

Ask the Experts!

CFAY representatives will be available to answer your questions!

MORE INFORMATION

- 243-3372/046-816-3372
- FFSCinfo@us.navy.mil
- facebook.com/ffscyokosukajapan



EVERY 1ST & 3RD THURSDAY

0800-0900 JST



JOIN HERE!

MICROSOFT TEAMS MEETING GO TO: HTTPS://TINYURL.COM/2297PM75

> **OR CALL IN (AUDIO ONLY)** +1 410-874-6751 ID: 814 971 239 #



Youth ICR

INTERACTIVE ORIENTATION FOR STUDENTS

CLASS SCHEDULE:

Elementary school (1st-5th): Every 1st Tuesday of the month, 2:30 - 4:00 pm Middle / High school (6th-12th): Every 2nd Tuesday of the month, 2:30 - 4:00 pm To sign up, stop by the FFSC or call 243-3372

SUBSTITUTE TEACHER EMPLOYMENT WORKSHOP

A REPRESENTATIVE FROM DODEA WILL BE ONSITE TO ASSIST WITH THE APPLICATION PROCESS OF BECOMING A DODEA SUBSTITUTE TEACHER

THE EVENT AIMS TO HELP PARTICIPANTS UNDERSTAND THE HIRING PROCESS, AVOID COMMON APPLICATION

MISTAKES, AND RECEIVE LIVE UPDATES ON THEIR APPLICATION STATUS.

FRI • 07 MAR• 1000-1200 CRC BLDG, 4TH FL• HIMAWARI AUDITORIUM RM. 442



TO REGISTER: FFSCinfo@us.navy.mil 243-3372 / 046-816-3372



RESILIENT OF READY

DEPLOYMENT SUCCESS VIRTUAL CLASSES



FEB 2025





Gain tools to manage emotions and challenges associated with deployment.

- ➤ POSITIVE ASPECTS OF DEPLOYMENT
- CONSTRUCTIVE COMMUNICATION
- MAINTAIN STRONG CONNECTIONS

DATE & TIMES

- FEB 3 SINGLE SERVICE MEMBERS & DEPLOYMENT @ 1300
- FEB 28 PREPARING CHILDREN
 FOR DEPLOYMENT @ 0900

COMMAND REQUESTS AND ONE-ON-ONE CONSULTATIONS ARE AVAILABLE.



REGISTRATION IS EASY!

EMAIL: FFSCinfo@us.navy.mil OR CALL: 243-3372 / 046-816-3372

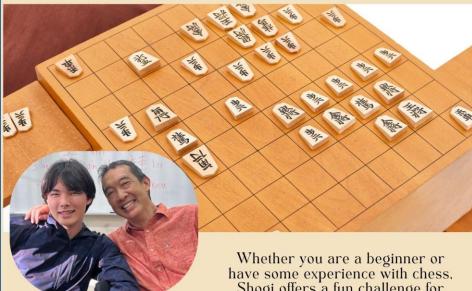




SHOGI



Master the Art of Japanese Chess



MEET ROBERT UYEYAMA AND SON

have some experience with chess. Shogi offers a fun challenge for anyone looking to improve their strategic thinking or enjoy the art and culture of Japan.

- Fun fact, the son is ranked 2 kyu by the Japan Shogi
- Association and studied under a 6-dan pro.

 For western chess, he took 2nd place in the Japan Chess Federation's National UI2 tournament.













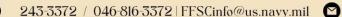


Join DAISUKI JAPAN! Learn the fundamentals of the Japanese language, dive into the art of origami, and explore the rich history behind this traditional craft.

The instructor will also guide you through kanji, teaching both the meaning and proper stroke order.











(INTERCULTURAL RELATIONS)

Moving to a new place can be overwhelming.

This class is designed to assist children transitioning to life in Japan by introducing them to the country's unique cultures and customs. It's a great opportunity for children to feel more comfortable and confident in their new environment.



Elementary
March 4th at 1445 -1615
Middle/High
March 11th at 1445 -1615

TO REGISTER: EMAIL FFSCinfo@us.navy.mil OR CALL:243-3372 / 046-816-3372







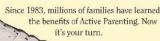


Active Parenting of Teens:)

For Parents of Teens and 'Tweens

The challenge of successfully ushering children through their teen years has always been among parents' hardestwon achievements. But in today's society where children seem to become adults overnight, and where they often make decisions about drugs, sexuality, and violence before they understand the consequences, a parent's job is more important than ever. So how can you ensure that your teens develop the skills and character they need to not only survive but to thrive as they gain independence?

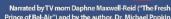
You can create harmony and stability in your family while raising your teens to be responsible, courageous and prepared for independent life. Active Parenting of Teens, a video and discussion program by parenting expert Dr. Michael Popkin, will show you how. In six sessions packed with activities, discussion, real-world examples, and feedback, you'll learn a proven approach to parenting, plus indispensable techniques and insights for overcoming obstacles, that will bring happiness and harmony into your home. You'll leave each session energized and motivated to make positive and realistic changes in your own family's daily life.

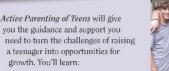


Join us at the next

Prince of Bel-Air") and by the author, Dr. Michael Popkin

session and see the difference!





- Methods of respectful discipline
- Skills for clear, honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging
- ... and much more, plus insight into important issues such as teens online, bullying, and depression.





SIGN UP NOW!

CLASS SCHEDULE

REGISTRATION REQUIRED

6 Consecutive Sessions Wednesdays @ 10:30-12:00pm

January 29

February 5, 12,19, 26

March 5

For more information & to sign up contact: DSN 243-7878 or FFSCinfo@us.navy.mil

SYMPTOM REDUCTION **GROUP**





EMDR (Eye Movement Desensitization Processing) G-TEP (Group Episode Protocol)

Groups will be held on the first and third Tuesdays of the month from 1400 - 1600 in the CRC Bldg.

We will apply the same principles of EMDR in a group format. With NO sharing of any trauma during the group. In fact, no speaking necessary for this group.

- Reduce triggers from traumatic events into more manageable levels
- Increase resiliency
- Learn new stress management skills

GTEP is appropriate for both recent and long-term traumatic events for those 18 and older.

> For more information or to register, please call 243-7878 or email FFSCinfo@us.navy.mil





WITH SENSEI KOI:

2ND & 4TH WEDNESDAY OF THE MONTH (FLEET REC. CENTER) TIME: 1630 - 1715



I am born and raised in Yokosuka. I have been teaching English to the Japanese people and English to the foreign people in Yokosuka.

I am excited to teach Japanese as a volunteer and I want everyone to make Japanese friends.

Please register by email: FFSCinfo@us.navy.mil or call 243-3372.







All classes are held in-person

Everyday Japanese

CRC Bldg 4/F: Every 2nd & 4th Mondays, 1000 - 1130

A basic Japanese language class for beginners, which caters to proper pronunciation and common phrases to help communicate with local nationals.

Active Japanese Language

CRC Bldg 4/F: Every 2nd & 4th Wednesdays, 1500 - 1700

Japanese language for beginners from grammar to easy Japanese conversation. The Sensei welcomes topic requests from her students when asked.

Daisuki

CRC Bldg 4/F: Every 2nd Tuesday, 1000 - 1130

This class talks about Japanese history (like pilgrimage during Edo Era) geography (Mt. Fuji, Japanese places) culture, tradition (snacks, festivals), everyday Japanese life, and origami making.

Make Tomodachi

Fleet Rec. Bldg. 3/F:

Every 1st & 3rd Wednesdays (Intermediate), 1630-1715 Every 2nd & 4th Wednesdays (Beginner), 1630-1715

Immersion-style Japanese class. Sensei will teach language and social skills to connect instantly with Japanese people outside the gate. There is an optional off base meet up with locals (usually at Coaska's Starbucks) to apply what is learned in the classroom.

Ikego Japanese Language Series

Ikego: Tuesdays at 1200-1300 for ten - twelve weeks

This is a ten to twelve week course held once per quarter. Get to know Japan by learning how to speak, read, and write in Japanese.

> To Register: email FFSCinfo@us.navy.mil or call DSN 243-3372







N





Wednesday, March 5 • 11 a.m. - 3 p.m. Yokosuka Red Brick Area Vendor Participation Fee • \$100

Are you a home based business and interested in being a vendor?

Visit NavyMWRYokosuka.com or email MWR_Yokosuka_Special_Events@us.navy.mil

for all the details on how to sign up. Limited space available.









Consolidated Battery Recycling

NATE OF THE PARTY OF THE PARTY

PILOT PROGRAM AT NEX Bldg H-20

Sort batteries in designated container marked by:

BRAND (e.g. Duracell) & TYPE (e.g. Alkaline)

For more information contact CFAY Qualified Recycling Program DSN: 243-3817/5806 (046-816-xxxx)





CFAY

SUPPORT OUR ENVIRONMENT AND OUR SOFA RESPONSIBILITIES!
RECYCLING PROFITS ARE RE-INVESTED INTO CFAY IMPROVEMENT PROJECTS.

CFAY Waste Disposal Guide

Reduce, Reuse, Recycle

Least Preferred

Household Hazardous Product Reuse Program (Public Works Dept)

Most Preferred

Qualified Recycling Program (Public Works Dept)

Car Care Center (NEX)

Auto Skills Center (MWR)

Solid Waste Disposal (Public Works Dept)

ccepted Materials

Wood stains, paint, finishes

- Pesticides
- · Odor remover spray
- · Oven cleaner
- · Multi-purpose cleaner
- · Hand sanitizer
- · Isopropyl alcohol
- · Bleach
- · Oil lubricants
- · Degreaser

- Metal (furniture, valves, sheet metal)
- · Appliances
- · Paper, wood & textiles
- Used oil (fuel, lube, hydraulic)
- · Used cooking oil
- Household electronics (TV, computer, cell)
- Batteries
- · Lead-acid
- · Lithium-ion
- Nickel-metal hydride

Flares

- · Propane tanks
- · Car batteries
- Coolant
- · Kerosene
- · Diesel
- · Engine oil

Tires

- · Engine oil
- · Brake fluid
- · Transmission fluid
- Coolant
- · Car batteries

Non-Combustibles

- · Cans & bottles
- · Metal (tin foil)
- Glass
- · Rubber
- Hard plastic (food containers)

Combustibles

- · Paper & wood
- · Food
- · Textile & leather
- Thin plastic (bags, wrappers)

rogram Guidelines

Contact

· U.S. products only

- Must be in original containers
- Containers must have readable labels and be at least half-full
- All items are free acceptance
- ** Users may pick-up products for use at home, for free

- · Appliances freon-free
- Paper Products: No wax paper, tissue, pizza boxes or other soiled products
- Textile no down jacket pillows, shoes, bags
- Wood: No soiled, dryrotted, painted or finished items
- Cooking Oil: Large food pieces must be strained out
- All free acceptance

 Some items are free acceptance and some are charged Fuel and lead-acid batteries are not accepted. Place bulk trash by the dumpster/containers and call 243-6558 for pick-up

High-Rise Towers

 Separate combustibles and non-combustibles into correct dumpster

Townhouses

- Place non-combustibles into blue container
- Place combustibles into gray container

CFAY CFAY

Lot behind GOV Gas Station M/W/F: 0900-1100 T/Th: 1300-1500 Cell: 070-7411-1294

Bldg. 4856 M – F: 0800-1530 DSN: 243-3817/5806 Bldg. 1314 M-F: 0730-1700 Sa: 0730-1600 DSN: 243-4778 / 5826 Bldg. 1288 M/Th/F: 1100-1900 Sa/Su: 0900-1700 DSN: 243-5456

DSN: 243-6558

King Street – Partial Closure



Closure Period

27 Jan 2025 – 27 Feb 2025



PARTIAL CLOSURE



- Crane Work for Building B37.
- Half of B37 parking lot to be closed.
- Two way traffic will be maintained.



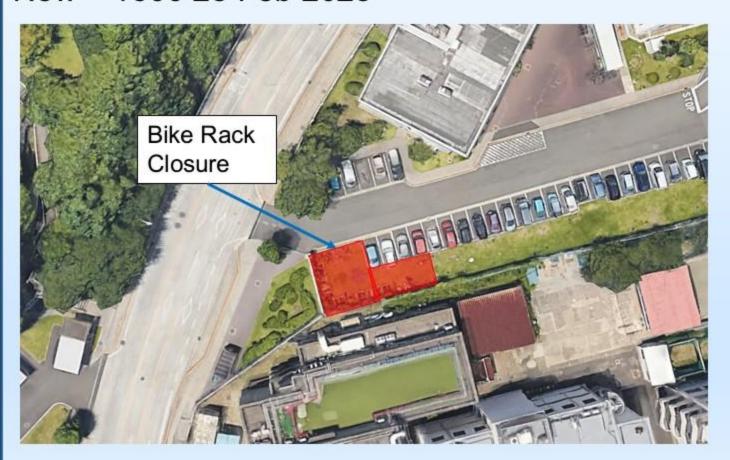
PWD PWD

Womble Gate Bike Rack Closure



Closure Period

Now – 1600 28 Feb 2025



FULL CLOSURE



- The Bike Rack area near Womble Gate will be closed for all bicycles.
- This closure is for a project to replace the gravel area with concrete.



PWD PWD

Shisagi Street – Partial Closure



Closure Period

0830-1600 18 Feb - 7 Mar 2025



CLOSURE



- Install communications conduit.
- Partial road closure of Shisagi St.
- Full closure of adjacent parking spaces.
- Please use alternate route, if feasible.



PWD

New Construction of NSST Shiphandling Trainer Parking lot Closures



Closure Period

Sep 2024 - 2027



Parking Lot Closures



Parking lot closures:

- Project site by Bldg 1997
- 2. Half of 12 Hour parking lot
- New 42 spaces at 12 Hour Annex Lot
- New 10 spaces at DLA DAPS



PWD

Parking Lot Closures – Truman Bay

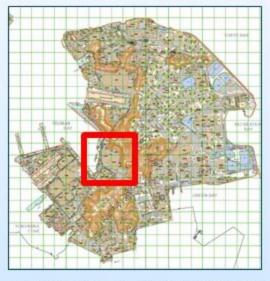


Closure Period

November 2024 – 2027



LOT CLOSURE



- Long-term contract laydown areas to support major construction projects
- Maximize use of public transit, bike/walk, carpooling, and telework.





Road Closures – Main Base Community Area

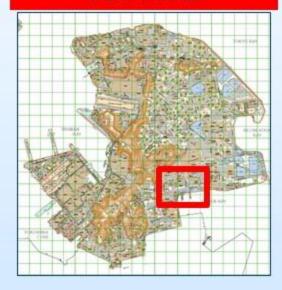


Closure Period

2023 - 2025



FULL ROAD CLOSURE





PWD PWD

Yokosuka Base – Partial Road Closure



Closure Period

11 Oct 2024 – 31 Mar 2025



PARTIAL CLOSURE



- Re-stripe roadways to improve visibility
- Maintain two-way traffic via flagmen and local signage
- NEX Bldg H-20 parking lot to be restriped (Jan 27-31 2025)
- Gravel Lot across from berth 9
 BLUE RIDGE to be repaired (Feb 02-21 2025)

PWD PWD



as of 11 OCT 2024

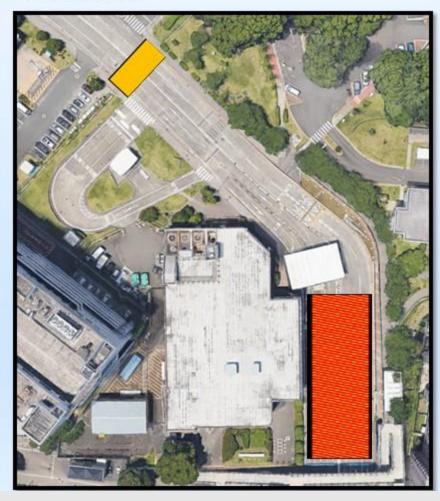
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CFAY CFAY

Carney Gate Closure

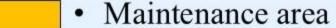
Gate Closure Period (0900-1300)

07 March 2025



FULL GATE CLOSURE

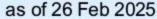




Due to maintenance, vehicular traffic at Carney Gate will be secured from 0900-1300.

Pedestrian traffic will not be affected.

Please utilize Womble Gate for vehicular traffic as normal.



Upcoming Motorcycle Training BRC 1

A Motorcycle Safety Foundation Basic Rider Course 1 class is scheduled for March 1st-2nd 2025 at NAF Atsugi. Enrollment process is thru the Enterprise Safety Applications Management System (ESAMS) website.

https://esams.cnic.navy.mil/ESAMS GEN 2/Login

Seats are limited.

For information on motorcycle licensing requirements or ESAMS enrollment please contact the CFAY licensing office.



NOTICES FROM TENANT COMMANDS & NFEs

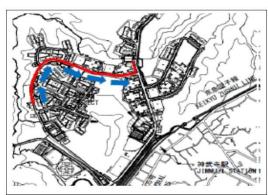


of Engineers Corps



NOTICE OF CONSTRUCTION

The Government of Japan (GoJ) Contractor will perform excavation work on SHISAGI St. shown on the sketch below from DEC 9, 2024 to AUG 31, 2025. Working hours will be between 8:00 a.m. and 6:00 p.m., Monday through Friday. Excavation site will be controlled as one-way alternating traffic control road during the daytime work.



*After daily working hours, road should be re-opened.

This work needs to open new teen/CYP center.
Thank you for your cooperation and understanding.

Government of Japan Funded Construction Project NA1812, COMM. & ELEC. WORK FOR ADDITIONAL LINE

South Kanto Defense Bureau Yokosuka Construction Office

TOSHIBA PLANT SYSTMES, GoJ Contractor



US Army Corps of Engineers Yokosuka Resident Office

DODEA





Do you have a STEAM background or expertise? Does your work or hobby require STEAM knowledge?

We are looking for volunteers to host STEAM sessions on May 16th. Presenters may share their career, lead hands-on activities, or perform demonstrations!

Commands, dependents, and host nationalist are all welcome!



Science - Technology Engineering - Art - Math

STEAM DAY IKEGO ES





https://tinyurl.com/IKEGOSTEAM2025

Inspire students to think creatively, collaborate, and solve problems.

NNCRS



NMCRS YOKOSUKA



2025 MARCH

			- Constant			
SUN	MON	TUE	WED	THU	FRI	SAT
Scan the QR code to apply to volunteer. Opportunities available in thoffice and thrift shop.		Scan the QR code to register for Budget for Baby® Workshop	0 20 1 22 0 32	Scan the QR code to register for Settling in with Baby Newborn Care Class		1
2	3 BUDGET FOR BABY® 1000-1100 MAIN BASE	4	5 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800 PREGNANCY & INFANT LOSS SUPPORT GROUP 0900-1000	6 THRIFT SHOP DONATION DAY 1600-1800 CLOTHING & HOMEGOODS	7	8
9	10	SETTLING IN WITH BABY NEWBORN CARE CLASS 0900-1130	12 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800	13 THRIFT SHOP DONATION DAY 0900-1100 HOMEGOODS ONLY	14	15
16	17	18	19 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800 PREGNANCY & INFANT LOSS SUPPORT GROUP 1800-1900	LATCH& LEARN BREAST FEEDING GROUP 1000-1130	21	22
23	24	25 BUDGET FOR BABY® 1000-1100 MAIN BASE	26 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800	BABY® 1630-1730 VIRTUAL	28	29
30	31	Active Duty Fun Drive in suppor of NMCRS is happening NOW!!! Contac your command t make a donation ************************************	d Thrift t purchase made us cash o t Sho o Wedness	Shop Thr s can be only ing USD dona only. staff p on days days for dona g fun!! d	iff Shop is able accept tions during ed donation sdumped tions will be isposed	Visiting Nurse Support Group welcome walk-ins. Registration i required for a classes

NMCRS





NMCRS





EDUCATION ASSISTANCE

Grants & interest-free loans for Navy-Marine Corps dependents & Active Duty students with MECEP/MECP orders so they can reach their education goals with less financial stress.

HOW IT WORKS

- · Apply during open window
- Grants & Loans awarded once per year
- · Funds sent to schools
- Split between Fall & Spring semesters

AWARDS

- Range between \$500-\$3,000
- Needs-based determined by FAFSA SAI and school's Cost of Attendance

This scholarship is important to my schooling because it is allowing me to continue my education without needing to take out excessive high interest loans to pay my tuition. It is also allowing me to be financially responsible, and pay my tuition bills on time.

ESMERALDA
CARRANZA
Marine Corps Spouse
University of Houston | Psychology



ELIGIBILITY

Spouses & children of active duty, retired or deceased Sailors & Marines may apply. Children must be DEERS eligible & under age 23 by September 30, 2025. Surviving dependents are eligible if the service member passed on active duty or once retired. Active Duty on MECEP or MECP orders are eligible for loans only.

AREAS OF STUDY

NMCRS Scholars may use funds for full or part-time programs working toward career & technical programs, associate's or bachelor's degrees. Spouses are eligible while completing <u>first</u> undergraduate or master's degree.

2025 TIMELINE

March 10 - May 15

Open window to create student NMCRS account, upload qualifying documents & complete application.

Late June 2025

Award announcements sent to all applicants via email and decisions also available on NMCRS account.

Early July 2025

Scholarship and loan acceptance deadline.

Late July 2025

Funds dispersed to Scholar's schools.



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Education Assistance

Frequently Asked Questions

Q: Are step-children eligible for this scholarship or loan?

A: Yes, step-children are eligible, if they are listed in DEERS.

Q: Are grandchildren eligible for this scholarship or loan?

A: Generally, grandchildren are not eligible. However, if a grandparent is the legal guardian of an applicant, and the child is listed in DEERS, they are eligible.

Q: I was a NMCRS Scholar last year, do I need to reapply for the 2024-2025 academic year?

A: Yes, you must reapply each year.

Q: I applied last year and was not selected, would I not be selected this year?

A: Each year has different variables: available funds from NMCRS, applicant pool, tuition changes. You are welcome to apply again to see if your need meets this year's threshold for an award.

Q: My parent/spouse is a Navy or Marine Corps veteran, but is not active-duty or retired. Can I apply for this scholarship or loan?

A: No, Education Assistance is applicable for <u>active duty, retired, or qualifying deceased</u> Marine Corps or Navy dependents only. Disability status does not change this requirement.

Q: What determines a qualifying deceased parent?

A: The child of a sponsor who passed away while on active-duty or after retirement is eligible to apply. The applicant will submit a copy of DD1300 Report of Casualty & a copy of Death Certificate in their application.

Q: My parent/spouse is a disabled Veteran, but did not retire. Can I apply for this scholarship or loan?

A: No, Education Assistance is applicable for <u>active duty, retired, or qualifying deceased</u> Marine Corps or Navy dependents only, regardless of disability rating.

Q: I am an active-duty Sailor or Marine attending college in my free time. Can I apply for a scholarship or loan?

A: At this time, active-duty service members are eligible for interest-free loans only if they have been accepted to the MECEP or MECP programs.

Q: If I accept a loan, when does repayment begin?

A: Repayment for NMCRS Education Loans do NOT have deferred payment after graduation. NMCRS loans repayment with begin September 2024. The loan will be tied to the sponsoring service member's pay.

Q: What if I change the college I plan to attend from what I indicated on my application?

A: If you are selected for a NMCRS scholarship and you decide to attend a college that is different from your application, reach out to education@nmcrs.org. Please note, your application will be reviewed and the award amount may change.

Q: What if I transfer colleges between semesters?

A: If you transfer colleges between the fall and spring semester, please contact education@nmcrs.org so we can contact the school for a refund and reissue checks to your new school.

Q: I am no longer planning to school this year. Will you hold the funds for me to use next year?

A: We understand plans change. We will put your funds back into the pool to give to the next available applicant. We cannot hold the funds to next year, but encourage you apply again next cycle.

Q: I applied for the full academic year, but I decided to take the fall semester off. Can I defer my scholarship for the spring semester?

A: If you transfer colleges between the fall and spring semester, please contact education@nmcrs.org so we can communicate with the school for a plan to hold or reissue funds. Depending the circumstances, you may only be eligible for a portion of the award.

Q: My spouse/parent is currently active duty, but will be separating (not retiring) from the military this year. Am I still eligible for the award?

A: If your spouse separates from the military within the year, you may not be eligible depending on the separation date. Exact date for cutoff TBD. Please check with education@nmcrs.org for this year's date.

Q: What if I am dual military? Even if I am not a MECEP/MECP student, can I apply as a Navy/Marine Corps spouse?

A: Yes! Your spouse status qualifies you for eligibility and is not negated by your active duty status.

Q: How are the scholarships and amounts chosen?

A: We are needs-based scholarship program. We will compare your Estimated Family Contribution (EFC) with your tuition and out of pocket costs in a rubric to determine awards. Merit-based determining factors, like GPA, will not be factored as long as the minimum requirement is met.

NAVFAC

CFAY FAMILY * ALLIMITY FAMILY

IKEGO HTW

IKEGO HTW PM SHUTTLE

M Yokosuka Pickup



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Navy Lodge	CRC	TSC	Fleet Rec	CPO Club	Main Gate
1600	1607	1610	1615	1618	1620
1800	1807	1810	1815	1818	1820

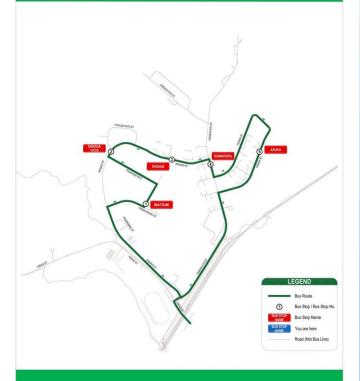
No Weekends and Holidays

* Space A Personnel May Board at CRC



IKEGO HTW SHUTTLE

AM Ikego Pickup PM Ikego Drop Off



AM Schedule

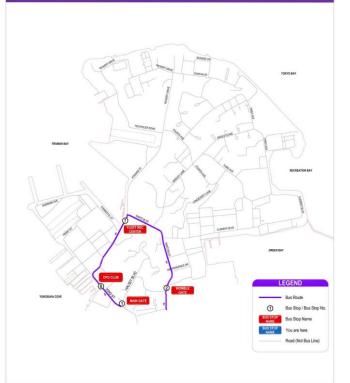
Imatsumi	Sasaga-Yato	Shisagi	Kamakura	Asuka
0520	0521	0522	0524	0527
0620	0621	0622	0624	0627

No Weekends and Holidays



IKEGO HTW AM SHUTTLE

AM Yokosuka Drop Off

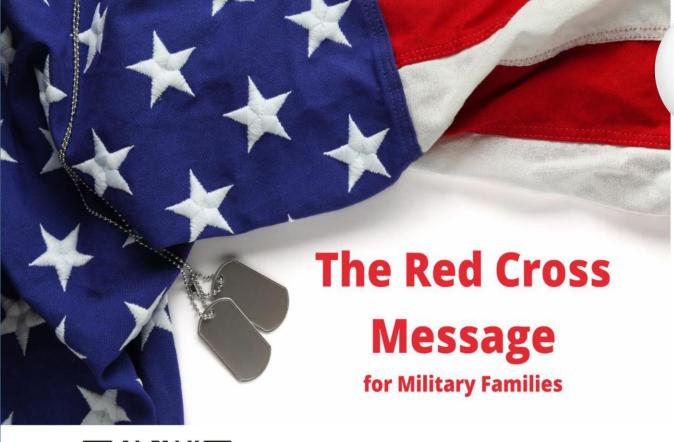


Drop Off Locations

Womble Gate, Fleet Rec Center, CPO Club and Main Gate

Integrated with Yoko-Pon Shuttle

CROSS





Fill out a CONTACT CARD today to ensure your contact information is ready **before** an emergency arises.

Filling out a card in advance helps you and your family save time in a crisis.





Prepare Today!
Complete a Contact Card!



CROSS



CPR TRAINING BASIC LIFE SUPPORT BABYSITTING BASICS



Monday March 3, 1500-1800 Thursday March 6, 1300-1600 Saturday March 8, 0830-1130 Thursday March 13, 0900-1200 Saturday March 22, 1000-1300 **BLS Course (Basic Life Support) (\$12)**

Thursday March 20, 1300-1600

Babysitting Basics & First Aid/CPR (\$15)

Recommended for ages 12-17 Saturday March 1, 1000-1300

Classes may be added based on community need and instructor availability

All classes are Blended Learning Courses with an online and an instructor led classroom skills session

EMAIL YOKOSUKA@REDCROSS.ORG
TO SIGN UP





American Red Cross

VOLUNTEER!

- 1. Use a desktop or laptop computer.
- 2. Search and go to Red Cross Volunteer Connection.
- 3. Use the Yokosuka FPO zip code 96349.
- 4. Complete the online training.
- 5. If you have any problems, email Yokosuka@redcross.org or call 243-7490.

RESERVES



NAVY RESERVE IS OFFERING MOST RATES

\$20,000

PRIOR ENLISTED AND OFFICERS FROM ANY BRANCH CAN JOIN TO COMPLETE YOUR SERVICE AND RECEIVE ACCRUED PENSION. (Restrictions apply)

KNOW SOMEONE SEARCHING FOR THE NEXT OPPORTUNITY?

DID YOU LEAVE RETIREMENT DOLLARSON THE TABLE?

If you can complete a TOTAL of 20 years of credited service including your prior service time by age 60, then you may be eligible for a bonus.

Additionally, most prior service Officers from any US military branch are eligible for affiliation and certain bonuses.

INTERESTED IN KNOWING MORE? EMAIL POCs belo

CWO4 Mike Seals 7838 INTEL
Prior Service Navy Recruiter and
Benefits advisor at U.S. Navy Reserve
Michael.d.seals.mit@us.navy.mit
NRRCYokosuka, Japan FLTREC RM339
Cell: \$1 070 2470 3343 JP
WhatsApp / LINE / SIGNAL 7703650199





NCI (SW/AW/EXW) Fernando Martinez Prior Service Navy Recruber and Benefits Adrisor at U.S. Navy Reserve NRRC Yokosuka, Japan FITREC RM 339 Fernando.m.martinező.mil@us.anvy.mil Cell: 31 0702470 3382 JP







USNH Yokosuka Patient Family Partnership Council

Want to effect change and be a part of the healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY.

Please join us at our upcoming meetings!

January 9th 1600-1700 Community Resource Center, 4th floor, AOB auditorium

February 4th 1145-1245 Naval Hospital Yokosuka, 3rd floor, Command Auditorium

March 5th 1600-1700 Community Resource Center, 4th floor, Haru Room

To learn more, please email dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil visit https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council and follow USNH Yokosuka on Facebook:



Naval Hospital Yokosuka www.facebook.com/usnhyokosuka





Naval Leadership & Ethics Command San Diego Officer Leader Development (OLD) Courses

An in-person training team is coming to Naval Base Yokosuka, 18-22 Aug and 22-26 Sep 2025. Take advantage of this great opportunity. Contact NMRTC Yokosuka Education and Training Department at

usn.yokosuka.usnmrtc-yokosuka.list.nh-yokosuka-seat@health.mil, NLT 3 Jun 2025 to sign up for either course.

Intermediate Leadership
Course (ILC)
22-26 Sep 2025
(10 seats available)

Course Information:
Rank – CWO2/3, O3/O4; 7-12
years of commissioned service
time

Senior Leadership
Course (SLC)
18-22 Aug 2025
(10 seats available)

Course Information:
Rank – E9 (not CMC), CWO4,
05/06 (not previously in, or
enrolled in CO/XO course)

More information about OLD courses can be found in NAVADMIN 254-21 and MILPERSMAN 1301-906

VATE



PCS Guide - Leaving Japan with pets

Where are you going? :

- Ensure pet's rabies vaccinations are up to date. Original copies of the certificates are required and need to be in English with the pet's microchip number.
- Complete U.S. import permit found on the CDC.GOV website or scan the QR code below. This step is for dogs only, cats do not have this extra step.



- Submit export
notification to Animal
Quarantine Services
(AQS) to the airport you
will be flying out of.
Follow the QR code
below. This is only for
commercial flights, if
flying AMC you will not
need to do this step.



 Schedule Health Certificate appointment within 10 days of the flight.

U.S. Non-continental U.S. Other country

GUAM (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Guam Dept. of Agriculture website).
- Guam affidavit (Our clinic can provide this document prior to the health certificate appointment if needed.
- If flying straight from Japan, FAVN is not required.
- Vaccines required for dogs: Rabies, DAPV, Leptospirosis, and Bordetella.
- Vaccines required for cats: Rabies and FVRCP.
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

HAWAII (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Hawaii Dept. of Agriculture website).
- FAVN with results of ≥ 0.5 (must be done 30 days before entering Hawaii).
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.
- Find specific requirements for the country using the USDA website, scan QR code.
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

