

CFAY ANNOUNCEMENTS





**CFAY IS A
NO DRONE ZONE!**



MASS CASUALTY DRILL

Tuesday, April 22

**Expect limited routine Lab, Pharmacy, and
Clinical services**

Emergency Services NOT Affected

FFR

GALLEY MAINTENANCE

Commodore Matthew C. Perry General Mess
temporary closure for unscheduled maintenance.

Starts: Friday, April 18 at 8 a.m.

Estimated Ends: Monday, April 21 at 10 a.m.

Meal service shifts to Officers' Club.



PWD

YASAKAYATO STREET CLOSURE

Yasakayato Street partial road closure near
Club Takemiya and Jimmuji Gate

June 11 - August 5

Two-way traffic will be maintained.
Watch for flagmen in the street.



SECURITY

TRAFFIC COURT CLOSURE

CFAY TRAFFIC COURT IS SCHEDULED TO CLOSE
FRIDAY, APRIL 18.

FOR MORE INFORMATION, PLEASE CONTACT
CFAY TRAFFIC COURT AT:

243-9052



SECURITY

CARNEY GATE CLOSURE

Affects Inbound Vehicle Traffic Only

Mondays through Saturdays

Now through May 27

Closes 8 p.m. Reopens 5 a.m.

Use Womble Gate if driving to enter base





COMREL EVENT TAGOE RIVER CLEANUP

ZUSHI, JAPAN

Saturday, May 10 @ 9 a.m.

Register with your Command COMREL Coordinator
cfaycomrel@gmail.com



YOKOSUKA **SPONSORSHIP** | **ON-DEMAND**

Every 1st & 3rd Thursday

For info call 243-3372/ 046-816-3372





Cup O' Joe with the CO

April 23 8-9am

Party Room at Nikko Tower

Coffee and Pastry



BREAKING THE WITH THE CO

APRIL 28TH, 12 PM AT BUILDING C-2



SPRING CLEANING POISON PREVENTION



Keep household cleaners in their original containers



Do not mix household cleaners with one another



Turn on fans and open windows for ventilation



Store somewhere children and pets cannot access



FLEET & FAMILY SUPPORT CENTER

Ikego Office



Wednesday & Friday

7:30 a.m. - 4:30 p.m.
Staff will take a one hour lunch

Phone

246-8052

Computer Access | Printing | Information & Referrals
Class Registration | Coupons | Loaner Kits | Volunteer

IKEGO

Japanese Language Series

Get to know Japan by learning how to speak, read, and write in Japanese

NOW THROUGH JUNE 10
Nikko Tower Community Room

REGISTER AT

FFSCINFO@US.NAVY.MIL



NAVIGATING



SURVIVING IN JAPAN

GROCERY SHOPPING



SIGNAGE



LANGUAGE



ORDERING



Your guide to
surviving & thriving
in Japan

Ikego Nikko Tower | April 24 10 a.m.

FFSCinfo@us.navy.mil



STRIKE OUT CHILD ABUSE

CFAY MWR
Bowling Center

April 24
4 - 6 p.m.



FREE SHOE AND
LANE RENTAL!

Contact the CFAY FFSC
for more information





*Spouses
Welcome!*

Monday, April 28 CPO Club
Register with CFAY FFSC





Annual CFAY **VOLUNTEER APPRECIATION EVENT**

**APRIL 30, 2025
1130 - 1330
PURDY PAVILION**

**JOIN US FOR LIVE ENTERTAINMENT,
FOOD & BEVERAGES, GAMES AND MORE!**



**IKEGO
CAMP
APRIL 19**

**BERKEY
FIELD
APRIL 20**



EGG'S TRAVAGANZA





PURPLE UP

For the Military Child

Free
Tickets

Military Child Carnival
Saturday, April 26
Bowling Center

HBB Vendors Market
Saturday, April 26
Bowling Center
Parking Lot

Moana & Moana 2
Sunday, April 27
Benny Decker Theater

Free Bowling
& Pizza



COMMAND CHALLENGE

APRIL 26 | 2 PM | BERKEY FIELD

REGISTER BY APRIL 21

TUG OF WAR – RELAY RACES – OBSTACLE COURSES

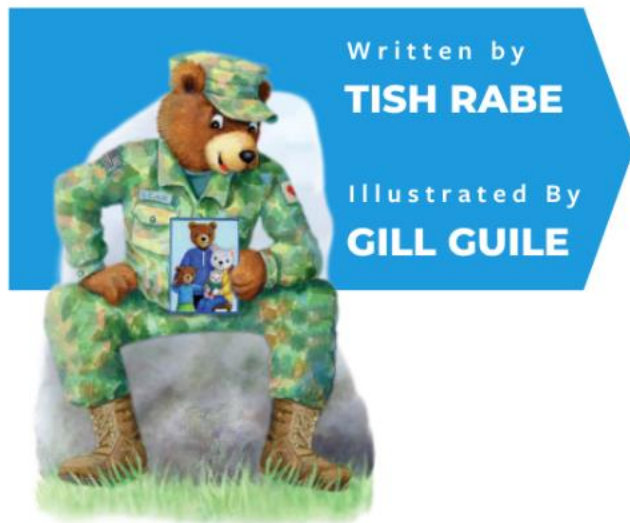


United Through Reading Presents Their

2025 BOOK FOR THE MILITARY CHILD

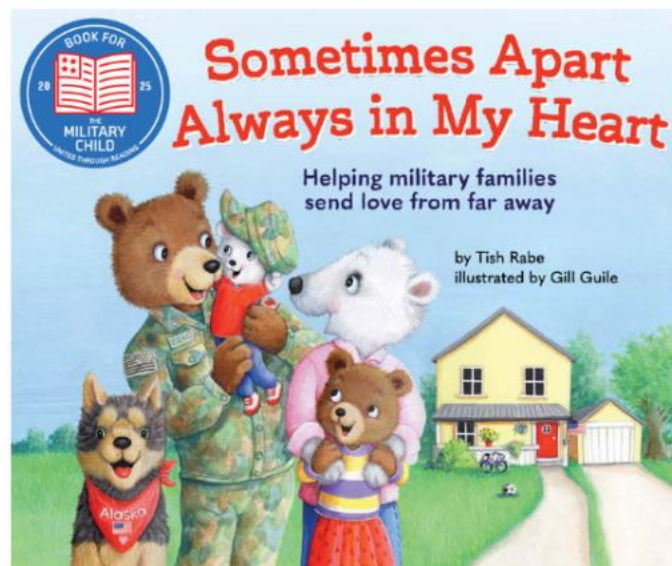
One book. One mission. One community.

Servicemembers, ask our staff
about the United Through Reading
storytime app



Written by
TISH RABE

Illustrated By
GILL GUILLE



Read and record this book using
their free storytime app!



LEARN MORE

 BookForTheMilitaryChild.org



Pick up a FREE copy in the CFAY MWR Library!



Picnic IN THE Park

SATURDAY, MAY 3
KOSANO PARK

Food

Games

Paddleboard



• Welcome to the Ikego •

Book Swap

Take a Book, Leave a Book!

Monday - Friday • 10 a.m. - 6 p.m.
Multipurpose Room in the Ikego MWR Office





OF SEPARATION

A Look at Depression

← Funny

and Suicide

1 Degree of Separation is a comedy show and suicide prevention effort aimed at ending the stigma of mental illness through discussion, laughter and straight talk.



Join us for laughter with a message of healing.

All shows are free.



APRIL 16 - 18
FLEET THEATER



If a **fire** starts on
your stove, use a
cookie sheet to
smother
it.



Don't:

Put ***water*** on a grease fire.



Do:

Cover it with a lid.

If you fry food
and see smoke,
**turn the
burner
off.**





Oven Fires

Keep the door closed so the fire doesn't spread, and call 911.



JOIN OUR TEAM!

Fleet and Family Readiness

navymwryokosuka.com/jobs



COMMODORE MATTHEW C. PERRY GENERAL MESS

"JEWEL OF THE EAST"

Hours of Operation

Mondays - Fridays

Breakfast	6 a.m. - 7:45 a.m.	\$4.40
Lunch	11 a.m. - 12:45 p.m.	\$7.10
Dinner	4:30 p.m. - 6 p.m.	\$6.10

Weekends & Holidays

Breakfast	7 a.m. - 8:30 a.m.	\$4.40
Brunch	10:30 a.m. - 12:30 p.m.	\$7.10
Dinner	4:30 p.m. - 6 p.m.	\$6.10





American Red Cross

The Red Cross Message for Military Families

Fill out a **CONTACT CARD** today to ensure your contact information is ready before an emergency arises.

Filling out a card in advance helps you and your family save time in a crisis.



Prepare Today! Complete a Contact Card!

CPR TRAINING & BASIC LIFE SUPPORT BABYSITTING BASICS



CPR/AED/First Aid Course (\$18)

Thursday April 17, 1300-1600

Thursday April 24, 0800-1100

Saturday April 26, 0830-1130

Thursday May 1, 1300-1600

Monday May 8, 1300-1600

Thursday May 29, 1300-1600

BLS Course (Basic Life Support) (\$12)

Thursday April 24, 1300-1600

Thursday May 15, 1000-1300

Babysitting Basics & First Aid/CPR (\$15)

Recommended for ages 12-17

Friday April 18, 1000-1300

**Classes may be added based on
community need and instructor availability**

All classes are Blended Learning Courses with an online
and an instructor led classroom skills session

**EMAIL YOKOSUKA@REDCROSS.ORG
TO SIGN UP**



American Red Cross

Military Treatment Facility
Disaster Team
Special Events
Office Support
Youth Preparedness
Youth Clubs



VOLUNTEER!

Use the Yokosuka FPO zip code 96349.

If you have any problems, email
Yokosuka@redcross.org or call 243-7490.

ANIMAL VISITATION PROGRAM

If you have a dog, we need you!



***Dog must be able to pass the
AKC Canine Good Citizen Evaluation***

Email for program requirements and questions
jacee.maldonado@redcross.org
yokosuka@redcross.org

REQUEST A VISIT



**American
Red Cross**

Service to the Armed Forces

Mindful Movement

Family & Adult Only Classes

FREE Classes

**No Referral
needed**

**Learn
Movement,
Breathing,
& Relaxation
Techniques**

Offered by the American Red Cross



**Email your class request
at least 2 weeks in advance**

**Email To Register
yokosuka@redcross.org**

***ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT**

Yokosuka Veterinary Treatment Facility

CLOSED

April 30

HALF DAY

April 10

April 24

CFAY



CFAY/IKEGO GATE HOURS



IKEGO

Inbound/Outbound
Daily
24 hours

Jimmuji

Inbound/Outbound
Monday-Friday
0500-0100

Inbound/Outbound
Weekends and
Holidays
0500-0030

WOMBLE GATE

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian
Daily
0500-2200

Inbound Vehicle
Daily
0500-1800

Inbound High Traffic Pattern
Monday-Friday
0500-0830

Outbound High Traffic Pattern
Monday-Friday
1530-1900

VERNY PEDESTRIAN

Outbound
Daily
24 hours

Inbound
Monday-Friday
0600-2000

Inbound
Saturday
0700-0800

Inbound
Sunday and Holidays
CLOSED

CARNEY GATE

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian
Daily
24 hours

Inbound Vehicle
Daily
24 hours

Inbound High Traffic
Period
Monday-Friday
0500-0830

CARNEY BOARDWALK PEDESTRIAN GATE

Inbound/Outbound
Daily
0600-2100



CFAY



2025 Road Tax Season

Effective 01 June 2025,
all Vehicles MUST display
the 2025 (Reiwa 7) USFJ Decal.

Displaying 2024 (Reiwa 6) decals
after 01 June 2025 will result in
denial of access and possible
impoundment.

Pay the Japanese ROAD TAX to receive your new DECAL(s).

CHAPEL



HOLY WEEK

at The Chapel of Hope

Palm Sunday, April 13

Celebrating Jesus's return to Jerusalem.

Protestant Service at 0930

Gospel Praise at 1230

Catholic Masses at 0800 and 1100

Vigil Mass Saturday, April 12 at 1700



Holy Thursday, April 17

Remembering the Last Supper, and praying with Jesus in the garden of Gethsemane

Catholic Dinner and Foot Washing at 1700

Catholic Mass at 1900

Followed by Adoration in Fellowship Hall until 2200.



Good Friday, April 18

Reflecting on Jesus' crucifixion and death.

Protestant Service at 1800

Catholic Services:

Veneration of the Cross at 1500

Stations of the Cross at 1900

Tenebrae at 1930



Holy Saturday, April 19

Preparing for the Resurrection.

Seventh Day Adventist at 1100

Catholic Mass (Easter Vigil) at 1900 (begins behind the chapel with bonfire and candle blessing).

Easter Sunday, April 20

Alleluia, He is risen indeed!

Protestant Service at 0930

Catholic Masses at 0800 and 1100



CHAPEL



Holy Week

Good Friday Service: 18 April 1800
@ Chapel of Hope

Resurrection Sunday Service: 20 April
0930 @ Benny Decker Theater

Attention all drivers on express way



ETC-only toll gate

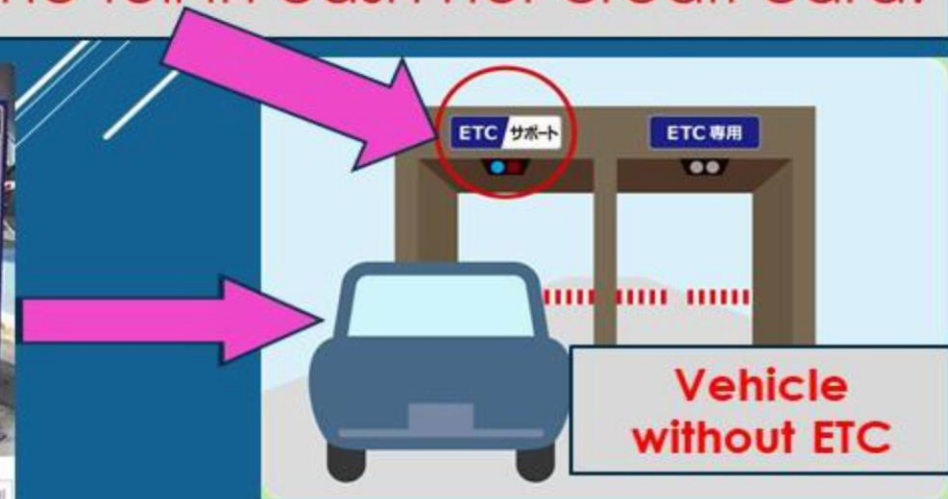
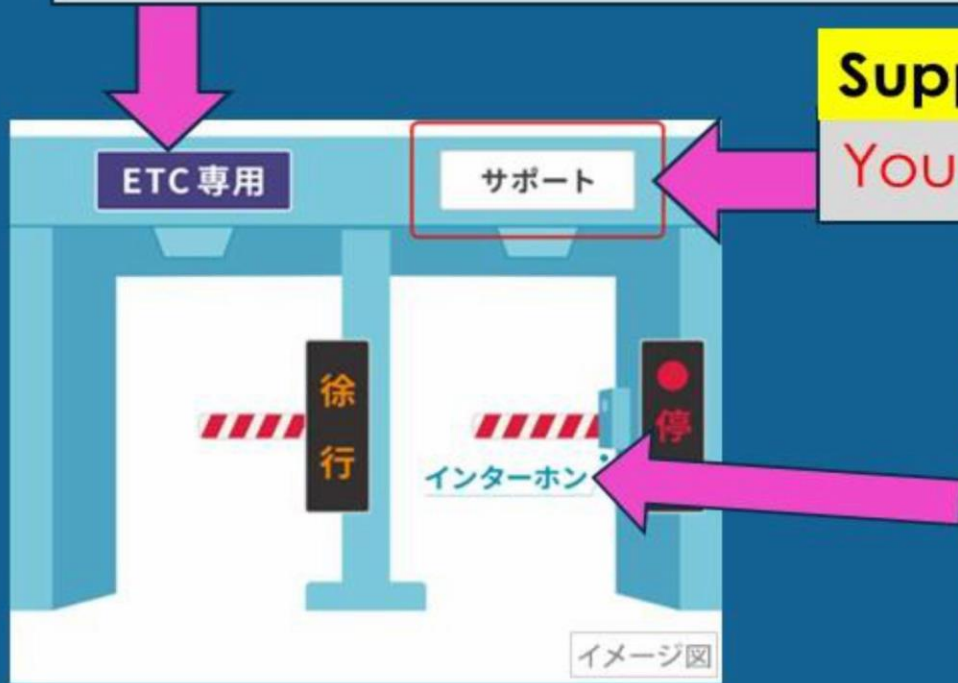
Drive Slowly

Vehicles not equipped with an ETC onboard device will not be allowed to pass. If you accidentally enter the ETC gate, please do not make a U-turn. Proceed to the "Support" or "ETC/Support" lanes, press the button on the intercom, and follow the staff's instructions.

CAUTION

Support lane Stop

You can neither pay the toll in cash nor credit card.



FFSC Virtual Clinical Counseling **CONNECT to GET CARE**

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

Virtual clinical counseling helps with:

- Separation
- Relationship issues
- Grief
- Parent-child interactions
- Deployment
- Other challenges related to military and family life
- Relocation

To schedule an appointment, call 1-855-205-6749. If calling outside of regular business hours, leave a message. Your call will be returned within one business day. You can also scan the QR code to link to a brief form to get started.



www.ffsp.navy.mil



FFSC



FFSC WEEKLY

More details on CFAY FFSC YOKOSUKA FB page



TAP Core Curriculum

Apr 21-23 at 0800

Infant Massage

Apr 21 at 1030

AOB/ICR

Apr 22-24 at 0800

Navy Spouse in Transition

Apr 22 at 1000

Ikego Japanese Language Series

Apr 22 at 1200

Raising Financially Fit Kids

Apr 23 at 0900 (Virtual)

Zushi-Hayama Tour

Apr 23 at 1000

Infant Massage

Apr 23 at 1030

SAPR VA Resident Advisor

Apr 23 at 1300

Active Japanese Language

Apr 23 at 1500

Shogi Workshop

Apr 23 at 1730

My Education

Apr 24-25 at 0800

Debt Destroyer

Apr 24 at 0900

Sponsorship Training

Apr 24 at 0900 (Virtual)

Surviving in Japan

Apr 24 at 1000 (Ikego)

Ombudsman Advanced Training

Apr 24 at 1000

Strike Out Child Abuse

Apr 24 at 1600

Preparing Children for Deployment

Apr 25 at 0900 (Virtual)

Enjoying Japanese Food at Home

Apr 25 at 0930

ESL/EFL

Apr 25 at 1300

See something you like? Sign up via email: ffscinfo@us.navy.mil

FFSC



Learn Japanese

****All classes are held in-person****



Everyday Japanese

CRC Bldg 4/F: Every 2nd & 4th Mondays, 1000 - 1130

A basic Japanese language class for beginners, which caters to proper pronunciation and common phrases to help communicate with local nationals.

Active Japanese Language

CRC Bldg 4/F: Every 2nd & 4th Wednesdays, 1500 - 1700

Japanese language for beginners from grammar to easy Japanese conversation. The Sensei welcomes topic requests from her students when asked.

Daisuki

CRC Bldg 4/F: Every 2nd Tuesday, 1000 - 1130

This class talks about Japanese history (like pilgrimage during Edo Era) geography (Mt. Fuji, Japanese places) culture, tradition (snacks, festivals), everyday Japanese life, and origami making.

Surviving in Japan

Ikego: Every 2nd & 4th Thursdays, 1000 - 1045

Your guide to surviving and thriving in Japan. This class teaches you the basics of Japanese, how to read signage, how to order at a restaurant, navigating around Japan, and much more.

Ikego Japanese Language Series

Ikego: Tuesdays at 1200-1300 for ten - twelve weeks

This is a ten to twelve week course held once per quarter. Get to know Japan by learning how to speak, read, and write in Japanese.

**To Register: email FFSCinfo@us.navy.mil
or call DSN 243-3372**



Ikego Japanese Language Series

**Apr 8 - Jun 10
1200-1300**

Ikego-Nikko Tower

Get to know Japan by learning how to speak, read
and write in Japanese.

This is a ten week course.

To register please call 243-3372/246-8052 or email FFSCinfo@us.navy.mil

HOUSING

**TOGETHER,
WE BUILD A BETTER
COMMUNITY**



**NAVY TENANT
SATISFACTION SURVEY**

BEGINS 3 MARCH

ENDS 1 MAY



CNIC
FLEET • FIGHTER • FAMILY

OPB Control Numbers 0704-0853 OPB Expiration Dates 09/30/2025

The 2025 Navy
Tenant Satisfaction
Survey is open now
until May 1.

<https://navy-survey.rdniehaus.com>



MWR



IRON CLASH **USA** VS. **JAPAN** POWERLIFTING SHOWDOWN

APRIL 19 • FLEET GYM BASKETBALL COURT



Are you ready for the ultimate test of strength? Join us as the strongest athletes from Japan and the USA go head-to-head in an electrifying iron clash showdown!

INDIVIDUAL & TEAM COMPETITIONS
Compete in your weight class to claim the title of strongest in Yokosuka!
Team Event: The top 10 athletes from each country will combine their total lifts to see which nation reigns supreme.

INCREDIBLE FEATS OF STRENGTH
Witness jaw-dropping lifts and unparalleled determination. Whether you're a seasoned powerlifter, or just starting, this competition is for you. Compete as an individual or represent your country as part of the team.

REGISTER NOW • \$30 / PERSON
Don't miss your chance to be part of this legendary event. For more information or to register, visit us on the 3rd floor at the Fleet Recreation Center Office or contact us at DSN: 241-2953 Mobile 046-896-2953, email: mwr_yokosuka_fitness@us.navy.mil.



Visit us on the web.

MWR

PICNIC *in the* PARK

Saturday, May 3
Kosano Park



- Classic Lawn Games
- Picnic Food
- Kayaking
- SUP Boarding





Consolidated Battery Recycling

PILOT PROGRAM AT NEX Bldg H-20



Sort batteries in designated container marked by:

BRAND (e.g. Duracell)
&
TYPE (e.g. Alkaline)

For more information contact
CFAY Qualified Recycling Program
DSN: 243-3817/5806 (046-816-xxxx)



ALKALINE				LITHIUM ION (COMPUTER & CELL PHONE)	NICKEL METAL HYDRIDE (RECHARGEABLE)
DURACELL 	ENERGIZER 	RAYOVAC 	BUTTON- TYPE 		

SUPPORT OUR ENVIRONMENT AND OUR SOFA RESPONSIBILITIES!
RECYCLING PROFITS ARE RE-INVESTED INTO CFAY IMPROVEMENT PROJECTS.

PWD



CFAY Waste Disposal Guide

Updated 9 Sep 2024

Most Preferred

Reduce, Reuse, Recycle

Least Preferred

Accepted Materials

Program Guidelines

Contact

Household Hazardous Product Reuse Program (Public Works Dept)

- Wood stains, paint, finishes
- Pesticides
- Odor remover spray
- Oven cleaner
- Multi-purpose cleaner
- Hand sanitizer
- Isopropyl alcohol
- Bleach
- Oil lubricants
- Degreaser

- U.S. products only
- Must be in original containers
- Containers must have readable labels and be at least half-full
- All items are free acceptance

** Users may pick-up products for use at home, for free

Lot behind GOV Gas Station
M/W/F: 0900-1100
T/Th: 1300-1500
Cell: 070-7411-1294

Qualified Recycling Program (Public Works Dept)

- Metal (furniture, valves, sheet metal)
- Appliances
- Paper, wood & textiles
- Used oil (fuel, lube, hydraulic)
- Used cooking oil
- Household electronics (TV, computer, cell)
- Batteries
 - Lead-acid
 - Lithium-ion
 - Nickel-metal hydride

- Appliances freon-free
- Paper Products: No wax paper, tissue, pizza boxes or other soiled products
- Textile no down jacket pillows, shoes, bags
- Wood: No soiled, dry-rotted, painted or finished items
- Cooking Oil: Large food pieces must be strained out
- All free acceptance

Bldg. 4856
M - F: 0800-1530
DSN: 243-3817/5806

Car Care Center (NEX)

- Flares
- Propane tanks
- Car batteries
- Coolant
- Kerosene
- Diesel
- Engine oil

- Some items are free acceptance and some are charged

Bldg. 1314
M - F: 0730-1700
Sa: 0730-1600
DSN: 243-4778 / 5826

Auto Skills Center (MWR)

- Tires
- Engine oil
- Brake fluid
- Transmission fluid
- Coolant
- Car batteries

- Fuel and lead-acid batteries are not accepted.

Bldg. 1288
M/Th/F: 1100-1900
Sa/Su: 0900-1700
DSN: 243-5456

Solid Waste Disposal (Public Works Dept)

- Non-Combustibles
- Cans & bottles
 - Metal (tin foil)
 - Glass
 - Rubber
 - Hard plastic (food containers)

- Combustibles
- Paper & wood
 - Food
 - Textile & leather
 - Thin plastic (bags, wrappers)

- Place bulk trash by the dumpster/containers and call 243-6558 for pick-up

- High-Rise Towers
- Separate combustibles and non-combustibles into correct dumpster

- Townhouses
- Place non-combustibles into blue container
 - Place combustibles into gray container

DSN: 243-6558

Main Gate – Partial Closures

Affected Period

MAR – NOV 2025 (Overnight 2000 – 0500)

PARTIAL CLOSURE



- Lane detours and isolated closures during replacement of buried water line.
- Two-way traffic maintained to maximum extent possible.
- Most work will occur overnight starting at 2000.

as of 17 MAR 2025

PWD



Community - Partial Closure



Closure Period

01 Apr 2025 – 30 Sep 2026

PARTIAL CLOSURE



- 14 additional parking spots and 5 parallel spots will be closed for the new CDC construction area.

as of 20 Mar 2025

PWD

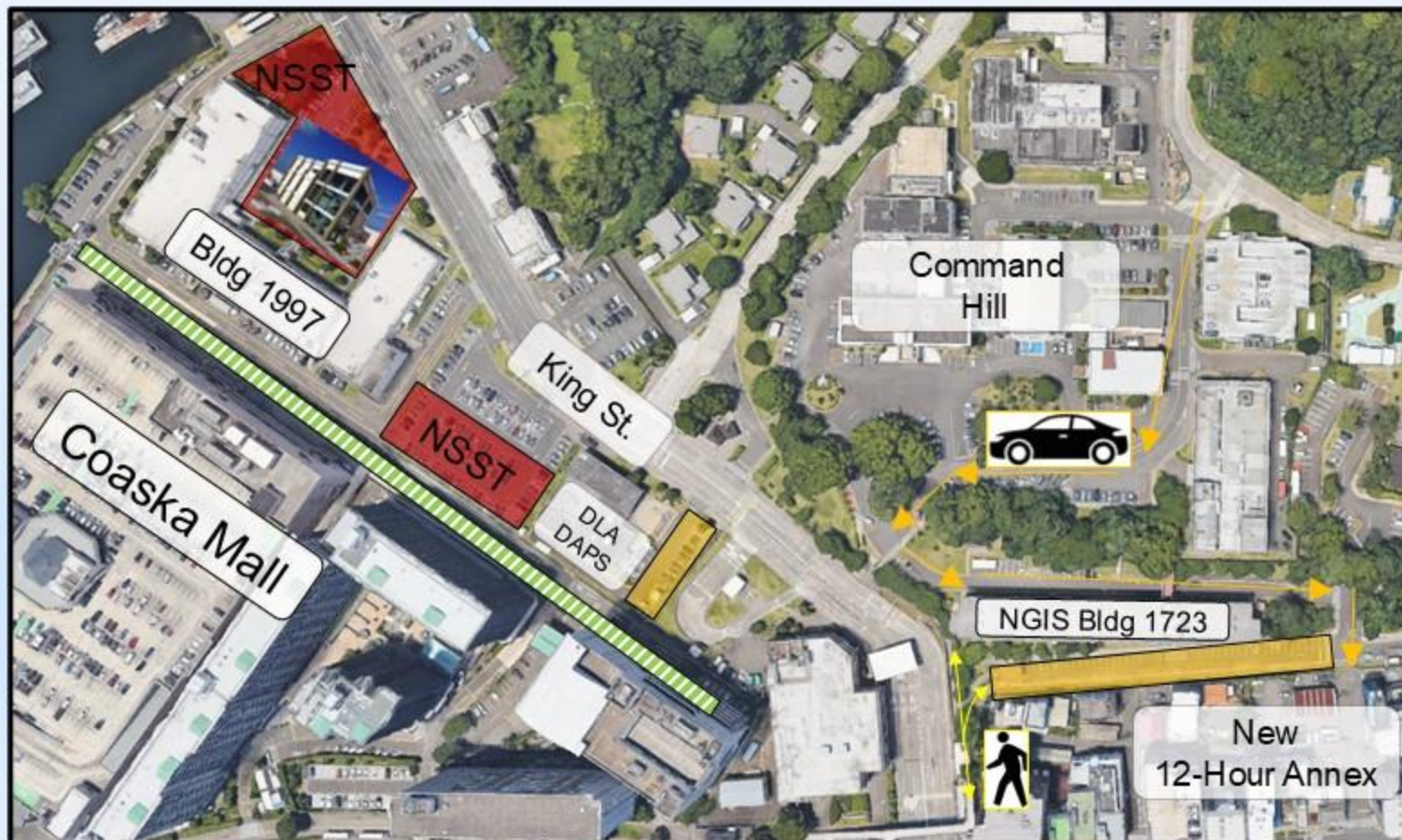


New Construction of NSST Shiphandling Trainer Parking lot Closures



Closure Period
Sep 2024 – 2027

Parking Lot Closures



Parking lot closures:

1. Project site by Bldg 1997
2. Half of 12 Hour parking lot

- New 42 spaces at 12 Hour Annex Lot
- New 10 spaces at DLA DAPS

as of 3 Sep 2024

PWD



Parking Lot Closures – Truman Bay



Closure Period

November 2024 – 2027

LOT CLOSURE



- Long-term contract laydown areas to support major construction projects
- Maximize use of public transit, bike/walk, carpooling, and telework.

as of 19 NOV 2024

PWD



Road Closures – Main Base Community Area



Closure Period
2023 – 2025

**FULL ROAD
CLOSURE**



as of 17 Sep 2024

PWD



Yokosuka Base – Partial Road Closure



Closure Period

11 Oct 2024 – 31 Mar 2025

PARTIAL CLOSURE



- Re-stripe roadways to improve visibility
- Maintain two-way traffic via flagmen and local signage
- NEX Bldg H-20 parking lot to be restriped (Jan 27-31 2025)
- Gravel Lot across from berth 9 BLUE RIDGE to be repaired (Feb 02-21 2025)

as of 11 OCT 2024

PWD



Yasakayato Street - Partial Closure



Closure Period

11 June 2025 – 5 Aug 2025

PARTIAL CLOSURE



- Yasakayato Street will be partially closed in front of Club Takemiya for underground electrical work
- Flagmen will be posted on both sides to allow two-way traffic

as of 15 APR 2025

PWD



Carney Gate Inbound Lane Closure

04 April 2025 - 27 May 2025

Night-time Inbound Traffic Closure 2000-0500

Gate Open for all traffic from 0500-2000

PARTIAL GATE CLOSURE



-  • Lanes secured
-  • Road block

- Due to construction, inbound vehicular traffic at Carney Gate will be secured from 2000 to 0500, with the exception of Sundays.
- Pedestrian traffic will not be affected.
- Please utilize Womble Gate for inbound vehicular traffic from 2000 to 0500.

NOTICES FROM TENANT COMMANDS & NFEs



CNIC



1° OF SEPARATION

A Look at Depression
← Funny and Suicide

1 Degree of Separation is a comedy show and suicide prevention effort aimed at ending the stigma of mental illness through discussion, laughter and straight talk.

Join us for laughter with a message of healing.
All shows are free.



APRIL 16, 17 & 18 • 2 P.M. • FLEET THEATER
USS GEORGE WASHINGTON PERSONNEL ONLY

APRIL 16 • 6 P.M. • FLEET THEATER
APRIL 17 & 18 • 10 A.M. & 6 P.M. • FLEET THEATER
OPEN TO ALL HANDS AGES 12 & UP



For more information!

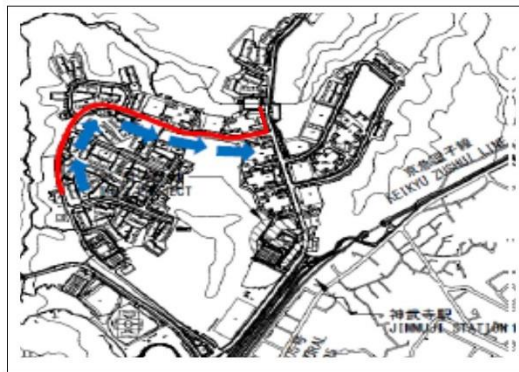


Corps of Engineers



NOTICE OF CONSTRUCTION

The Government of Japan (GoJ) Contractor will perform excavation work on SHISAGI St. shown on the sketch below **from DEC 9, 2024 to AUG 31, 2025.** Working hours will be **between 8:00 a.m. and 6:00 p.m., Monday through Friday.** Excavation site will be controlled as **one-way alternating traffic control** road during the daytime work.



***After daily working hours, road should be re-opened.**

This work needs to open new teen/CYP center.

Thank you for your cooperation and understanding.

**Government of Japan Funded Construction Project
NA1812, COMM. & ELEC. WORK FOR ADDITIONAL LINE**

**South Kanto Defense Bureau
Yokosuka Construction Office**

**TOSHIBA PLANT SYSTMES,
GoJ Contractor**



**US Army Corps of Engineers
Yokosuka Resident Office**

DODEA



Do you have a STEAM background or expertise? Does your work or hobby require STEAM knowledge?

We are looking for volunteers to host STEAM sessions on May 16th. Presenters may share their career, lead hands-on activities, or perform demonstrations!

Commands, dependents, and host nationalities are all welcome!



Science - Technology
Engineering - Art - Math

STEAM DAY IKEGO ES



<https://tinyurl.com/IKEGOSTEAM2025>

Inspire students to think creatively, collaborate, and solve problems.



Multiple Intelligence & Me MIME DAY 2025

Thursday, May 22, 2025

8:00 - 2:10 PM

The Sullivans Elementary School is seeking Volunteer Presenters to share their skills and talents with our students on MIMe Day!

Past Sessions included Woodworking, Hula Dance, Juggling, Zumba, Kids Yoga, Mindfulness and more!

Volunteers will have choice of 5 different sessions to share with our students in Kinder-5th. Each session is 35-40 minutes.

Please pick up a Form today @Sullivans Elementary Main Office, or scan code if you would like to Volunteer!

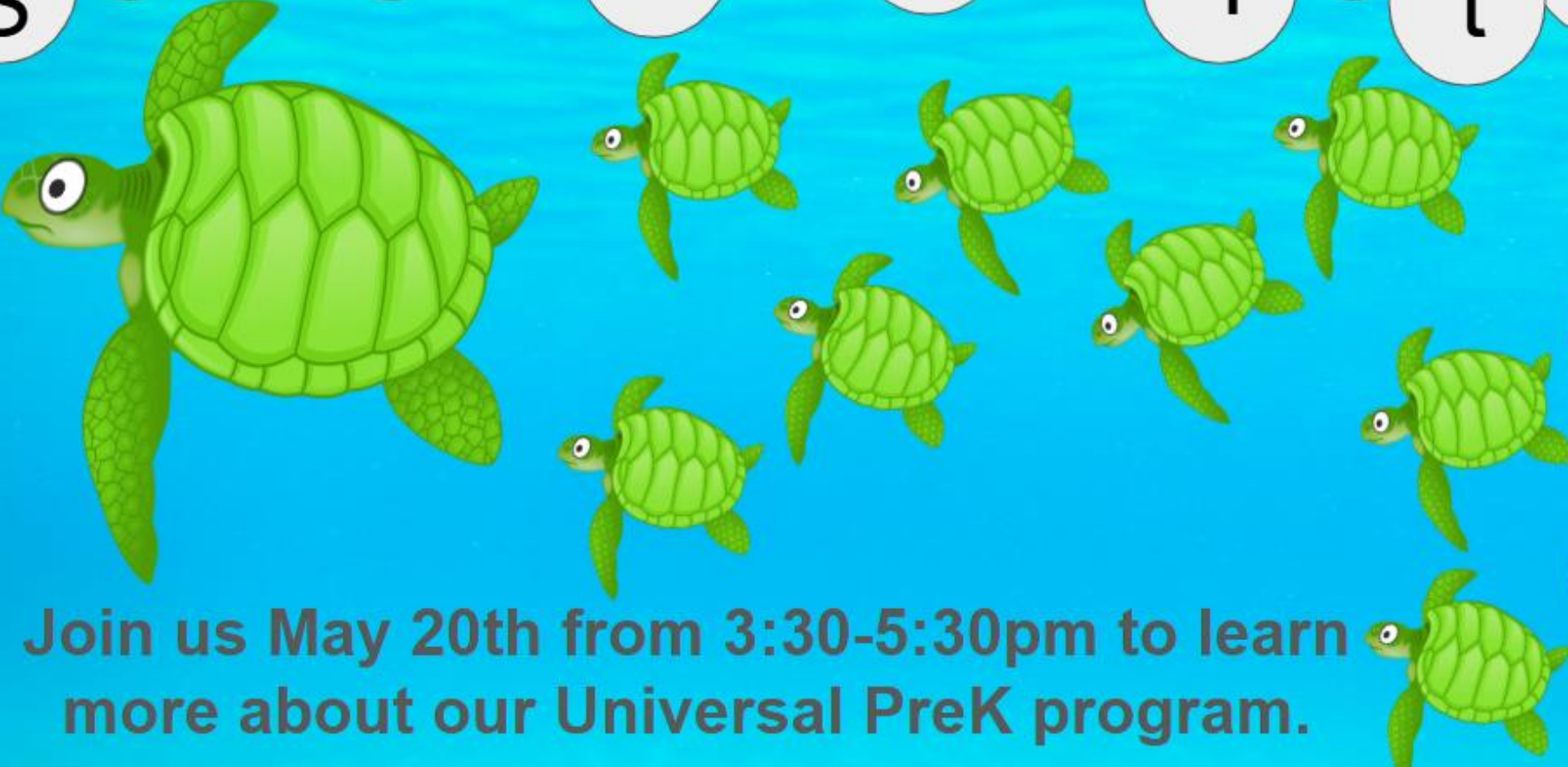
POC: Ms. Tamara Choate
(tamara.choate@dodea.edu) for details



DODEA



swimming into PreK



Join us May 20th from 3:30-5:30pm to learn more about our Universal PreK program.

This event will be held in the YPS/Sullivans Gym.

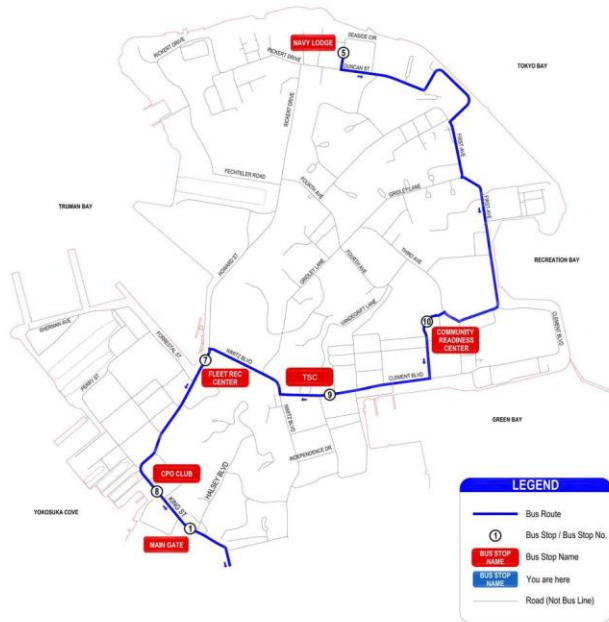
NAVFAC



IKEGO HTW

IKEGO HTW PM SHUTTLE

PM Yokosuka Pickup



Schedule

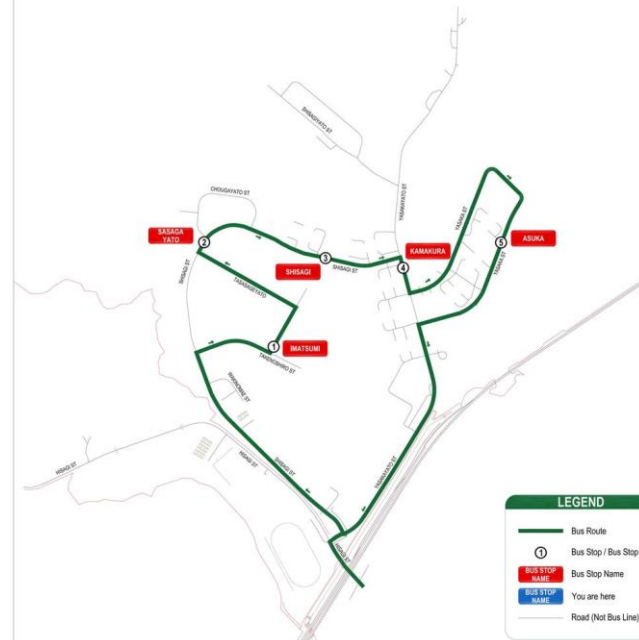
Navy Lodge	CRC	TSC	Fleet Rec	CPO Club	Main Gate
1600	1607	1610	1615	1618	1620
1800	1807	1810	1815	1818	1820

No Weekends and Holidays
* Space A Personnel May Board at CRC

IKEGO HTW

IKEGO HTW SHUTTLE

AM Ikego Pickup
PM Ikego Drop Off



AM Schedule

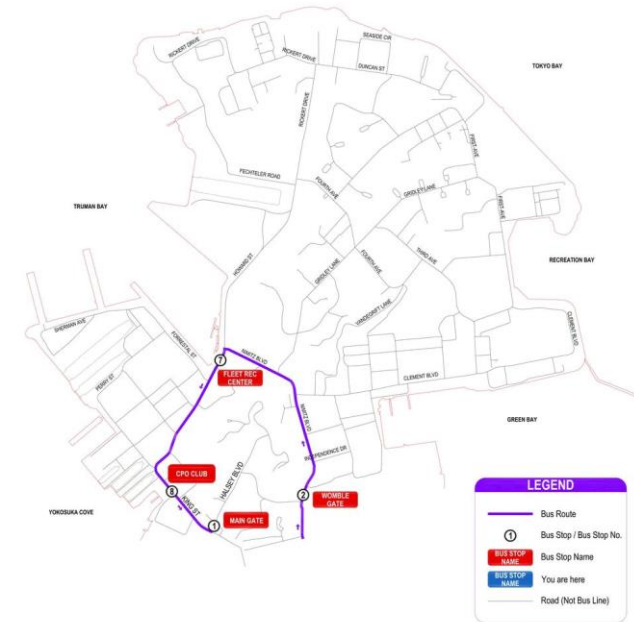
Imatsumi	Sasaga-Yato	Shisagi	Kamakura	Asuka
0520	0521	0522	0524	0527
0620	0621	0622	0624	0627

No Weekends and Holidays

IKEGO HTW

IKEGO HTW AM SHUTTLE

AM Yokosuka Drop Off



Drop Off Locations

Womble Gate, Fleet Rec Center, CPO Club and Main Gate

Integrated with Yoko-Pon Shuttle

NEX



PIZZA HUT

Alfredo Festival

Only At Your Japan NEX

Food Services @ Yokosuka/Atsugi

\$10 Chicken Alfredo Pasta Combo

Includes: 3 Bread Sticks and Med Fountain

\$3.75 or 27% Savings

Thank You For All You Do

Limited Time Offering



\$12 "Ultimate" Chicken Alfredo

PP Pizza, 5 Boneless Wings and Lg

Fountain Drink **\$6.50 or 35% Savings**

\$17.75 LG "Ultimate"

Chicken Alfredo Pizza

\$4.75 or 21% Savings



NMCRS



EDUCATION ASSISTANCE

Grants & interest-free loans for Navy-Marine Corps dependents & Active Duty students with MECEP/MECP orders so they can reach their education goals with **less financial stress**.

HOW IT WORKS

- Apply during open window
- Grants & Loans awarded once per year
- Funds sent to schools
- Split between Fall & Spring semesters

AWARDS

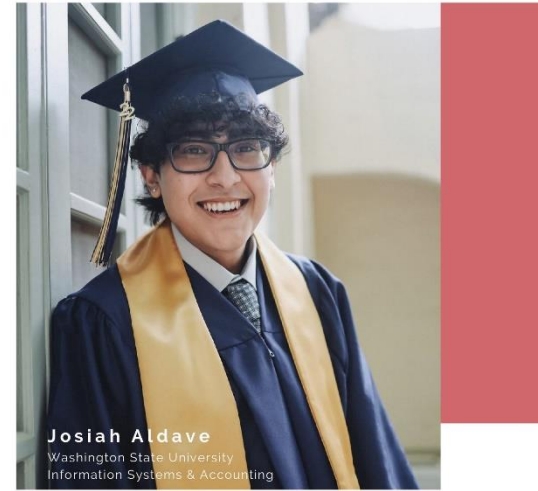
- Range between \$500-\$3,000
- Needs-based determined by FAFSA SAI and school's Cost of Attendance



This scholarship is important to my schooling because it is allowing me to continue my education without needing to take out excessive high interest loans to pay my tuition. It is also allowing me to be financially responsible, and pay my tuition bills on time.

ESMERALDA
CARRANZA

Marine Corps Spouse
University of Houston | Psychology



Josiah Aldave
Washington State University
Information Systems & Accounting

ELIGIBILITY

Spouses & children of active duty, retired or deceased Sailors & Marines may apply. Children must be DEERS eligible & under age 23 by September 30, 2025. Surviving dependents are eligible if the service member passed on active duty or once retired. Active Duty on MECEP or MECP orders are eligible for loans only.

AREAS OF STUDY

NMCRS Scholars may use funds for full or part-time programs working toward career & technical programs, associate's or bachelor's degrees. Spouses are eligible while completing first undergraduate or master's degree.

2025 TIMELINE

March 10 - May 15

Open window to create student NMCRS account, upload qualifying documents & complete application.

Late June 2025

Award announcements sent to all applicants via email and decisions also available on NMCRS account.

Early July 2025

Scholarship and loan acceptance deadline.

Late July 2025

Funds dispersed to Scholar's schools.



SCAN TO VISIT OUR WEBSITE OR
EMAIL US AT EDUCATION@NMCRS.ORG



NAVY-MARINE CORPS RELIEF SOCIETY

Education Assistance Frequently Asked Questions

Q: Are step-children eligible for this scholarship or loan?

A: Yes, step-children are eligible, if they are listed in DEERS.

Q: Are grandchildren eligible for this scholarship or loan?

A: Generally, grandchildren are not eligible. However, if a grandparent is the legal guardian of an applicant, and the child is listed in DEERS, they are eligible.

Q: I was a NMCRS Scholar last year, do I need to reapply for the 2024-2025 academic year?

A: Yes, you must reapply each year.

Q: I applied last year and was not selected, would I not be selected this year?

A: Each year has different variables: available funds from NMCRS, applicant pool, tuition changes. You are welcome to apply again to see if your need meets this year's threshold for an award.

Q: My parent/spouse is a Navy or Marine Corps veteran, but is not active-duty or retired. Can I apply for this scholarship or loan?

A: No, Education Assistance is applicable for active duty, retired, or qualifying deceased Marine Corps or Navy dependents only. Disability status does not change this requirement.

Q: What determines a qualifying deceased parent?

A: The child of a sponsor who passed away while on active-duty or after retirement is eligible to apply. The applicant will submit a copy of DD1300 Report of Casualty & a copy of Death Certificate in their application.

Q: My parent/spouse is a disabled Veteran, but did not retire. Can I apply for this scholarship or loan?

A: No, Education Assistance is applicable for active duty, retired, or qualifying deceased Marine Corps or Navy dependents only, regardless of disability rating.

Q: I am an active-duty Sailor or Marine attending college in my free time. Can I apply for a scholarship or loan?

A: At this time, active-duty service members are eligible for interest-free loans only if they have been accepted to the MECEP or MECP programs.

Q: If I accept a loan, when does repayment begin?

A: Repayment for NMCRS Education Loans do NOT have deferred payment after graduation. NMCRS loans repayment will begin September 2024. The loan will be tied to the sponsoring service member's pay.

Q: What if I change the college I plan to attend from what I indicated on my application?

A: If you are selected for a NMCRS scholarship and you decide to attend a college that is different from your application, reach out to education@nmcrs.org. Please note, your application will be reviewed and the award amount may change.

Q: What if I transfer colleges between semesters?

A: If you transfer colleges between the fall and spring semester, please contact education@nmcrs.org so we can contact the school for a refund and reissue checks to your new school.

Q: I am no longer planning to school this year. Will you hold the funds for me to use next year?

A: We understand plans change. We will put your funds back into the pool to give to the next available applicant. We cannot hold the funds to next year, but encourage you apply again next cycle.

Q: I applied for the full academic year, but I decided to take the fall semester off. Can I defer my scholarship for the spring semester?

A: If you transfer colleges between the fall and spring semester, please contact education@nmcrs.org so we can communicate with the school for a plan to hold or reissue funds. Depending the circumstances, you may only be eligible for a portion of the award.

Q: My spouse/parent is currently active duty, but will be separating (not retiring) from the military this year. Am I still eligible for the award?

A: If your spouse separates from the military within the year, you may not be eligible depending on the separation date. Exact date for cutoff TBD. Please check with education@nmcrs.org for this year's date.

Q: What if I am dual military? Even if I am not a MECEP/MECP student, can I apply as a Navy/Marine Corps spouse?

A: Yes! Your spouse status qualifies you for eligibility and is not negated by your active duty status.

Q: How are the scholarships and amounts chosen?

A: We are needs-based scholarship program. We will compare your Estimated Family Contribution (EFC) with your tuition and out of pocket costs in a rubric to determine awards. Merit-based determining factors, like GPA, will not be factored as long as the minimum requirement is met.

RESERVES



NAVY RESERVE IS OFFERING MOST RATES

\$20,000

PRIOR ENLISTED AND OFFICERS FROM ANY BRANCH CAN JOIN TO COMPLETE YOUR SERVICE AND RECEIVE ACCRUED PENSION. (Restrictions apply)

KNOW SOMEONE **SEARCHING**
FOR THE NEXT **OPPORTUNITY?**

DID YOU LEAVE RETIREMENT **DOLLAR** ON THE TABLE?

If you can complete a **TOTAL** of 20 years of credited service including your prior service time by age 60, then you may be eligible for a bonus.

Additionally, most prior service Officers from any US military branch are eligible for affiliation and certain bonuses.

INTERESTED IN KNOWING MORE? EMAIL POCs below:

CWO4 Mike Seals 7838 INTEL

Prior Service Navy Recruiter and
Benefits advisor at U.S. Navy Reserve

Michael.d.seals.mil@us.navy.mil

NRRC Yokosuka, Japan FLTREC RM 339

Cell: 81 070 2470 3343 JP

WhatsApp / LINE / SIGNAL 7703650199

LinkedIn <https://www.linkedin.com/in/cwo4mike-seals>



NC1 (SW/AW/EXW) Fernando Martinez

Prior Service Navy Recruiter and
Benefits Advisor at U.S. Navy Reserve

NRRC Yokosuka, Japan FLTREC RM 339

Fernando.m.martinez6.mil@us.navy.mil

Cell: 81 070 2470 3362 JP



RLSO



SAVE THE DATE!

TOKYO U.S. EMBASSY IS COMING TO CFAY

Thursday, 22 May 2025



- What Services:**
1. Consular Reports of Birth Abroad (CRBA) Application
 2. Tourist Passport Applications for:
 - a. First-time adult and minor
 - b. Adult and minor renewal
 3. I-130 Visa Petitions

Where: Admiralty Room, 2nd Floor of Officer's Club
Commander Fleet Activities Yokosuka (CFAY).

How: By appointment after completing an application screening at
RLSO WESTPAC Yokosuka Legal Assistance Office
2nd Floor of Building 1555, CFAY.

****** Lookout for more info on checklists for each service and when screening will be available ******

RLSO



U.S. Embassy Tokyo Outreach

Thursday, 22 May 2025

Admiralty Room, 2nd Floor of Officer's Club
Commander Fleet Activities Yokosuka (CFAY)



For inquiries, please email: Yokosukalegalassistance@us.navy.mil, or call DSN: 315-243-8901

Accepting: CRBA // First-Time Passport and Minor Passport Renewal // I-130 Petitions

Please refer to the CRBA, first-time tourist passport, minor tourist passport renewal, and I-130 checklists using the QR codes below to ensure you meet the requirements and are able to submit complete applications for CRBAs, passports, and/or I-130s.

***Note:** At this time, the U.S. Embassy is not accepting adult passport renewals during this event. You are encouraged to renew by mail with an online payment if you meet all criteria to renew by mail. For more details please scan the QR code below.

For **I-130 Petitions**, eligible petitioners are **U.S. citizen, Active Duty Service Members assigned to a unit in Japan**. Petitions must be for a spouse, child(ren), or parent(s) who is currently in Japan and able to remain in country for the time it normally takes to process the visa.

For I-130 Petition screening, you must first attend the virtual I-130 info seminar. Email yokosukalegalassistance@us.navy.mil to sign up for the seminar link.

Individuals must have their applications screened by the RLSO WESTPAC Yokosuka Legal Assistance by Thursday, 15 May 2025 to obtain an appointment.

After your application is screened, the Legal Assistance team will schedule you for a time slot for the U.S. Embassy Outreach.

Starting Tue, 1 April, walk-in hours to screen CRBA and Passport applications are Monday – Thursday: 1230-1530 at the Yokosuka Legal Assistance office located on the 2nd deck of Bldg. 1555.



Adult passport
renew by mail



CRBA
checklist



1st Time adult passport
checklist



I-130 Visa
petition
checklist



Minor passport
checklist

RLSO



REDUCED **SERVICE NOTICE**

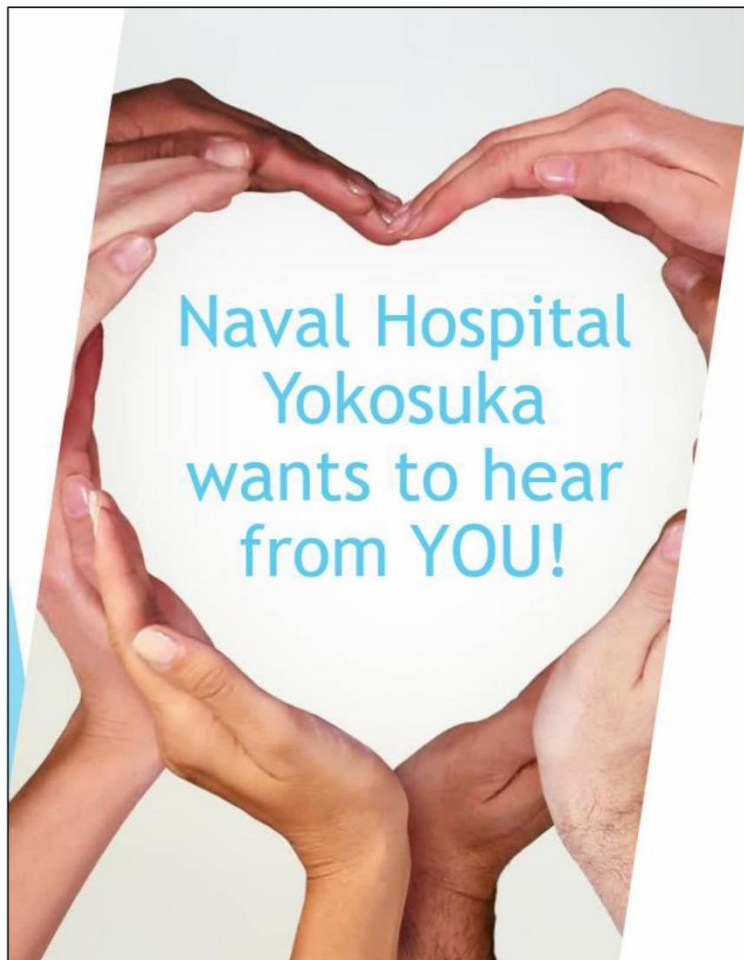


Due to infrastructure improvement projects at the U.S. Embassy Tokyo, the following Embassy services will be *unavailable* during the listed dates:

- 25 April – 6 May 2025: No routine passport, Consular Report of Birth Abroad (CRBA), and notary services.
- 2 – 13 May 2025: No routine immigration petition and visa processing.

For more info, please visit their [Facebook](#) at “[American Citizen Services, U.S. Embassy Tokyo](#)” or website: <https://jp.usembassy.gov/services/>

USNH



USNH Yokosuka Patient Family Partnership Council

Want to effect change and be a part of the healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY.

Please join us at our upcoming meetings!

January 9th 1600-1700
Community Resource Center, 4th floor, AOB auditorium

February 4th 1145-1245
Naval Hospital Yokosuka, 3rd floor, Command Auditorium

March 5th 1600-1700
Community Resource Center, 4th floor, Haru Room

To learn more, please email dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil visit <https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council> and follow USNH Yokosuka on Facebook:



Naval Hospital Yokosuka
www.facebook.com/usnhyokosuka



Naval Leadership & Ethics Command San Diego Officer Leader Development (OLD) Courses

An in-person training team is coming to Naval Base Yokosuka, 18-22 Aug and 22-26 Sep 2025. Take advantage of this great opportunity. Contact NMRTC Yokosuka Education and Training Department at usn.yokosuka.usnmrtc-yokosuka.list.nh-yokosuka-seat@health.mil, NLT 3 Jun 2025 to sign up for either course.

Intermediate Leadership
Course (ILC)
22-26 Sep 2025
(10 seats available)

Course Information:
Rank – CWO2/3, O3/O4; 7-12
years of commissioned service
time

Senior Leadership
Course (SLC)
18-22 Aug 2025
(10 seats available)

Course Information:
Rank – E9 (not CMC), CWO4,
O5/O6 (not previously in, or
enrolled in CO/XO course)

More information about OLD courses can be found in NAVADMIN 254-21 and MILPERSMAN 1301-906



USO



APRIL 2025 CALENDAR OF EVENTS

USO Yokosuka
DSN: 241-3030 | 046-896-3030
@USOYokosuka



Friday

04

MONTH OF THE MILITARY CHILD BINGO

1500-1700
AYAME TOWER

Lets kick off the month of the military child with a bang! Come to our Bingo party and celebrate our military children with 5 rounds of Bingo! Ages 5-12, Children must be accompanied by a parent, and space is limited.

Friday

04

MONTH OF THE MILITARY CHILD BINGO: TEEN

1730-1930
AYAME TOWER

Round two celebrating Month of the Military Child is for the teens! If you are between the ages of 13-17 join us for a special bingo have fun with your fellow teens. Children under 18 must be accompanied by a parent, and space is limited.

Wednesday

09

MIDWEEK MADNESS

1700-1900
USO YOKOSUKA CENTER

Hey there, party people! It's time to spice up your week with some. Midweek Madness at USO Yokosuka! Get ready for some serious fun with misc. trivia, pizza, and good vibes. Let's shake things up and add a little madness to your routine. See you there!

Wednesday

16

COFFEE CONNECTIONS

0900-1100
USO YOKOSUKA CENTER

Be apart of this months Coffee Connections as we upcycle old board games, décor and even magazines into unique stationary, home decor, and jewelry while enjoying great coffee and conversation. Let's craft, connect, and give new life to forgotten pieces! Registration Required, 18+

Wednesday

23

TOT-TIME IKEGO

1000-1100
IKEGO HOUSING, NIKKO TOWER

Join us this month for a Tot time Mothers Day Craft! Each tot will make a cute craft to share with mom for Mothers Day! Refreshments will be served, registration required.

Friday

25

BOOM BOX BISTRO

1100
USO YOKOSUKA CENTER

Hungry? Join the USO for a delicious, home-cooked meal served fresh every month, all while enjoying great tunes and good company! Come early—meals are available while supplies last!

check out our
linktree

Find all the links for upcoming
event registration and all our
Social Media Links



VTF



PCS Guide – Leaving Japan with pets

Where are you going? :

U.S. Non-continental U.S. Other country

- Ensure pet's rabies vaccinations are up to date. Original copies of the certificates are required and need to be in English with the pet's microchip number.
- Complete U.S. import permit found on the CDC.GOV website or scan the QR code below. This step is for dogs only, cats do not have this extra step.



- Submit export notification to Animal Quarantine Services (AQS) to the airport you will be flying out of. Follow the QR code below. This is only for commercial flights, if flying AMC you will not need to do this step.



- Schedule Health Certificate appointment within 10 days of the flight.

GUAM (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Guam Dept. of Agriculture website).
- Guam affidavit (Our clinic can provide this document prior to the health certificate appointment if needed).
- If flying straight from Japan, FAVN is not required.
- Vaccines required for dogs: Rabies, DAPV, Leptospirosis, and Bordetella.
- Vaccines required for cats: Rabies and FVRCP.
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

HAWAII (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Hawaii Dept. of Agriculture website).
- FAVN with results of ≥ 0.5 (must be done 30 days before entering Hawaii).
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

- Find specific requirements for the country using the USDA website, scan QR code.



- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

