

## 

## CFAY FAMILY \* ALLMIL

#### **Japanese National Holiday**



成人の日 - January 13, 2025 "Seijin-no-Hi" or "Coming of Age Day"

"Seijin-no-Hi" is the 2nd Monday in January, falling on Jan. 13 this year.

It is a day to honor young people who have come of age as new members of adult society.



On this day, the women wear long-sleeved kimonos and men wear suits or hakama (men's traditional kimono) to attend ceremonies in public halls.

Note: The Japanese Civil Code lowered the age of adulthood from 20 to 18 on April 1, 2022, and granted 18-year-olds the right to vote. However they are still not allowed to smoke or drink until they turn 20. Most prefectures hold a ceremony for





## NOTICE



## Health Care Finder Services for Eligible DOD Civilians



#### Health Care Navigation Support - Contacting the 24/7 Call Center

Phone within Japan

Calling within Japan: 03 3560 8185

Active as of Jan. 1, 2025, 9 a.m. Japan Standard Time Calling from outside Japan (international): +81 3 3560 8185

Note: these are not toll-free numbers. Request a call back for routine, non-urgent requests by sending an email to avoid additional charges.

Toll-free

Coming soon! Will go live Jan. 7, 2025

Email

DODHealthcareSupport@internationalsos.com

Note: Avoid including private health information on email. Provide name, email address, FEHB insurance carrier, briefly state what support you are seeking, and best phone number that you can be reached at for a call back.

Medical Emergencies within Japan

Commercial: 119

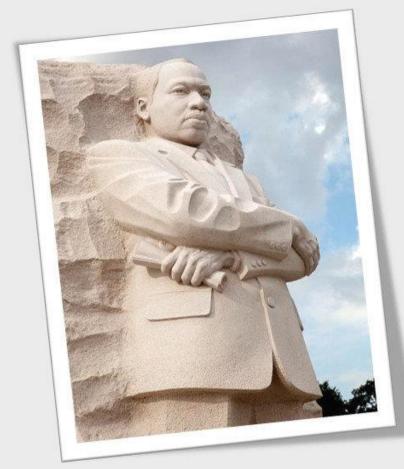
On DOD installations: 911





#### Commodore Matthew C. Perry General Mess

### OPEN GALLEY EVENT



Butter Basted Ribeye Steak Crispy Southern Fried Catfish Cajun-style Crab Legs Roasted Chicken w/ Rosemary

Rice Pilaf Creamy Mashed Potatoes Savory Corn-on-the-Cob Steamed Broccoli Shrimp Gumbo Cheddar Cheese Biscuits Pies Cakes

Tuesday, January 14 11 a.m. - 12:45 p.m. \$7.10 / each



#### **Consolidated Battery Recycling**

NA FAC

PILOT PROGRAM AT NEX Bldg H-20

Sort batteries in designated container marked by:

BRAND (e.g. Duracell) &

TYPE (e.g. Alkaline)

For more information contact CFAY Qualified Recycling Program DSN: 243-3817/5806 (046-816-xxxx)





CFAY

THE FAMILY \* ALLIMET

SUPPORT OUR ENVIRONMENT AND OUR SOFA RESPONSIBILITIES!
RECYCLING PROFITS ARE RE-INVESTED INTO CFAY IMPROVEMENT PROJECTS.

CFAY Waste Disposal Guide

Reduce, Reuse, Recycle

**Least Preferred** 

Household Hazardous Product Reuse Program (Public Works Dept) Qualified Recycling Program (Public Works Dept)

Car Care Center (NEX)

Auto Skills Center (MWR)

Solid Waste Disposal (Public Works Dept)

## Accepted Materials

 Wood stains, paint, finishes

- · Pesticides
- Odor remover spray
- · Oven cleaner
- · Multi-purpose cleaner
- · Hand sanitizer
- · Isopropyl alcohol
- · Bleach
- · Oil lubricants
- · Degreaser

 Metal (furniture, valves, sheet metal)

- · Appliances
- · Paper, wood & textiles
- Used oil (fuel, lube, hydraulic)
- · Used cooking oil
- Household electronics (TV, computer, cell)
- Batteries
- · Lead-acid
- · Lithium-ion
- Nickel-metal hydride

Flares

- · Propane tanks
- · Car batteries
- · Coolant
- · Kerosene
- · Diesel
- · Engine oil

Tires

- · Engine oil
- · Brake fluid
- · Transmission fluid
- Coolant
- · Car batteries

#### Non-Combustibles

- · Cans & bottles
- · Metal (tin foil)
- · Glass
- Rubber
- Hard plastic (food containers)

#### Combustibles

- · Paper & wood
- · Food
- · Textile & leather
- Thin plastic (bags, wrappers)

## rogram Guidelines

Contact

· U.S. products only

- Must be in original containers
- Containers must have readable labels and be at least half-full
- All items are free acceptance
- \*\* Users may pick-up products for use at home, for free

· Appliances freon-free

- Paper Products: No wax paper, tissue, pizza boxes or other soiled products
- Textile no down jacket pillows, shoes, bags
- Wood: No soiled, dryrotted, painted or finished items
- Cooking Oil: Large food pieces must be strained out
- All free acceptance

 Some items are free acceptance and some are charged  Fuel and lead-acid batteries are not accepted.  Place bulk trash by the dumpster/containers and call 243-6558 for pick-up

#### High-Rise Towers

 Separate combustibles and non-combustibles into correct dumpster

#### Townhouses

- Place non-combustibles into blue container
- Place combustibles into gray container



Lot behind GOV Gas Station M/W/F: 0900-1100 T/Th: 1300-1500 Cell: 070-7411-1294

Bldg. 4856 M-F: 0800-1530 DSN: 243-3817/5806 Bldg. 1314 M – F: 0730-1700 Sa: 0730-1600 DSN: 243-4778 / 5826 Bldg. 1288 M/Th/F: 1100-1900 Sa/Su: 0900-1700 DSN: 243-5456

DSN: 243-6558





#### **CFAY/IKEGO GATE HOURS**



#### **IKEGO**

Inbound/Outbound
Daily
24 hours

#### <u>Jimmuji</u>

Inbound/Outbound Monday-Friday 0500-0100

Inbound/Outbound
Weekends and
Holidays
0500-0030

#### WOMBLE GATE

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian Daily 0500-2200

Inbound Vehicle Daily 0500-1800

Inbound High Traffic Pattern Monday-Friday 0500-0830

Outbound High Traffic Pattern Monday-Friday 1530-1900

#### <u>VERNY</u> PEDESTRIAN

Outbound Daily 24 hours

Inbound Monday-Friday 0600-2000

Inbound Saturday 0700-0800

Inbound Sunday and Holidays CLOSED

#### **CARNEY GATE**

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian
Daily
24 hours

Inbound Vehicle
Daily
24 hours

Inbound High Traffic Period Monday-Friday 0500-0830

### CARNEY BOARDWALK PEDESTRIAN GATE

Inbound/Outbound Daily 0600-2100



# BEYOND THE GATE





### Shonan Jewel 2024

Now -February 28

Enoshima Sea Candle

## CFAY THE FAMILY + ALLMIN



## Yokosuka Fire Parade 2025

January 12 9:30 a.m. – 12 p.m.

Blue Street

## CFAY CFAY

## Zushi City Ekiden Race Course Map Relay station behind Higashi-zushi St Relay station infront of 7ushi Fire Denartmen Goal beside Kotsubo Kaihin Park

### 72<sup>nd</sup> Zushi Ekiden Race

January 12 Various Locations

Taiko performances at Joint Use Field from 8:30 a.m. to 9:30 a.m.

## GATE BEYOND THE





**★**Location: Mikasa Park SL Square

(Rain location: Memorial Ship Mikasa Auditorium)

**★**Date : Jan12(SUN), 2025

**★**Time :14:00~ Taiko performance

14:35~ Hands on experience

15:00~ Taiko performance

(Start at 13:30 on rainy day)



★Inquireies: Mikasa park management Office ☎:046-824-6291

### New Year Taiko Performances

January 12 2 p.m.

Mikasa Park (rain location in park auditorium)



#### Attention all drivers on express way





#### ETC-only toll gate Drive Slowly

Vehicles not equipped with an ETC onboard device will not be allowed to pass. If you accidentally enter the ETC gate, please do not make a U-turn. Proceed to the "Support" or "ETC/Support" lanes, press the button on the intercom, and follow the staff's instructions.



### FFSC Virtual Clinical Counseling CONNECT to GET CARE

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

#### Virtual clinical counseling helps with:

- Separation
- Relationship issues

Grief

- Parent-child interactions
- Deployment
- Other challenges related to military
- Relocation
- and family life

To schedule an appointment, call 1-855-205-6749. If calling outside of regular business hours, leave a message. Your call will be returned within one business day. You can also scan the QR code to link to a brief form to get started.



www.ffsp.navy.mil





## CYP





#### January 2025



30-Dec  POWER HOUR H30-1530 DnD 1530-CLOSED MARKETING CLUB H30-1530  31-Dec  POWER HOUR H30-1430 KENSTONE H30-1430  **ENSTONE H30-1430  **Incomplete to the complete to the co	6  POWER HOUR 1430-1530  DaD 1530-CLOSED  MARKETING CLUB 1430-1530  7  POWER HOUR 1330-1430  KICKBALL CLUB 1430-1530  COOKING CLUB 130-1700  8  POWER HOUR 1430-1530  KARAOKE 1530-1730  SONG TRIVIA 1530-1630  HOTWHEELS CLUB 1530-1700	13  POWER HOUR 1430-1530  Dad 1530-CLOSED BARTS 1530-1630  MARKETING CLUB 1430-1530  14  POWER HOUR 1330-1430  KICKBALL CLUB 1430-1530  COLOR CHANING SLIME GARDENING CLUB 1530-1700  15  POWER HOUR 1330-1530  KARAOKE 1530-1730  MODELING 1530-1630  HOTWHEELS CLUB 1530-1700  16  POWER HOUR	CLOSED HOLIDAY  21  KICKBALL CLUB 1430-1530  GARDENING CLUB 1530-1700  DARTS 1700-1800  22  POWER HOUR 1430-1530  Karaoke 1530-1730  SONG TRIVIA 1530-180  HOTWHEELS CLUB 1530-1790  23  POWER HOUR 1430-1530	POWER HOUR 1430-1530 DBD 150-CLOSED MARKETING CLUB 1430-1530 28 KICKBALL CLUB 1430-1530 GARDENING CLUB 1530-1700 3D MODELING 1430-1530 Karaoke 1430-1530 Karaoke 1530-130 HOTWHEELS CLUB 1530-1700
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		1430-1530		1430-1530
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3	10	17	24	31
WINTER BREAK ROUND 1 FIELD TRIP	POWER HOUR 1430-1530	POWER HOUR 1430-1530	POWER HOUR 1430-1530	POWER HOUR 1430-1530
D&D CLUB 1600-CLOSE TOWN HALL	D&D CLUB 1430-CLOSE 3D MODELING	1430-CLOSE	D&D CLUB 1430-CLOSE SMASHBROS TOURNAMENT	D&D CLUB 1430-CLOSE TINKERING CLUB
1500-1600 TINKERING CLUB	TINKERING CLUB	1530-1700 DARTS	TINKERING CLUB	1530-1630
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OPEN REC	OPEN REC	1000-1200	OPEN REC	
1000-1200 &	1000-1200 &	& 1300-1900	&	
1300-1900	1300-1900			
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	Teen, Ages 13-18			
2	WINTER BREAK IOUND I FIELD TRIP D&D CLUB 1600-CLOSE TOWN HALL 1500-1600 TINNERING CLUB 1530-1700 4  OPEN REC 1000-1200 & 1300-1900 KARAOKE	1530-1630     1530-1630	1530-1630	1530-1630



#### FFSC WEEKLY





More details on CFAY FFSC YOKOSUKA FB page

**TAP Core Curriculum** 

Jan 13-15 at 0800 (Retiree)

**SAPR VA Admin Training** 

Jan 13 at 0900

**Everyday Japanese** 

Jan 13 at 1000

Space A/EML Flights Brief

Jan 13 at 1100 (Virtual)

AOB/ICR

Jan 14-16 at 0800

**DOL Resume Essentials** 

Jan 14 at 0800

7 Lucky Gods

Jan 14 at 0800

**SAPR VA Resident Advisor** 

Jan 14 at 0900

**Ikego Japanese Language Series** 

Jan 14 at 1200

**DOL Marketing Me** 

Jan 14 at 1330

Youth ICR (MS/HS)

Jan 14 at 1430

**Debt Destroyer** 

Jan 15 at 0900

4th Trimester

Jan 15 at 1030

Japanese Spouse Group

Jan 15 at 1030 (Hybrid)

**Employment Overview** 

Jan 15 at 1300 (Virtual)

**First Duty Station** 

Jan 15 at 1300

**My Employment Track** 

Jan 16-17 at 0800

**Sponsorship On-Demand** 

Jan 16 at 0800 (Virtual)

**Resiliency Bootcamp** 

Jan 16 at 1130

**Sponsorship Training** 

Jan 16 at 1300

**EFMP Command POC** 

Jan 17 at 1000 (Virtual)

See something you like? Sign up via email: ffscinfo@us.navy.mil





### PCS-ING TO YOKOSUKA?

Ask the Experts!

CFAY representatives will be available to answer your questions!

#### MORE INFORMATION

- 243-3372/046-816-3372
- FFSCinfo@us.navy.mil
- facebook.com/ffscyokosukajapan



EVERY 1ST & 3RD THURSDAY

0800-0900 JST



JOIN HERE!

MICROSOFT TEAMS MEETING GO TO: https://tinyurl.com/2297PM75

OR CALL IN (AUDIO ONLY) +1 410-874-6751 ID: 814 971 239 #



### Youth ICR

INTERACTIVE ORIENTATION FOR STUDENTS

#### **CLASS SCHEDULE:**

Elementary school (1st-5th): Every 1st Tuesday of the month, 2:30 - 4:00 pm Middle / High school (6th-12th): Every 2nd Tuesday of the month, 2:30 - 4:00 pm To sign up, stop by the FFSC or call 243-3372







### 7 Lucky Gods

#### Kamakura Jan 14 at 0800

Meet at JR Yokosuka station

Tsurugaoka

T Hongaku-j



Tsurugaoka Shrine

Join us as we embrace Japan's New Year cultural tradition by embarking on the 7 Lucky Gods Tour.

#### Tsurugaoka Shrine

Benten: War, protection and martial arts

#### Hokai-ji Shrine

Bishamon: Warriors, protection and good fortune

#### Myouryuji Temple

Jyuroujin: Longevity, Wisdom, and good fortune

#### Hongaku-ji

Ebisu: Commerce, Fishery and Sea

#### Registration Required

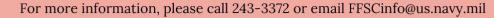
For more information, please call 243-3372 or email FFSCinfo@us.navy.mil.



#### January 24th 1000-1400 Meet at Ikego-FFSC Office

- Intro to local transportation
- Explore Morito-Damyojin Shrine
- Discover Zushi area shops & groceries
- Shop Kamegaoka Shrine flea market









FFSCINFO@US.NAVY.MIL 243-3372 / 046-816-3372

1 HOUR CLASS INTRODUCING ITEMS SOLD AT JAPANESE SUPERMARKETS FOLLOWED BY GROCERY SHOPPING TOUR AT COASKA MALL







#### WITH SENSEI KOI:

2ND & 4TH WEDNESDAY OF THE MONTH (FLEET REC. CENTER) TIME: 1630 - 1715



I am born and raised in Yokosuka. I have been teaching English to the Japanese people and English to the foreign people in Yokosuka.

I am excited to teach Japanese as a volunteer and I want everyone to make Japanese friends.

Please register by email: FFSCinfo@us.navy.mil or call 243-3372.







\*\*All classes are held in-person\*\*

#### **Everyday Japanese**

CRC Bldg 4/F: Every 2nd & 4th Mondays, 1000 - 1130

A basic Japanese language class for beginners, which caters to proper pronunciation and common phrases to help communicate with local nationals.

#### **Active Japanese Language**

CRC Bldg 4/F: Every 2nd & 4th Wednesdays, 1500 - 1700

Japanese language for beginners from grammar to easy Japanese conversation. The Sensei welcomes topic requests from her students when asked.

#### Daisuki

CRC Bldg 4/F: Every 2nd Tuesday, 1000 - 1130

This class talks about Japanese history (like pilgrimage during Edo Era) geography (Mt. Fuji, Japanese places) culture, tradition (snacks, festivals), everyday Japanese life, and origami making.

#### Make Tomodachi

Fleet Rec. Bldg. 3/F:

Every 1st & 3rd Wednesdays (Intermediate), 1630-1715 Every 2nd & 4th Wednesdays (Beginner), 1630-1715

Immersion-style Japanese class. Sensei will teach language and social skills to connect instantly with Japanese people outside the gate. There is an optional off base meet up with locals (usually at Coaska's Starbucks) to apply what is learned in the classroom.

#### **Ikego Japanese Language Series**

Ikego: Tuesdays at 1200-1300 for ten - twelve weeks

This is a ten to twelve week course held once per quarter. Get to know Japan by learning how to speak, read, and write in Japanese.

> To Register: email FFSCinfo@us.navy.mil or call DSN 243-3372











A REVIEW OF EMPLOYMENT
OPPORTUNITIES AVAILABLE ON AND
AROUND YOKOSUKA NAVAL BASE FOR
THE DOD COMMUNITY.

The
Fleet & Family Support

Center

Jan. 15th 1300 Virtual

REGISTRATION REQUIRED: FFSCINFO@US.NAVY.MIL

DSN 243-3372





#### **MARKETING ME:** A JOB SEARCH APPROACH

This 2-hour workshop is focused on using marketing techniques for your job search. We'll explore networking opportunities and use multiple resources to develop an action plan for your job hunt.



Tuesday January 14, 2025



Time 1330 - 1530



Fleet Rec. Center 3rd Fl. room 363

#### **REGISTER NOW:**

Email FFSCinfo@us.navy.mil or call DSN 243-3372 to register.







#### RESUME **ESSENTIALS**

This is a 4.5 hour workshop designed to create your most effective resume for the career you want. Trained facilitators will provide guidance and teach you to evaluate your resume and understand job application techniques.



Tuesday January 14, 2025



Time 08.00 AM - 12.30 PM



Fleet Rec. Center 3rd Fl room 363

#### **REGISTER NOW**

Email FFSCinfo@us.navy.mil or call DSN 243-3372 to register.









This class can help you make sound financial decisions at your first duty station and beyond.

Whether you complete a 20-year career or separate after a few years, it is important to take advantage of the financial benefits and education offered to you as a member of the U.S. Navy.

Wednesday, Jan 15th 1300-1500 CRC Bldg. 4th Floor HARU Room



SCAN HERE TO REGISTE



For more information or to register: call DSN: 243-3372 /046-816-3372 or e-mail: FFSCinfo@us.navy.mil

Taught by an Accredited Financial Counselor



JAN 15TH 0900 HARU

For more information or to register: email: FFSCInfo@us.navy.mil or call DSN: 243-3372

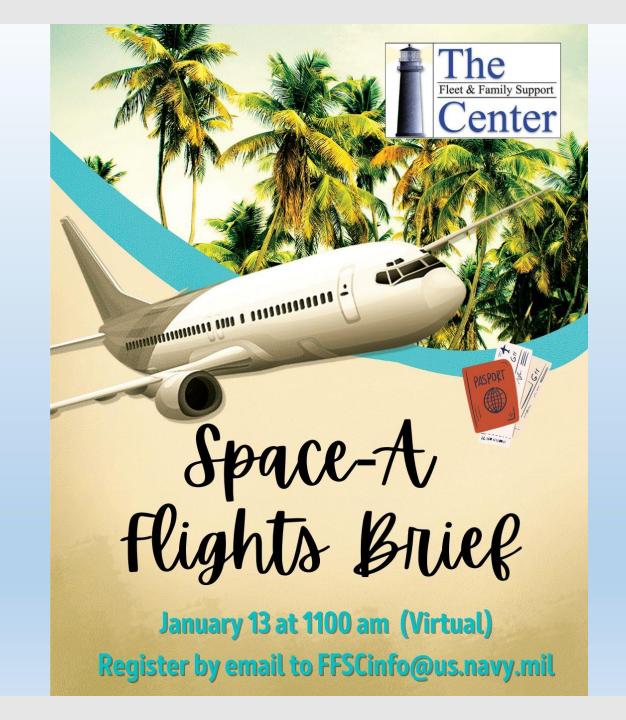






You will learn proven techniques to overcome your high interest rate consumer debt, make the most of the money you have coming in and get on track to a more secure financial future.













### EMERGENCY AND DISASTER PREPAREDNESS

A PRACTICAL INFORMATIONAL GUIDE ON EMERGENCY PREPAREDNESS



JAN 27, 2025



1130



AOB AUDITORIUM CRC BLDG. 4TH FL

Register by email to FFSCinfo@us.navy.mil or call 243-3372

REGISTRATION REQUIRED





JANUARY 27, 2025 1000-1100 Bldg. 3365, 4th FL AOB AUDITORIUM

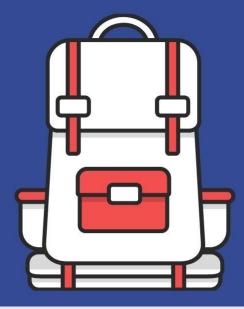


Please call 243–3372 or email FFSCinfo@us.navy.mil to sign up!





To prepare for the possibility of an evacuation, join our workshop to discuss the MANDATORY USFJ Emergency Evacuation Program (EEP) checklist and packet and what to do with it.







#### What You Will Learn

- Basics of military life in Yokosuka.
- Integration into the military community.
- Access to resources and support services.



To register contact us at **FFSCinfo@us.navy.mil** / **243-3372.** 









EMDR
(Eye Movement Desensitization Processing)
G-TEP
(Group Episode Protocol)

Groups will be held on the first and third Tuesdays of the month from 1400 - 1600 in the CRC Bldg.

We will apply the same principles of EMDR in a group format.

With NO sharing of any trauma during the group.

In fact, no speaking necessary for this group.

- ✓ Reduce triggers from traumatic events into more manageable levels
- ✓ Increase resiliency
- Learn new stress management skills

GTEP is appropriate for both recent and long-term traumatic events for those 18 and older.

For more information or to register, please call 243-7878 or email FFSCinfo@us.navy.mil

#### New Construction of NSST Shiphandling Trainer Parking lot Closures



#### **Closure Period**

Sep 2024 - 2027



#### **Parking Lot Closures**



#### Parking lot closures:

- Project site by Bldg 1997
- 2. Half of 12 Hour parking lot
- New 42 spaces at 12 Hour Annex Lot
- New 10 spaces at DLA DAPS



**PWD** 

#### Parking Lot Closures – Truman Bay



#### **Closure Period**

November 2024 – 2027



#### LOT CLOSURE



- Long-term contract laydown areas to support major construction projects
- Maximize use of public transit, bike/walk, carpooling, and telework.





### Road Closures – Main Base Community Area



#### **Closure Period**

2023 - 2025



#### **FULL ROAD CLOSURE**





PWD PWD

#### Yokosuka Base – Partial Road Closure



#### Closure Period

11 Oct 2024 – 31 Mar 2025



#### PARTIAL CLOSURE



- Re-stripe roadways to improve visibility
- Maintain two-way traffic via flagmen and local signage
- NEX Bldg H-20 parking lot to be restriped (Jan 27-31 2025)
- Gravel Lot across from berth 9
   BLUE RIDGE to be repaired (Feb 02-21 2025)

PWD PWD



as of 11 OCT 2024

# ECURIT

## CFAY ALLING - ALLING

#### Ikego Road Closure

#### Road Closure Period (1000-1200)

16 January 2025



#### ROAD CLOSURE

Shisagi Street

Road Secured 1000 to 1100

Yasakayato Street

Road Secured 1100 to 1200

- From 1000-1200 Maintenance will be conducted on Shisagi St and Yasakayato St.
- Both streets will not be closed at the same time.
- After maintenance is completed on Shisagi St, Maintenance personnel will then switch to Yasakayato St.
- Road closure timelines are subject to change.
   If you attempt to go off base and one way is secured, the other street will be open.
- Pedestrian traffic will not be affected.

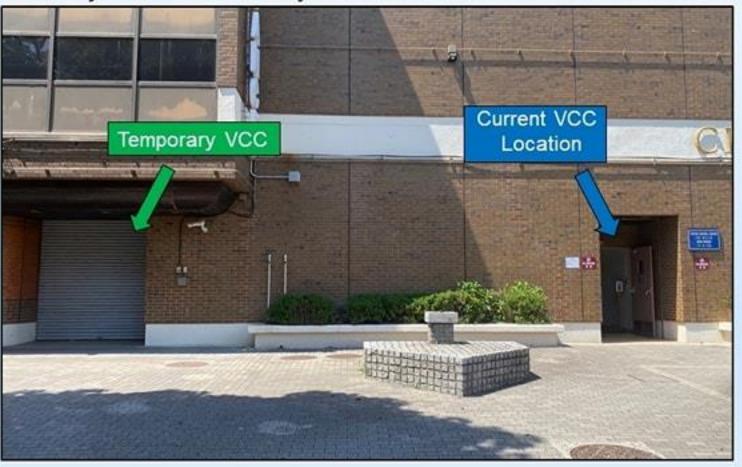
as of 06 Jan 2025

# CURITY

#### Visitor Control Center (Temporary Relocation)

#### VCC Temporary Relocation Period

23 July 2024 - January 2025



#### TEMPORARY RELOCATION OF SERVICES





#### Transition Period (23 - 31 July):

- Current VCC and Temporary VCC locations will be open for service during regularly scheduled hours.
   Renovation Period (1 Aug 24 – Jan 2025)
- Temporary VCC location serve as primary location for services until VCC renovation period is completed.

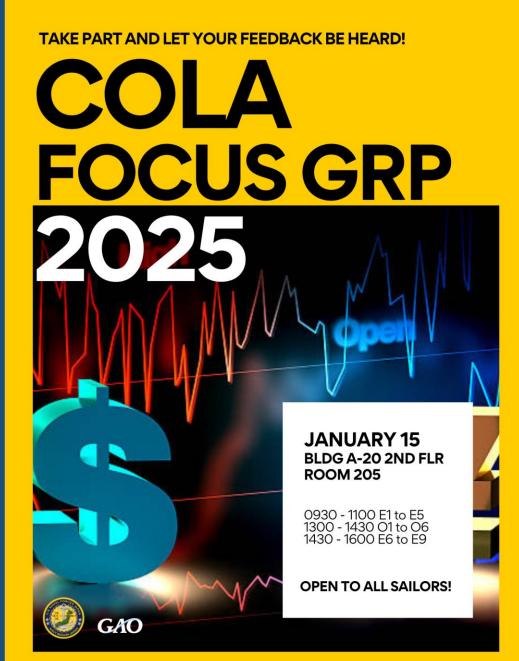


## NOTICES FROM TENANT COMMANDS & NFEs



## CNR





#### Please note

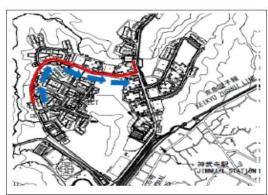
Parking at A-20 is very limited. Using the roof level of the **SRF Parking Garage** is highly recommended

## of Engineers Corps



### NOTICE OF CONSTRUCTION

The Government of Japan (GoJ) Contractor will perform excavation work on SHISAGI St. shown on the sketch below from DEC 9, 2024 to AUG 31, 2025. Working hours will be between 8:00 a.m. and 6:00 p.m., Monday through Friday. Excavation site will be controlled as one-way alternating traffic control road during the daytime work.



\*After daily working hours, road should be re-opened.

This work needs to open new teen/CYP center.
Thank you for your cooperation and understanding.

Government of Japan Funded Construction Project NA1812, COMM. & ELEC. WORK FOR ADDITIONAL LINE

South Kanto Defense Bureau Yokosuka Construction Office

TOSHIBA PLANT SYSTMES, GoJ Contractor



US Army Corps of Engineers Yokosuka Resident Office

## DECA



### YOKOSUKA COMMISSARY UPDATE

#### **STORE HOURS**

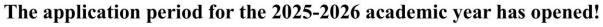
9 Jan 2025: 1000-1800

20 Jan 2025-1000-1800

# **DECA**

## CFAY \*\*FAMILY \* ALLMITA

## YOKOSUKA COMMISSARY UPDATE



The program, entering its 25th year, recognizes the contributions of military families to the readiness of America's fighting force and celebrates the commissary's role in enhancing military quality of life. For scholarship year 2025-26, Fisher House Foundation will award 500 scholarship grants of \$2,000 each. The application period will close at 11:59pm Eastern Standard Time (8:59pm Pacific Standard Time), Wednesday, February 12th, 2025.



# EDIS





# FASTPAC





# NMCRS



#### NMCRS YOKOSUKA



#### 2025 JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
			CLOSED 2025	2	3	4
5	6	7	8 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800 PREGNANCY & INFANT LOSS SUPPORT GROUP 0900-1000	9 THRIFT SHOP DONATION DAY 0900-1100	10	11
12	13	14	15 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800 PREGNANCY & INFANT LOSS SUPPORT GROUP 1800-1900	LATCH & LEARN BREAST- FEEDING GROUP 1000-1130	17 BUDGET FOR BABY® 1130-1230 MAIN BASE	18
19	CLOSED MAK	21	22 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800	23 THRIFT SHOP DONATION DAY 1600-1800	24	25
26	BUDGET FOR BABY® 1130-1230 MAIN BASE	28	29 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800	30	31	

# CROSS





One of the Red Cross's main missions OCONUS is to provide the **Emergency Communication Message**, AKA "**Red Cross Message**". If you or an immediate family member experience an emergency that requires you to request leave from your Command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your **emergency leave**.



**Fill out a CONTACT CARD today** to ensure your contact information is ready **before** an emergency arises. Filling out a card in advance helps you and your family save time in a crisis.





Prepare Today!
Complete a Contact Card!

# CROSS









### Class Schedule

All classes are blended learning courses including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to the skills test.



- Monday January 6, 1500-1800
- Thursday January 9, 1300-1600
- Thursday January 23, 1300-1600

#### **BLS Course (Basic Life Support) (\$12)**

- Thursday January 30, 1300-1600

Babysitting Basics & First Aid/CPR (\$15)

(Recommended for ages 12-17)

Classes are available upon request with 3+ people.

Classes may be added based on community need and instructor availability.



\*\*Classes are updated regularly based on community need\*\*

#### TO REGISTER:

Email Yokosuka@redcross.org
with the class and preferred
date/time. You will receive a
payment link and be asked to
send your receipt to guarantee a
spot in the course.

# CROSS



### **Volunteer Now**



## **American Red Cross**

- 1. Use a desktop or laptop computer.
- 2. Search and go to Red Cross Volunteer Connection.
- 3. Use the Yokosuka FPO zip code 96349.
- 4. Complete the online training.
- 5. If you have any problems, email <a href="mailto:Yokosuka@redcross.org">Yokosuka@redcross.org</a> or call 243-7490.















### **VOLUNTEER!**

## Disaster Action Team & Disaster Team Lead

Help provide immediate assistance on scene of an emergency, and participate in base exercises

Help with Emergency Messages and during large scale emergencies

#### Also Available:

MTF Professional and Admin Help Youth Preparedness Team CPR/BLS/Babysitting Instructor Library

PAWS
Vet Clinic
Post Office
Youth Clubs

# RESERVES



#### NAVY RESERVE IS OFFERING MOST RATES

## \$20,000

PRIOR ENLISTED AND OFFICERS FROM ANY BRANCH CAN JOIN TO COMPLETE YOUR SERVICE AND RECEIVE ACCRUED PENSION. (Restrictions apply)

### KNOW SOMEONE SEARCHING FOR THE NEXT OPPORTUNITY?

#### DID YOU LEAVE RETIREMENT DOLLARSON THE TABLE?

If you can complete a TOTAL of 20 years of credited service including your prior service time by age 60, then you may be eligible for a bonus.

Additionally, most prior service Officers from any US military branch are eligible for affiliation and certain bonuses.

#### INTERESTED IN KNOWING MORE? EMAIL POCs belo

CWO4 Mike Seals 7838 INTEL
Prior Service Navy Recruiter and
Benefits advisor at U.S. Navy Reserve
Michael.d.seals.mit@us.navy.mit
NRRCYokosuka, Japan FLTREC RM339
Cell: \$1 070 2470 3343 JP
WhatsApp / LINE / SIGNAL 7703656199





NCI (SW/AW/EXW) Fernando Martinez Prior Service Navy Recruber and Benefits Adrisor at U.S. Navy Reserve NRRC Yokosuka, Japan FITREC RM 339 Fernando.m.martinező.mil@us.anvy.mil Cell: 31 0702470 3382 JP







## Region Legal Service Office Western Pacific Legal Assistance reduced services notice



The Yokosuka Legal Assistance Office will be **CLOSED** from 17-20 January 2025 in observance of



We will resume office hours on Tuesday, January 21 at 0800.

We can be reached at YokosukaLegalAssistance@us.navy.mil or Duty Phone: Local: 090-6181-4375 or From US: 011-81-90-6181-4375

We apologize for any inconvenience. V/R, Legal Assistance Department Staff







### U.S. Citizenship and Immigration Services (USCIS) Outreach Event



23 January 2025: Opportunity for Q&A Session with USCIS!



- · Have you considered becoming a U.S. citizen?
- Do you have questions about the naturalization process?
- · Are you considering bringing family members to the U.S. to reside permanently?

Join us on 23 January 2025 at the
U.S. Fleet Activities Yokosuka Kodo Auditorium
(2nd deck of Community Readiness Center)
\*Event time will be announced closer to the date\*





# U.S. NAVY SUPPLY CORPS 230TH BIRTHDAY BALL

HOSTED BY THE NSCF JAPAN CHAPTER



DISTINGUISHED GUEST

SPEAKER: RDML (sel.) Brian Anderson



DATE AND TIME:

SATURDAY, FEBRUARY 22ND @ 1830 - 2230 COCKTAIL HOUR @ 1730



LOCATION:



ATTIRE:

05 & ABOVE: DINNER DRESS BLUE 04 & BELOW: SDB/DINNER DRESS BLUE CIVILIAN: FORMAL ATTIRE

SCAN TO RSVP & PURCHASE TICKETS BEFORE 10 FEB 2025:





#### **TICKET PRICES:**

O7 & above / SES / JMSDF	\$110 / ¥16,500
05-06 / GS14-15 / JMSDF	\$100 / ¥15,000
03-04 / GS11-13 / JMSDF	\$90 / ¥13,500
E7-02 / CWO1-5 / GS6-10 / JMSDF	\$80 / ¥12,000
E6 & below / GS5 & below / MLC personnel	\$65 / ¥9,750







## USNH Yokosuka Patient Family Partnership Council

Want to effect change and be a part of the healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY.

#### Please join us at our upcoming meetings!

January 9<sup>th</sup> 1600-1700 Community Resource Center, 4<sup>th</sup> floor, AOB auditorium

February 4<sup>th</sup> 1145-1245 Naval Hospital Yokosuka, 3<sup>rd</sup> floor, Command Auditorium

March 5<sup>th</sup> 1600-1700 Community Resource Center, 4<sup>th</sup> floor, Haru Room

To learn more, please email dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil visit https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council and follow USNH Yokosuka on Facebook:



Naval Hospital Yokosuka www.facebook.com/usnhyokosuka

# 020





### JANUARY 2025 CALENDAR OF EVENTS

USO Yokosuka DSN: 241-3030 | 046-896-3030 @USOYokosuka

NEW YEARS LUCKY BAGS 0800-1100 USO YOKOSUKA CENTER

Join the USO Yokosuka as we ring in the Year of the Snake with New Year celebrations and Lucky Bags! Each family can receive one lucky bag, and you can also enjoy refreshments and a fun Snake scavenger hunt. Kick off your New Year with us and a little extra luck!

COFFEE CONNECTIONS 0900-1100 USO YOKOSUKA CENTER

Come join us to decorate your very own trinket box! Learn painting techniques and how to use Mod Podge to create a one-of-a-kind keepsake. Registration is required. Open to participants 18 and older.

MIDWEEK MADNESS 1700-1900 USO YOKOSUKA CENTER

Hey there, party people! It's time to spice up your week with some. Midweek Madness at USO Yokosuka! Get ready for some serious fun with winter triva, food, and good vibes. Let's shake things up and add a little madness to your routine. See you there!

TOT TIME: IKEGO 1000-1100 IKEGO TOWER TBD

Winter is here, and we're embracing the chill with fun, festive crafts for you and your little one! Together, you'll create a snowman and snowflake, while enjoying hot chocolate and snacks. It's the perfect chance to relax, mingle, and connect with other parents.

BOOM BOX BISTRO 1100 USO YOKOSUKA CENTER

Are you hungry? Come grab a bite with the USO with a delicious, good menu, while supplies last. Enjoy some flash trivia for a chance at prizes! See you for a lunch with a boom!



Find all the links for upcoming event registration and all our social Media Units



# **USO**





# **MATE**





## **VATE**



#### PCS Guide - Leaving Japan with pets

#### Where are you going? :

- Ensure pet's rabies vaccinations are up to date. Original copies of the certificates are required and need to be in English with the pet's microchip number.
- Complete U.S. import permit found on the CDC.GOV website or scan the QR code below. This step is for dogs only, cats do not have this extra step.



- Submit export
notification to Animal
Quarantine Services
(AQS) to the airport you
will be flying out of.
Follow the QR code
below. This is only for
commercial flights, if
flying AMC you will not
need to do this step.



 Schedule Health Certificate appointment within 10 days of the flight.

#### U.S. Non-continental U.S. Other country

#### GUAM (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Guam Dept. of Agriculture website).
- Guam affidavit (Our clinic can provide this document prior to the health certificate appointment if needed.
- If flying straight from Japan, FAVN is not required.
- Vaccines required for dogs: Rabies, DAPV, Leptospirosis, and Bordetella.
- Vaccines required for cats: Rabies and FVRCP.
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left

#### HAWAII (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Hawaii Dept. of Agriculture website).
- FAVN with results of ≥ 0.5 (must be done 30 days before entering Hawaii).
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.
- Find specific requirements for the country using the USDA website, scan QR code.
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

