



# CFAY ANNOUNCEMENTS



# CFAY



# Zushi City Hisagi Elementary School (off base) CLEAN-UP

SATURDAY, JAN 25, 2025/ 0900-1100



The City of Zushi will host the school gutter cleaning and weeding at Hisagi Elementary school. This event is open to all hands.

- **Muster at the Ikego Housing Main Gate by 0850** for guided walk to starting point
- **What to Bring:** Work Gloves (**You will get WET!**)
- **Attire:** PT gear or comfortable work clothes and gloves  
**For Military: Please sign up through your COMREL coordinator.**



To sign up pls email to: [Yoshihiro.Shimizu.In@us.navy.mil](mailto:Yoshihiro.Shimizu.In@us.navy.mil)

**\*\* We are looking for 20~30 volunteers \*\***

**CFAY**



**BREAKING THE**



**WITH THE CO**

**JANUARY 30**

**12 PM**

**C-2 BUILDING**



# CFAY



## Yokosuka Spring Festival

### Vendor Application Brief

January 30 • 9 a.m. & January 31 • 1 p.m.

### Vendor Registration Brief

February 6 • 9 a.m. & February 7 • 1 p.m.

**Briefs are held in the MWR Bldg 1559 Room 224 (above Taco Bell)**

Learn what is needed to become an approved vendor.

Email: [MWR\\_Yokosuka\\_Special\\_Events@us.navy.mil](mailto:MWR_Yokosuka_Special_Events@us.navy.mil)



# CFAY



## Consolidated Battery Recycling

PILOT PROGRAM AT NEX Bldg H-20



Sort batteries in designated container marked by:

**BRAND** (e.g. Duracell)  
&  
**TYPE** (e.g. Alkaline)

For more information contact  
CFAY Qualified Recycling Program  
DSN: 243-3817/5806 (046-816-xxxx)



ALKALINE				LITHIUM ION (COMPUTER & CELL PHONE)	NICKEL METAL HYDRIDE (RECHARGEABLE)
DURACELL	ENERGIZER	RAYOVAC	BUTTON-TYPE		

SUPPORT OUR ENVIRONMENT AND OUR SOFA RESPONSIBILITIES!  
RECYCLING PROFITS ARE RE-INVESTED INTO CFAY IMPROVEMENT PROJECTS.

# CFAY Waste Disposal Guide

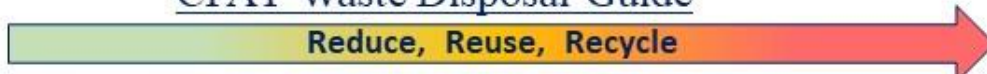
Updated 9 Sep 2024



Most Preferred

Reduce, Reuse, Recycle

Least Preferred



	Household Hazardous Product Reuse Program (Public Works Dept)	Qualified Recycling Program (Public Works Dept)	Car Care Center (NEX)	Auto Skills Center (MWR)	Solid Waste Disposal (Public Works Dept)
Accepted Materials	<ul style="list-style-type: none"> <li>Wood stains, paint, finishes</li> <li>Pesticides</li> <li>Odor remover spray</li> <li>Oven cleaner</li> <li>Multi-purpose cleaner</li> <li>Hand sanitizer</li> <li>Isopropyl alcohol</li> <li>Bleach</li> <li>Oil lubricants</li> <li>Degreaser</li> </ul>	<ul style="list-style-type: none"> <li>Metal (furniture, valves, sheet metal)</li> <li>Appliances</li> <li>Paper, wood &amp; textiles</li> <li>Used oil (fuel, lube, hydraulic)</li> <li>Used cooking oil</li> <li>Household electronics (TV, computer, cell)</li> <li>Batteries                             <ul style="list-style-type: none"> <li>Lead-acid</li> <li>Lithium-ion</li> <li>Nickel-metal hydride</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Flares</li> <li>Propane tanks</li> <li>Car batteries</li> <li>Coolant</li> <li>Kerosene</li> <li>Diesel</li> <li>Engine oil</li> </ul>	<ul style="list-style-type: none"> <li>Tires</li> <li>Engine oil</li> <li>Brake fluid</li> <li>Transmission fluid</li> <li>Coolant</li> <li>Car batteries</li> </ul>	<p><u>Non-Combustibles</u></p> <ul style="list-style-type: none"> <li>Cans &amp; bottles</li> <li>Metal (tin foil)</li> <li>Glass</li> <li>Rubber</li> <li>Hard plastic (food containers)</li> </ul> <p><u>Combustibles</u></p> <ul style="list-style-type: none"> <li>Paper &amp; wood</li> <li>Food</li> <li>Textile &amp; leather</li> <li>Thin plastic (bags, wrappers)</li> </ul>
Program Guidelines	<ul style="list-style-type: none"> <li>U.S. products only</li> <li>Must be in original containers</li> <li>Containers must have readable labels and be at least half-full</li> <li>All items are free acceptance</li> </ul> <p>** Users may pick-up products for use at home, for free</p>	<ul style="list-style-type: none"> <li>Appliances freon-free</li> <li>Paper Products: No wax paper, tissue, pizza boxes or other soiled products</li> <li>Textile no down jacket pillows, shoes, bags</li> <li>Wood: No soiled, dry-rotted, painted or finished items</li> <li>Cooking Oil: Large food pieces must be strained out</li> <li>All free acceptance</li> </ul>	<ul style="list-style-type: none"> <li>Some items are free acceptance and some are charged</li> </ul>	<ul style="list-style-type: none"> <li>Fuel and lead-acid batteries are not accepted.</li> </ul>	<ul style="list-style-type: none"> <li>Place bulk trash by the dumpster/containers and call 243-6558 for pick-up</li> </ul> <p><u>High-Rise Towers</u></p> <ul style="list-style-type: none"> <li>Separate combustibles and non-combustibles into correct dumpster</li> </ul> <p><u>Townhouses</u></p> <ul style="list-style-type: none"> <li>Place non-combustibles into blue container</li> <li>Place combustibles into gray container</li> </ul>
Contact	Lot behind GOV Gas Station M/W/F: 0900-1100 T/Th: 1300-1500 Cell: 070-7411-1294	Bldg. 4856 M - F: 0800-1530 DSN: 243-3817/5806	Bldg. 1314 M - F: 0730-1700 Sa: 0730-1600 DSN: 243-4778 / 5826	Bldg. 1288 M/Th/F: 1100-1900 Sa/Su: 0900-1700 DSN: 243-5456	DSN: 243-6558

# CFAY



# CFAY



## CFAY/IKEGO GATE HOURS



### IKEGO

Inbound/Outbound  
Daily  
**24 hours**

### Jimmuji

Inbound/Outbound  
Monday-Friday  
**0500-0100**

Inbound/Outbound  
Weekends and  
Holidays  
**0500-0030**

### WOMBLE GATE

Outbound Pedestrian  
Daily  
**24 hours**

Inbound Pedestrian  
Daily  
**0500-2200**

Inbound Vehicle  
Daily  
**0500-1800**

Inbound High Traffic Pattern  
Monday-Friday  
**0500-0830**

Outbound High Traffic Pattern  
Monday-Friday  
**1530-1900**

### VERNY PEDESTRIAN

Outbound  
Daily  
**24 hours**

Inbound  
Monday-Friday  
**0600-2000**

Inbound  
Saturday  
**0700-0800**

Inbound  
Sunday and Holidays  
**CLOSED**

### CARNEY GATE

Outbound Pedestrian  
Daily  
**24 hours**

Inbound Pedestrian  
Daily  
**24 hours**

Inbound Vehicle  
Daily  
**24 hours**

Inbound High Traffic  
Period  
Monday-Friday  
**0500-0830**

### CARNEY BOARDWALK PEDESTRIAN GATE

Inbound/Outbound  
Daily  
**0600-2100**



BEYOND THE GATE



Lunar New Year  
Celebration

January 29 –  
February 12

Yokohama  
Chinatown





BEYOND THE GATE



# Shonan Jewel 2024

Now –  
February 28

Enoshima  
Sea Candle



BEYOND THE GATE



# Yokosuka Coffee Festival

February 8  
10 a.m. – 7 p.m.

Yokosuka City  
Hall Park



BEYOND THE GATE



# 68<sup>th</sup> Zushi Coast Fireworks Festival

Thursday, May 22  
7:30 – 8:15 p.m.

City of Zushi

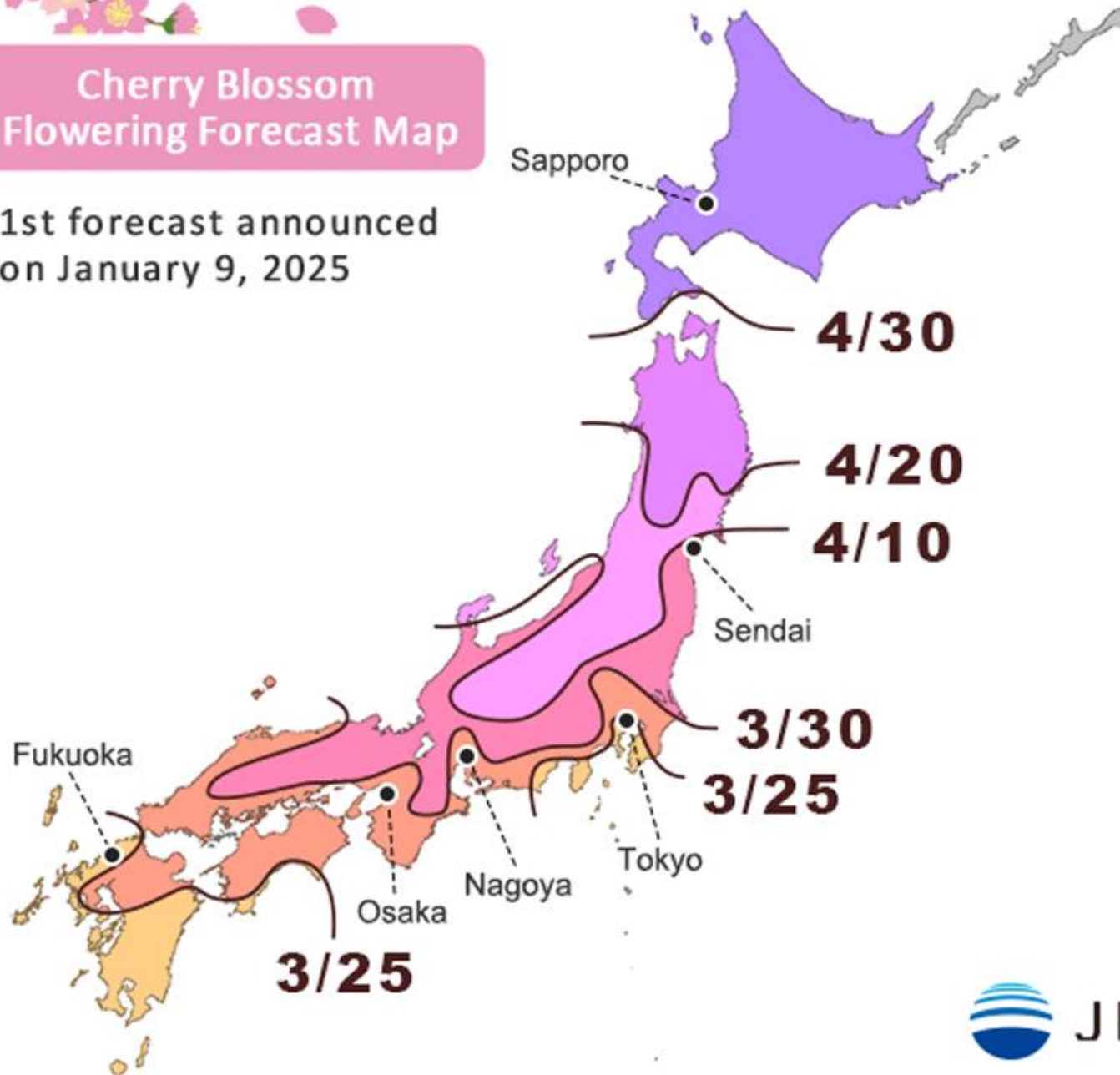


# BEYOND THE GATE



## Cherry Blossom Flowering Forecast Map

1st forecast announced  
on January 9, 2025



Sendai  
**4/7**

Tokyo  
**3/24**

Nagoya  
**3/24**

Osaka  
**3/27**

Fukuoka  
**3/22**



**JMC** Japan Meteorological  
Corporation



# Attention all drivers on express way



**ETC-only toll gate**

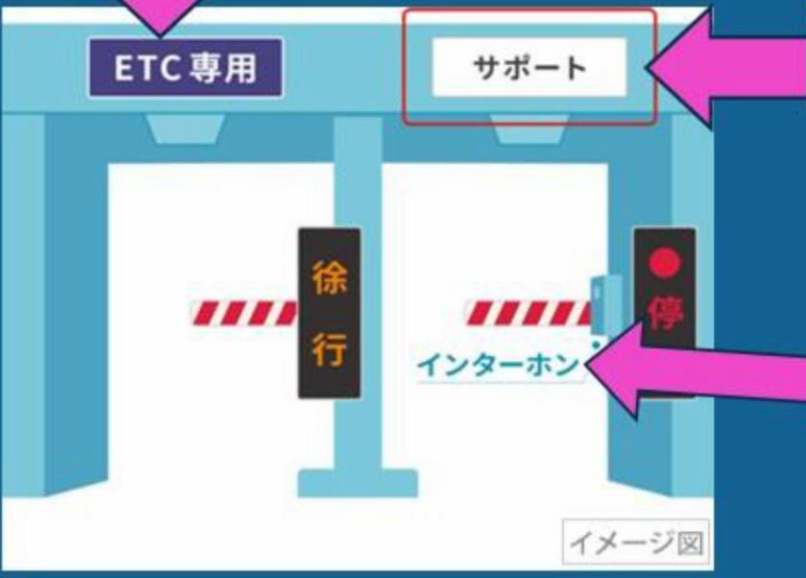
**Drive Slowly**

Vehicles not equipped with an ETC onboard device will not be allowed to pass. If you accidentally enter the ETC gate, please do not make a U-turn. Proceed to the "Support" or "ETC/Support" lanes, press the button on the intercom, and follow the staff's instructions.

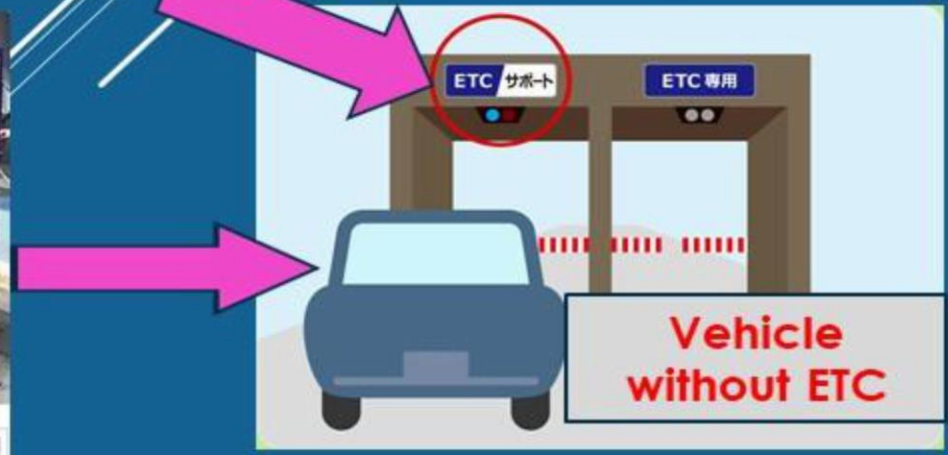
**CAUTION**

**Support lane** **Stop**

You can neither pay the toll in cash nor credit card.



**Interphone**



**Vehicle without ETC**

# FFSC Virtual Clinical Counseling **CONNECT to GET CARE**

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

## Virtual clinical counseling helps with:

- Separation
- Relationship issues
- Grief
- Parent-child interactions
- Deployment
- Other challenges related to military and family life
- Relocation

**To schedule an appointment, call 1-855-205-6749.** If calling outside of regular business hours, leave a message. Your call will be returned within one business day. You can also scan the QR code to link to a brief form to get started.



[www.ffsp.navy.mil](http://www.ffsp.navy.mil)



# CYP



# GIVE PARENTS A BREAK

## Locations

### Duncan & Ikego CDC

Children ages  
6 weeks - 5\* year olds  
\*Pre-kindergarten

### Ikego & Third Ave. SAC

Children ages  
5\* - 12 year olds  
\*Kindergarteners



## Friday, February 14 • 6 p.m. - 10 p.m.

Registration begins on Monday, January 13 - Friday January 31.  
Registration must be completed and submitted online.

Families can pick up registration packets at any CYP location if not already in our system and return them to any CYP locations. Payment is required by Friday, February 7. Cost is \$32 per child (4 hours total). A light meal will be provided. No refunds.

For details, please call CYP Admin Office at 243-4079 (046-816-4079), or Duncan Street CDC at 241-3522 (046-896-3522) or Ikego SAC at 246-8301 (046-806-8301).



Child and Youth Programs



CYP Enrollment



My FFR



School Age Care



MilitaryChild.Com



# CYP



		January 2025				
		WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
		30-Dec	6	13	20	27
MONDAY		POWER HOUR 1430-1530  DuD 1530-CLOSED  MARKETING CLUB 1430-1530	POWER HOUR 1430-1530  DuD 1530-CLOSED  MARKETING CLUB 1430-1530	POWER HOUR 1430-1530  DuD 1530-CLOSED DARTS 1530-1630  MARKETING CLUB 1430-1530	CLOSED HOLIDAY	POWER HOUR 1430-1530  DuD 1530-CLOSED  MARKETING CLUB 1430-1530
TUESDAY		31-Dec	7	14	21	28
		POWER HOUR 1330-1430  KEYSTONE 1330-1430  KICKBALL CLUB 1430-1530	POWER HOUR 1330-1430  KICKBALL CLUB 1430-1530  COOKING CLUB 130-1700	POWER HOUR 1330-1430  KICKBALL CLUB 1430-1530 COLOR CHANGING SLIME 1530-1630 GARDENING CLUB 1530-1700	KICKBALL CLUB 1430-1530  GARDENING CLUB 1530-1700  DARTS 1700-1800	KICKBALL CLUB 1430-1530  GARDENING CLUB 1530-1700  3D MODELING 1630-1730
WEDNESDAY		1	8	15	22	29
		CLOSED HOLIDAY	POWER HOUR 1430-1530  KARAOKE 1530-1730  SONG TRIVIA 1530-1630  HOTWHEELS CLUB 1530-1700	POWER HOUR 1430-1530  KARAOKE 1530-1730  3D MODELING 1530-1630  HOTWHEELS CLUB 1530-1700	POWER HOUR 1430-1530  Karaoke 1530-1730  SONG TRIVIA 1530-1630  HOTWHEELS CLUB 1530-1700	POWER HOUR 1430-1530  Karaoke 1530-1730  COLOR CHANGING SLIME 1530-1630  HOTWHEELS CLUB 1530-1700
THURSDAY		2	9	16	23	30
		WINTER BERAK  BOWLING 1300-1500	POWER HOUR 1430-1530  GARDENING CLUB 1530-1700  DIORAMA MAKING CLUB 1530-1630  SONG TRIVIA 1530-1630	POWER HOUR 1430-1530  GARDENING CLUB 1530-1700  SONG TRIVIA 1630-1730  DIORAMA MAKING CLUB 1530-1630	POWER HOUR 1430-1530  GARDENING CLUB 1530-1700  DIORAMA MAKING CLUB 1530-1630  COLOR CHANGING SLIME 1630-1730	POWER HOUR 1430-1530  GARDENING CLUB 1530-1700  DIORAMA MAKING CLUB 1530-1630
FRIDAY		3	10	17	24	31
		WINTER BREAK ROUND 1 FIELD TRIP  D&D CLUB 1600-CLOSE TOWN HALL 1500-1600  TINKERING CLUB 1530-1700	POWER HOUR 1430-1530  D&D CLUB 1430-CLOSE 3D MODELING 1530-1630  TINKERING CLUB 1530-1700	POWER HOUR 1430-1530  D&D CLUB 1430-CLOSE  TINKERING CLUB 1530-1700  DARTS 1700-1800	POWER HOUR 1430-1530  D&D CLUB 1430-CLOSE SMASHBROS TOURNAMENT 1700-1800  TINKERING CLUB 1530-1700	POWER HOUR 1430-1530  D&D CLUB 1430-CLOSE  TINKERING CLUB 1530-1630
SATURDAY		4	11	18	25	
		OPEN REC 1000-1200 & 1300-1900  KARAOKE 1300-1700	OPEN REC 1000-1200 & 1300-1900  KARAOKE 1300-1700	OPEN REC 1000-1200 & 1300-1900  VS PARK  KARAOKE 1300-1700	OPEN REC 1000-1200 & 1300-1900  KARAOKE 1300-1700	

Tween Ages 10-12  
Monday, Wednesday - Friday: 1430-1700  
Tuesday: 1310 - 1700  
Saturday: 1000 - 1200

Teen Ages 13-18  
Monday, Wednesday - Friday: 1430-1900  
Tuesday: 1330 - 1900  
Saturday: 1300 - 1900



# FFSC



# FFSC WEEKLY

More details on CFAY FFSC YOKOSUKA FB page



## **TAP Core Curriculum**

Jan 27-29 at 0800

## **Emergency Evacuation Program (EEP) Overview**

Jan 27 at 1000

## **Everyday Japanese**

Jan 27 at 1000

## **Emergency and Disaster Preparedness**

Jan 27 at 1130

## **AOB/ICR**

Jan 28-30 at 0800

## **Active Parenting 5-12**

Jan 28 at 1000

## **Ikego Japanese Language Series**

Jan 28 at 1200

## **Ombudsman Basic Training**

Jan 29-31 at 0830

## **Active Parenting Teens**

Jan 29 at 1030

## **Ikego Cultural Exchange Club**

Jan 30 at 1000

## **Reducing Integration**

Jan 31 at 0900 (Virtual)

See something you like? Sign up via email: [ffscinfo@us.navy.mil](mailto:ffscinfo@us.navy.mil)

# FFSC



CONNECT, LEARN, AND EXPLORE TOGETHER!



# IKEGO CULTURAL EXCHANGE CLUB

Jan 30th

1000

Ikego Nikko Tower



Interactive  
Activities



Networking  
Opportunities



Cultural  
Exchange

Learn the traditional  
method of making  
Japanese Tea!

## TEA CEREMONY



For more information or to register,  
please call 243-3372 or email [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)

# FFSC



## EMERGENCY AND DISASTER PREPAREDNESS

A PRACTICAL INFORMATIONAL  
GUIDE ON EMERGENCY  
PREPAREDNESS

 JAN 27, 2025

 1130

 AOB AUDITORIUM  
CRC BLDG. 4TH FL

Register by email to  
[FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)  
or call 243-3372

REGISTRATION  
REQUIRED



# EOP PACKET OVERVIEW

JANUARY 27, 2025

1000-1100

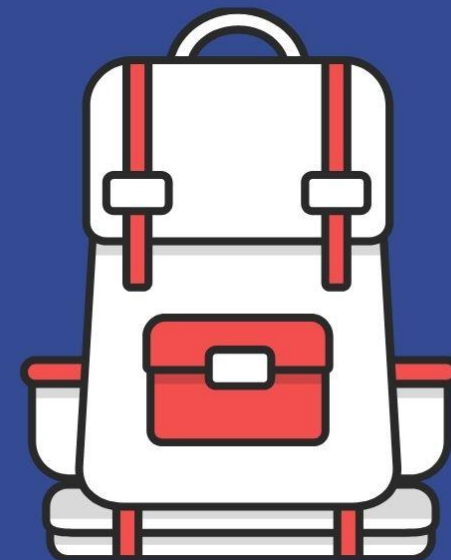
Bldg. 3365, 4th FL  
AOB AUDITORIUM



Please call 243-3372 or email  
[FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil) to sign up!



To prepare for the possibility of an evacuation, join our workshop to discuss the MANDATORY USFJ Emergency Evacuation Program (EEP) checklist and packet and what to do with it.



# FFSC



You're invited to attend



## Active Parenting of Teens : )

For Parents of Teens and 'Tweens

The challenge of successfully ushering children through their teen years has always been among parents' hardest-won achievements. But in today's society where children seem to become adults overnight, and where they often make decisions about drugs, sexuality, and violence before they understand the consequences, a parent's job is more important than ever. So how can you ensure that your teens develop the skills and character they need to not only survive but to thrive as they gain independence?

You *can* create harmony and stability in your family while raising your teens to be responsible, courageous and prepared for independent life. *Active Parenting of Teens*, a video and discussion program by parenting expert Dr. Michael Popkin, will show you how.

In six sessions packed with activities, discussion, real-world examples, and feedback, you'll learn a proven approach to parenting, plus indispensable techniques and insights for overcoming obstacles, that will bring happiness and harmony into your home. You'll leave each session energized and motivated to make positive and realistic changes in your own family's daily life.

Since 1983, millions of families have learned the benefits of Active Parenting. Now it's your turn.

Join us at the next session and see the difference!

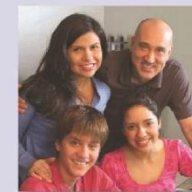
Narrated by TV mom Daphne Maxwell-Reid ("The Fresh Prince of Bel-Air") and by the author, Dr. Michael Popkin



*Active Parenting of Teens* will give you the guidance and support you need to turn the challenges of raising a teenager into opportunities for growth. You'll learn:

- Methods of respectful discipline
- Skills for clear, honest communication
- Concrete strategies to prevent risky behavior
- How to be an encouraging parent

... and much more, plus insight into important issues such as teens online, bullying, and depression.



**SIGN UP NOW!**

Active Parenting  
of **Teens : )**  
third edition

### CLASS SCHEDULE

REGISTRATION REQUIRED

6 Consecutive Sessions Wednesdays @ 10:30-12:00pm

January 29

February 5, 12, 19, 26

March 5

For more information & to sign up contact: DSN 243-7878 or [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)

# FFSC



## YOKOSUKA SPONSORSHIP ON-DEMAND

### PCS-ING TO YOKOSUKA?

**Ask the Experts!**

CFAY representatives will be available to answer your questions!

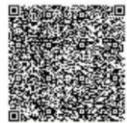
#### MORE INFORMATION

- ☎ 243-3372/046-816-3372
- ✉ FFSCinfo@us.navy.mil
- 📘 facebook.com/ffscyokosukajapan



**EVERY 1ST & 3RD  
THURSDAY**

**0800-0900 JST**



**JOIN  
HERE!**

**MICROSOFT TEAMS MEETING**

**GO TO: [HTTPS://TINYURL.COM/2297PM75](https://tinyurl.com/2297PM75)**

**OR CALL IN (AUDIO ONLY)  
+1 410-874-6751 ID: 814 971 239 #**



## Youth ICR

**INTERACTIVE ORIENTATION FOR STUDENTS**

#### **CLASS SCHEDULE:**

Elementary school (1st-5th) : Every 1st Tuesday of the month, 2:30 - 4:00 pm  
Middle / High school (6th-12th): Every 2nd Tuesday of the month, 2:30 - 4:00 pm

**To sign up, stop by the FFSC or call 243-3372**

# FFSC

## MILITARY SPOUSE

# 101

Every 1st Friday (virtual) @ 1300

Every 4th Monday (in-person) @ 1300

### What You Will Learn

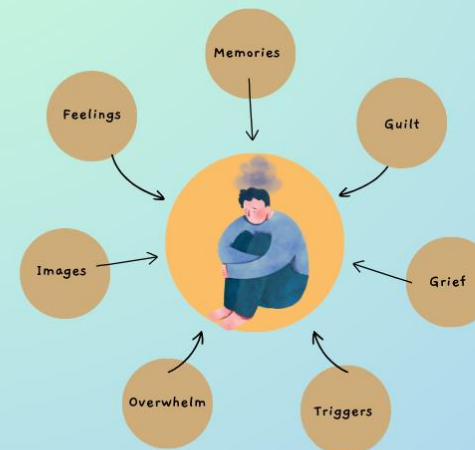
- ✓ Basics of military life in Yokosuka.
- ✓ Integration into the military community.
- ✓ Access to resources and support services.



To register contact us at [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil) / 243-3372.



# SYMPTOM REDUCTION GROUP



**EMDR**  
(Eye Movement Desensitization Processing)  
**G-TEP**  
(Group Episode Protocol)

Groups will be held on the first and third Tuesdays of the month from 1400 - 1600 in the CRC Bldg.

We will apply the same principles of EMDR in a group format.  
With **NO** sharing of any trauma during the group.  
In fact, no speaking necessary for this group.

- ✓ Reduce triggers from traumatic events into more manageable levels
- ✓ Increase resiliency
- ✓ Learn new stress management skills

GTEP is appropriate for both recent and long-term traumatic events for those 18 and older.

For more information or to register, please call 243-7878 or email [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)

# FFSC



## Make Tomodachi

ともだちを作る



**WITH SENSEI KOI:**  
**2ND & 4TH WEDNESDAY OF THE MONTH**  
**(FLEET REC. CENTER)**  
**TIME: 1630 - 1715**



I am born and raised in Yokosuka. I have been teaching English to the Japanese people and English to the foreign people in Yokosuka.

I am excited to teach Japanese as a volunteer and I want everyone to make Japanese friends.

Please register by email: [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)  
or call 243-3372.



## Learn Japanese

**\*\*All classes are held in-person\*\***



### Everyday Japanese

CRC Bldg 4/F: Every 2nd & 4th Mondays, 1000 - 1130

A basic Japanese language class for beginners, which caters to proper pronunciation and common phrases to help communicate with local nationals.

### Active Japanese Language

CRC Bldg 4/F: Every 2nd & 4th Wednesdays, 1500 - 1700

Japanese language for beginners from grammar to easy Japanese conversation. The Sensei welcomes topic requests from her students when asked.

### Daisuki

CRC Bldg 4/F: Every 2nd Tuesday, 1000 - 1130

This class talks about Japanese history (like pilgrimage during Edo Era) geography (Mt. Fuji, Japanese places) culture, tradition (snacks, festivals), everyday Japanese life, and origami making.

### Make Tomodachi

Fleet Rec. Bldg. 3/F:  
Every 1st & 3rd Wednesdays (Intermediate), 1630-1715  
Every 2nd & 4th Wednesdays (Beginner), 1630-1715

Immersion-style Japanese class. Sensei will teach language and social skills to connect instantly with Japanese people outside the gate. There is an optional off base meet up with locals (usually at Coaska's Starbucks) to apply what is learned in the classroom.

### Ikego Japanese Language Series

Ikego: Tuesdays at 1200-1300 for ten - twelve weeks

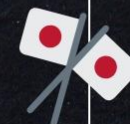
This is a ten to twelve week course held once per quarter. Get to know Japan by learning how to speak, read, and write in Japanese.

To Register: email [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)  
or call DSN 243-3372

# FFSC



## ikego Japanese Language Series



Jan 7 - Mar 25  
1200-1300

**Ikego-Nikko Tower**

Get to know Japan by learning how to speak, read  
and write in Japanese.

This is a twelve week course.

To register please call 246-8052 or email [FFSCinfo@us.navy.mil](mailto:FFSCinfo@us.navy.mil)



# King Street – Partial Closure

## Closure Period

27 Jan 2025 – 27 Feb 2025

**PARTIAL CLOSURE**



- Crane Work for Building B37.
- Half of B37 parking lot to be closed.
- Two way traffic will be maintained.

as of 16 JAN 2025

PWD



# New Construction of NSST Shiphandling Trainer Parking lot Closures



## Closure Period Sep 2024 – 2027

### Parking Lot Closures



Parking lot closures:

1. Project site by Bldg 1997
2. Half of 12 Hour parking lot

- New 42 spaces at 12 Hour Annex Lot
- New 10 spaces at DLA DAPS

as of 3 Sep 2024

# PWD



# Parking Lot Closures – Truman Bay



## Closure Period

November 2024 – 2027

## LOT CLOSURE



- Long-term contract laydown areas to support major construction projects
- Maximize use of public transit, bike/walk, carpooling, and telework.

as of 19 NOV 2024

PWD



# Road Closures – Main Base Community Area



**Closure Period**  
2023 – 2025

**FULL ROAD CLOSURE**



PWD



as of 17 Sep 2024

# Yokosuka Base – Partial Road Closure



## Closure Period

11 Oct 2024 – 31 Mar 2025

**PARTIAL CLOSURE**



- Re-stripe roadways to improve visibility
- Maintain two-way traffic via flagmen and local signage
- NEX Bldg H-20 parking lot to be restriped (Jan 27-31 2025)
- Gravel Lot across from berth 9 BLUE RIDGE to be repaired (Feb 02-21 2025)

as of 11 OCT 2024

PWD



# NOTICES FROM TENANT COMMANDS & NFEs

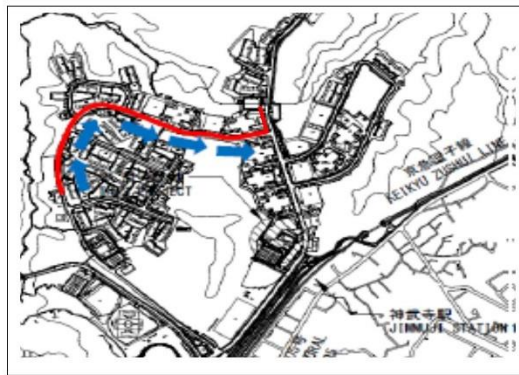


# Corps of Engineers



## NOTICE OF CONSTRUCTION

The Government of Japan (GoJ) Contractor will perform excavation work on SHISAGI St. shown on the sketch below **from DEC 9, 2024 to AUG 31, 2025**. Working hours will be **between 8:00 a.m. and 6:00 p.m., Monday through Friday**. Excavation site will be controlled as **one-way alternating traffic control** road during the daytime work.



**\*After daily working hours, road should be re-opened.**

*This work needs to open new teen/CYP center.*

*Thank you for your cooperation and understanding.*

**Government of Japan Funded Construction Project  
NA1812, COMM. & ELEC. WORK FOR ADDITIONAL LINE**

South Kanto Defense Bureau  
Yokosuka Construction Office

TOSHIBA PLANT SYSTMES,  
GoJ Contractor



US Army Corps of Engineers  
Yokosuka Resident Office

DECA



# YOKOSUKA COMMISSARY UPDATE



**The application period for the 2025-2026 academic year has opened!**

The program, entering its 25th year, recognizes the contributions of military families to the readiness of America's fighting force and celebrates the commissary's role in enhancing military quality of life. For scholarship year 2025-26, Fisher House Foundation will award 500 scholarship grants of \$2,000 each. The application period will close at 11:59pm Eastern Standard Time (8:59pm Pacific Standard Time), Wednesday, February 12th, 2025.



EDIS



# Family PARENTING FAIR

FRIDAY, JAN 31ST 2:30-6PM

PARENTING TIPS, STRATEGIES,  
RESOURCES, &  
ACTIVITIES FOR THE WHOLE FAMILY

@ RED BRICK AREA, CFAY MAIN BASE

PRESENTED BY EDUCATIONAL AND DEVELOPMENTAL  
INTERVENTION SERVICES IN PARTNERSHIP WITH THE  
INSTALLATION DIRECTOR FOR PSYCHOLOGICAL HEALTH  
& CFAY COMMUNITY PARTNERS.

OPEN TO ALL WITH BASE ACCESS

CONTACT EDIS YOKOSUKA FOR MORE INFORMATION 315-243-7260.

# FASTPAC



**FLEET ANTITERRORISM SECURITY TEAM PACIFIC**

**LANCE CORPORAL LEADERSHIP AND ETHICS SEMINAR 1-24**

**HONOR.**  
**COURAGE.**  
**COMMITMENT.**

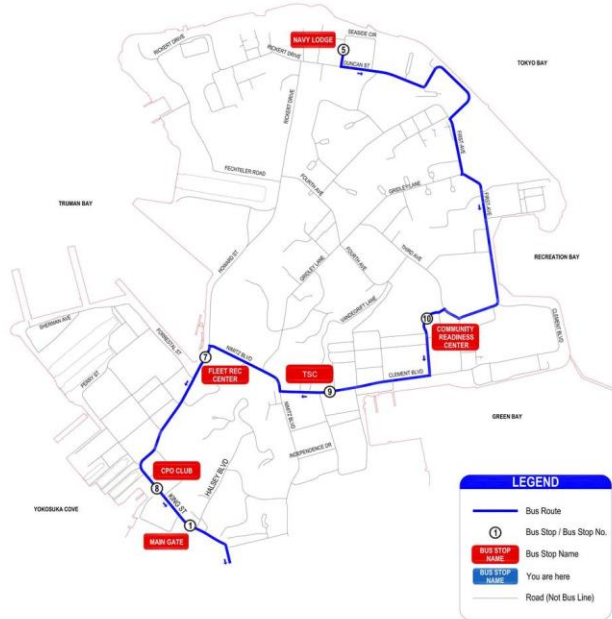
Fleet Antiterrorism Security Team Pacific (FASTPAC) will be holding Lance Corporal Leadership and Ethics Seminar 1-24 from 19-23 February 2024. This seminar is designed to develop lower enlisted Marines and Sailors into ethical leaders who are educated in the philosophies and doctrine that provide the basis for Marine Corps and Navy organizational values, ethics, personal conduct and total fitness. Attendees who complete this course will be better prepared to be non-commissioned officers in the Marine Corps and Navy. For more information, please contact First Sergeant Daniel Martensson at [daniel.w.martensson.mil@us.navy.mil](mailto:daniel.w.martensson.mil@us.navy.mil).

# NAVFAC



## IKEGO HTW PM SHUTTLE

PM Yokosuka Pickup



**LEGEND**

- Bus Route
- Bus Stop / Bus Stop No.
- Bus Stop Name
- You are here
- Road (Not Bus Line)

### Schedule

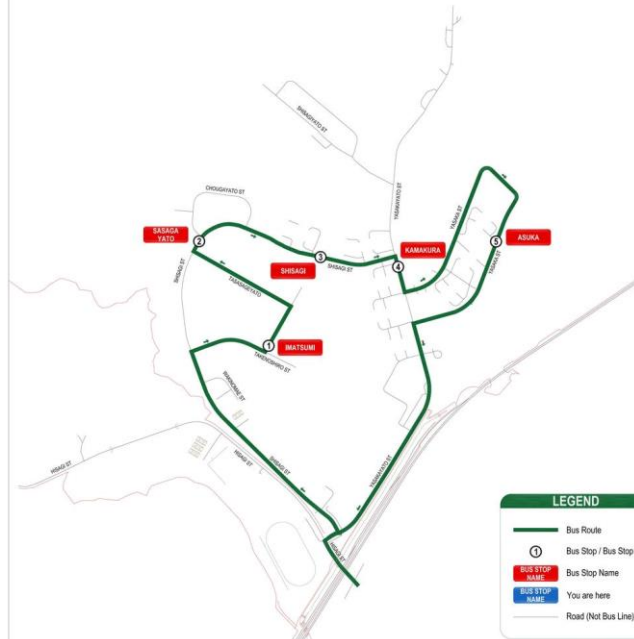
Navy Lodge	CRC	TSC	Fleet Rec	CPO Club	Main Gate
1600	1607	1610	1615	1618	1620
1800	1807	1810	1815	1818	1820

No Weekends and Holidays  
\* Space A Personnel May Board at CRC



## IKEGO HTW SHUTTLE

AM Ikego Pickup  
PM Ikego Drop Off



**LEGEND**

- Bus Route
- Bus Stop / Bus Stop No.
- Bus Stop Name
- You are here
- Road (Not Bus Line)

### AM Schedule

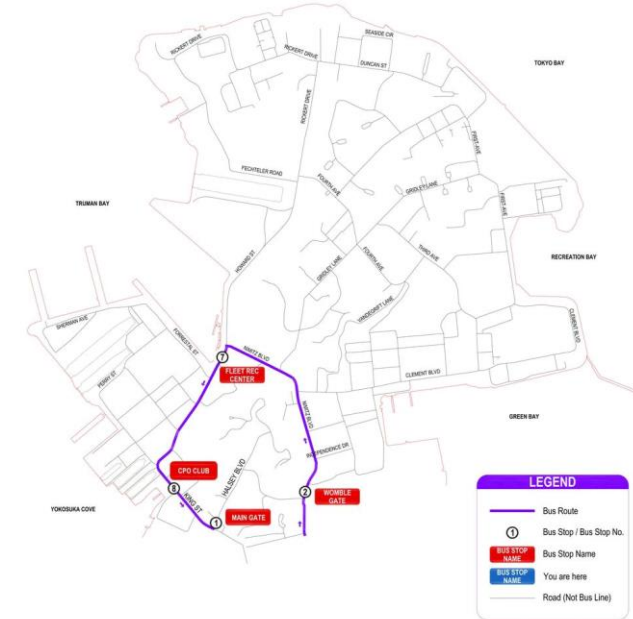
Imatsumi	Sasaga-Yato	Shisagi	Kamakura	Asuka
0520	0521	0522	0524	0527
0620	0621	0622	0624	0627

No Weekends and Holidays



## IKEGO HTW AM SHUTTLE

AM Yokosuka Drop Off



**LEGEND**

- Bus Route
- Bus Stop / Bus Stop No.
- Bus Stop Name
- You are here
- Road (Not Bus Line)

### Drop Off Locations

Womble Gate, Fleet Rec Center, CPO Club and Main Gate

Integrated with Yoko-Pon Shuttle

# NMCRS



## NMCRS YOKOSUKA



## 2025 JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
			1 CLOSED	2	3	4
			2025			
5	6	7	8 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800 PREGNANCY & INFANT LOSS SUPPORT GROUP 0900-1000	9 THRIFT SHOP DONATION DAY 0900-1100	10	11
12	13	14	15 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800 PREGNANCY & INFANT LOSS SUPPORT GROUP 1800-1900	16 LATCH & LEARN BREAST- FEEDING GROUP 1000-1130	17 BUDGET FOR BABY® 1130-1230 MAIN BASE	18
19	20 CLOSED MLK DAY	21	22 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800	23 THRIFT SHOP DONATION DAY 1600-1800	24	25
26	27 BUDGET FOR BABY® 1130-1230 MAIN BASE	28	29 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800	30	31	

# RED CROSS



## American Red Cross

One of the Red Cross's main missions OCONUS is to provide the **Emergency Communication Message**, AKA "**Red Cross Message**". If you or an immediate family member experience an emergency that requires you to request leave from your Command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your **emergency leave**.



### The Red Cross Message for Military Families

**Fill out a CONTACT CARD today** to ensure your contact information is ready **before** an emergency arises. Filling out a card in advance helps you and your family save time in a crisis.



**Prepare Today!**  
**Complete a Contact Card!**





**American  
Red Cross**



## Class Schedule

All classes are blended learning courses including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to the skills test.

### **CPR/AED/First Aid Course (\$18)**

- Monday February 3, 1500-1800
- Thursday February 6, 1300-1600
- Thursday February 13, 1300-1600
- Monday March 3, 1500-1800
- Thursday March 6, 1300-1600
- Thursday March 13, 1300-1600

### **BLS Course (Basic Life Support) (\$12)**

- Thursday February 20, 1300-1600

### **Babysitting Basics & First Aid/CPR (\$15)**

(Recommended for ages 12-17)

**Classes are available upon request  
with 3+ people.**

**Classes may be added based on  
community need and instructor availability.**



**CPR AND  
FIRST AID  
CLASSES**

**\*\*Classes are updated regularly based  
on community need\*\***

**TO REGISTER:**

Email [Yokosuka@redcross.org](mailto:Yokosuka@redcross.org)  
with the class and preferred  
date/time. You will receive a  
payment link and be asked to  
send your receipt to guarantee a  
spot in the course.



# RED CROSS



## Volunteer Now



# American Red Cross

1. Use a desktop or laptop computer.
2. Search and go to Red Cross Volunteer Connection.
3. Use the Yokosuka FPO zip code 96349.
4. Complete the online training.
5. If you have any problems, email [Yokosuka@redcross.org](mailto:Yokosuka@redcross.org) or call 243-7490.



# VOLUNTEER!

## Disaster Action Team & Disaster Team Lead

Help provide immediate assistance on scene of an emergency, and participate in base exercises

Help with Emergency

Messages and during large scale emergencies

## Also Available:

MTF Professional and Admin Help

Youth Preparedness Team

CPR/BLS/Babysitting Instructor

Library

PAWS

Vet Clinic

Post Office

Youth Clubs

# RESERVES



NAVY RESERVE IS OFFERING MOST RATES

# \$20,000

PRIOR ENLISTED AND OFFICERS FROM ANY BRANCH CAN JOIN TO COMPLETE YOUR SERVICE AND RECEIVE ACCRUED PENSION. (Restrictions apply)

KNOW SOMEONE **SEARCHING**  
FOR THE NEXT **OPPORTUNITY?**

DID YOU LEAVE RETIREMENT **DOLLAR** ON THE TABLE?

If you can complete a **TOTAL** of 20 years of credited service including your prior service time by age 60, then you may be eligible for a bonus.

Additionally, most prior service Officers from any US military branch are eligible for affiliation and certain bonuses.

**INTERESTED IN KNOWING MORE? EMAIL POCs below:**

CWO4 Mike Seals 7838 INTEL  
Prior Service Navy Recruiter and  
Benefits advisor at U.S. Navy Reserve  
Michael.d.seals.mil@us.navy.mil  
NRRC Yokosuka, Japan FLTREC RM 339  
Cell: 81 070 2470 3383 JP  
WhatsApp / LINE / SIGNAL 7703650199  
LinkedIn <https://www.linkedin.com/in/cwo4mike-seals>



NCI (SW/AW/EXW) Fernando Martinez  
Prior Service Navy Recruiter and  
Benefits Advisor at U.S. Navy Reserve  
NRRC Yokosuka, Japan FLTREC RM 339  
Fernando.m.martinez6.mil@us.navy.mil  
Cell: 81 070 2470 3362 JP





# SUPPLY CORPS



YOU ARE INVITED TO THE...



## U.S. NAVY SUPPLY CORPS 230<sup>TH</sup> BIRTHDAY BALL

HOSTED BY THE NSCF JAPAN CHAPTER

 **DISTINGUISHED GUEST**  
**SPEAKER:** RDML (sel.) Brian Anderson

 **DATE AND TIME:**  
SATURDAY, FEBRUARY 22<sup>ND</sup> @ 1830 - 2230  
COCKTAIL HOUR @ 1730

 **LOCATION:**  
CLUB ALLIANCE 3F BANQUET HALL  
〒238-0002 Kanagawa, Yokosuka,  
1BanChi Tomari-Cho

 **ATTIRE:**  
O5 & ABOVE: DINNER DRESS BLUE  
O4 & BELOW: SDB / DINNER DRESS BLUE  
CIVILIAN: FORMAL ATTIRE

SCAN TO RSVP & PURCHASE TICKETS  
BEFORE **10 FEB 2025**:

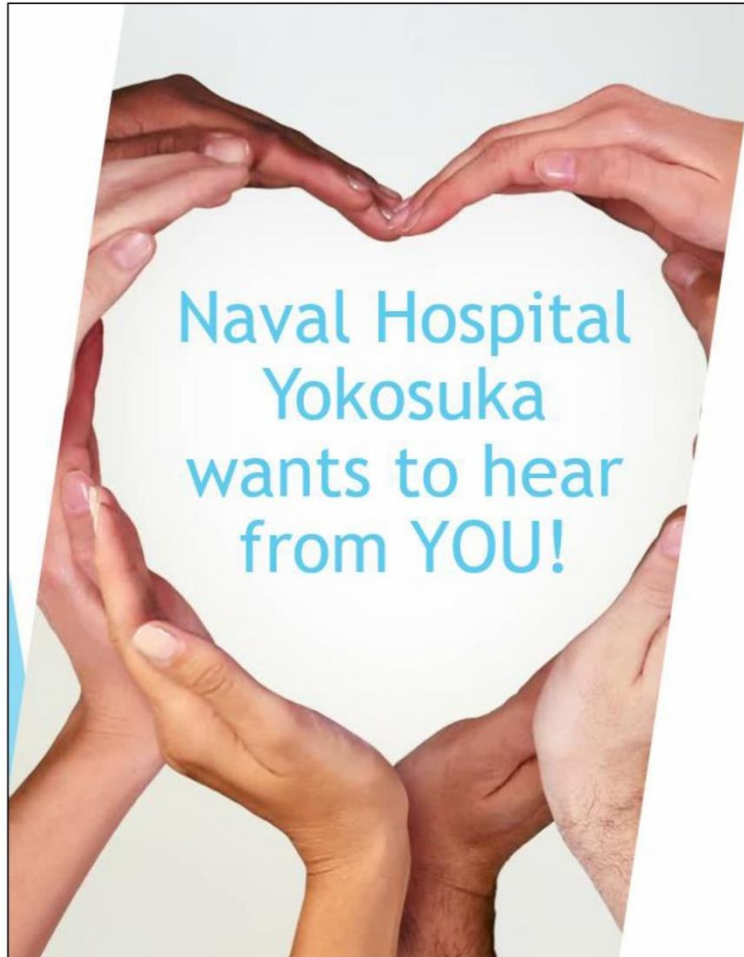


 **TICKET PRICES:**

O7 & above / SES / JMSDF	\$110 / ¥16,500
O5-O6 / GS14-15 / JMSDF	\$100 / ¥15,000
O3-O4 / GS11-13 / JMSDF	\$90 / ¥13,500
E7-O2 / CW01-5 / GS6-10 / JMSDF	\$80 / ¥12,000
E6 & below / GS5 & below / MLC personnel	\$65 / ¥9,750

 FOR MORE INFORMATION, PLEASE CONTACT:  
LT TRAVON WHITEHURST | DSN 315-243-3459 |  
TRAVON.A.WHITEHURST.MIL@US.NAVY.MIL

# USNH



## USNH Yokosuka Patient Family Partnership Council

Want to effect change and be a part of the healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY.

**Please join us at our upcoming meetings!**

January 9<sup>th</sup> 1600-1700  
Community Resource Center, 4<sup>th</sup> floor, AOB auditorium

February 4<sup>th</sup> 1145-1245  
Naval Hospital Yokosuka, 3<sup>rd</sup> floor, Command Auditorium

March 5<sup>th</sup> 1600-1700  
Community Resource Center, 4<sup>th</sup> floor, Haru Room

To learn more, please email [dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil](mailto:dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil) visit <https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council> and follow USNH Yokosuka on Facebook:



Naval Hospital Yokosuka  
[www.facebook.com/usnhyokosuka](http://www.facebook.com/usnhyokosuka)

# USNH



# DONATE BLOOD

Hosted by  
**USNH Yokosuka  
& ASBBC Okinawa**



## Location:

**CFA Yokosuka Officers' Club  
Northwest Entrance**

Save a life with a  
drop of your  
blood!



Scan QR code to sign-  
up or read our FAQs!



**POCs:**  
LT Tagura  
HM1 Gilchrist  
HM1 Sisto  
DSN: 315-243-8341

**Wednesday &  
Thursday**

**29th  
&  
30th  
January**

**2025**

**0800-1600**

USNH



USNH YOKOSUKA OBGYN CLINIC

# WOMEN'S HEALTH DAY

**USNH Yokosuka's OBGYN Clinic will be hosting a walk-in Women's Health Day Clinic on 28 JAN from 0800-1100 and 1300-1500.**

We will be offering:

- Full Contraception Services (Nexplanon Placement/Removal, IUD Placement/Removal, OCPs, Depo Shots)
- PAP Smears
- STI Screenings
- HPV Vaccines by Immunizations

# USO



## JANUARY 2025 CALENDAR OF EVENTS

USO Yokosuka  
DSN: 241-3030 | 046-896-3030  
@USOYokosuka



Monday

04

### NEW YEARS LUCKY BAGS 0800-1100 USO YOKOSUKA CENTER

Join the USO Yokosuka as we ring in the Year of the Snake with New Year celebrations and Lucky Bags! Each family can receive one lucky bag, and you can also enjoy refreshments and a fun Snake scavenger hunt. Kick off your New Year with us and a little extra luck!

Thursday

09

### COFFEE CONNECTIONS 0900-1100 USO YOKOSUKA CENTER

Come join us to decorate your very own trinket box! Learn painting techniques and how to use Mod Podge to create a one-of-a-kind keepsake. Registration is required. Open to participants 18 and older.

Wednesday

15

### MIDWEEK MADNESS 1700-1900 USO YOKOSUKA CENTER

Hey there, party people! It's time to spice up your week with some. Midweek Madness at USO Yokosuka! Get ready for some serious fun with winter triva, food, and good vibes. Let's shake things up and add a little madness to your routine. See you there!

Thursday

23

### TOT TIME: IKEGO 1000-1100 IKEGO TOWER TBD

Winter is here, and we're embracing the chill with fun, festive crafts for you and your little one! Together, you'll create a snowman and snowflake, while enjoying hot chocolate and snacks. It's the perfect chance to relax, mingle, and connect with other parents.

Tuesday

28

### BOOM BOX BISTRO 1100 USO YOKOSUKA CENTER

Are you hungry? Come grab a bite with the USO with a delicious, good menu, while supplies last. Enjoy some flash trivia for a chance at prizes! See you for a lunch with a boom!



Find all the links for upcoming  
event registration and all our  
Social Media Links

check out our  
linktree



# VTF



## DAYS CLOSED IN JANUARY

Closed

20th



Closed

31st



Half Days

2nd-3rd

Yokosuka Veterinary Treatment Facility

# VTF



## PCS Guide – Leaving Japan with pets

Where are you going? :

**U.S.**   **Non-continental U.S.**   **Other country**

- Ensure pet's rabies vaccinations are up to date. Original copies of the certificates are required and need to be in English with the pet's microchip number.
- Complete U.S. import permit found on the CDC.GOV website or scan the QR code below. This step is for dogs only, cats do not have this extra step.



- Submit export notification to Animal Quarantine Services (AQS) to the airport you will be flying out of. Follow the QR code below. This is only for commercial flights, if flying AMC you will not need to do this step.



- Schedule Health Certificate appointment within 10 days of the flight.

### GUAM (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Guam Dept. of Agriculture website).
- Guam affidavit (Our clinic can provide this document prior to the health certificate appointment if needed.
- If flying straight from Japan, FAVN is not required.
- Vaccines required for dogs: Rabies, DAPV, Leptospirosis, and Bordetella.
- Vaccines required for cats: Rabies and FVRCP.
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

### HAWAII (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Hawaii Dept. of Agriculture website).
- FAVN with results of  $\geq 0.5$  (must be done 30 days before entering Hawaii).
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

- Find specific requirements for the country using the USDA website, scan QR code.



- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

