

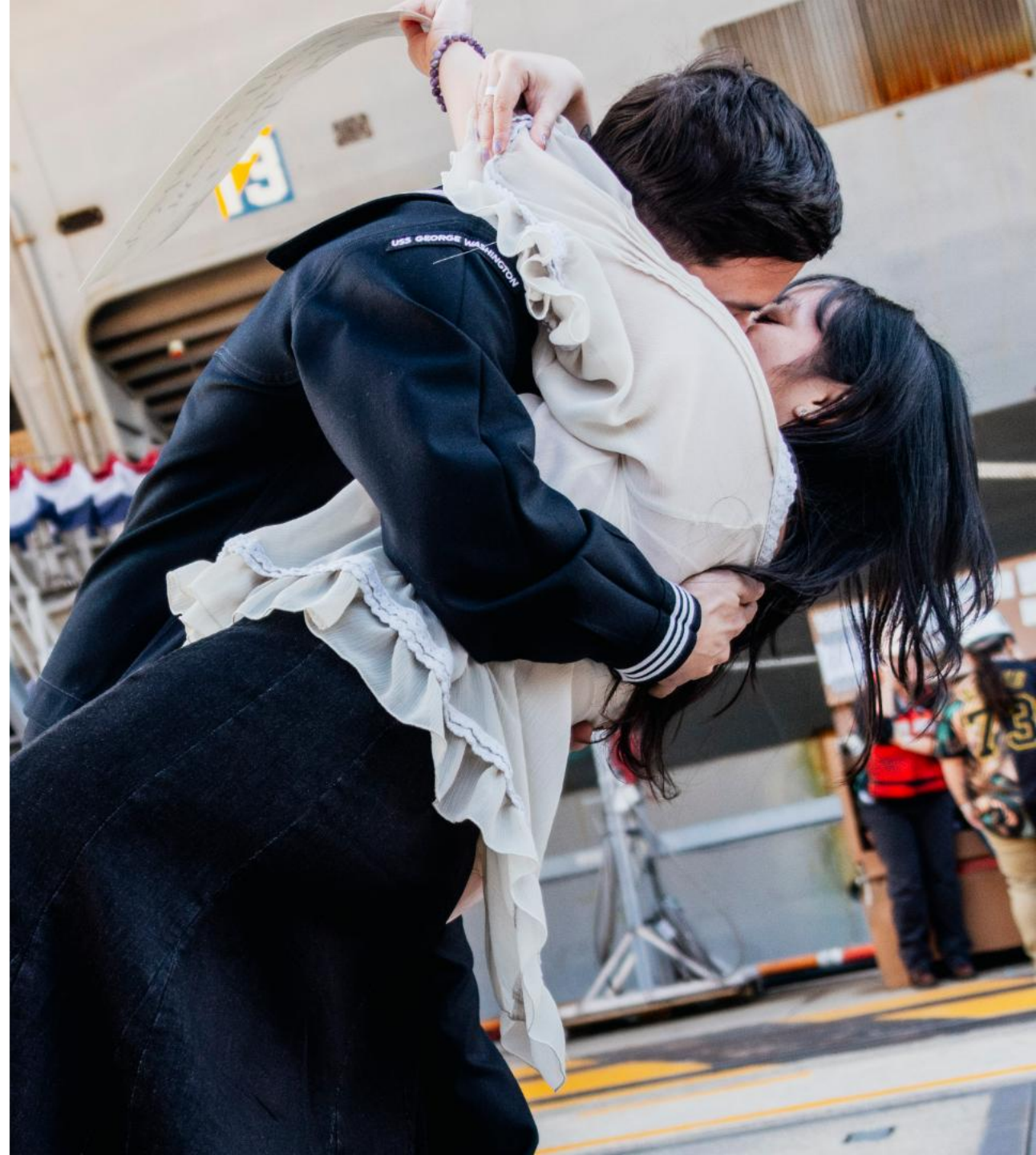


**CFAY IS A
NO DRONE ZONE!**

May 9, 2025 is

**Military
Spouse
Appreciation
Day**

📷 MC3 August Clawson /
USS George Washington



HAPPY
Mother's
DAY





CONGRATULATIONS

CFAY SECURITY

2024 NAVY SECURITY FORCE OF THE YEAR
RUNNER-UP



April 21, 2025 - June 30, 2025

The Health of the Force Survey is
NOW OPEN

TAKE IT TODAY!



**CULTURE OF
EXCELLENCE**



Become a Family Child Care (FCC) Provider

Work from home

Earn certifications

Low-cost liability

Free advertising

Free referrals

Free training

mwr_yokosuka_fcc@us.navy.mil

101 Critical Days of Summer

SAFETY

STAND DOWN

May 21, Fleet Theater

English: 8:30 a.m.

日本語: 9時30分



SECURITY

CARNEY GATE CLOSURE

Affects Inbound Vehicle Traffic Only

Mondays through Saturdays

Now through May 27

Closes 8 p.m. Reopens 5 a.m.

Use Womble Gate if driving to enter base



CITY OF YOKOSUKA

HONCHO TRAFFIC CLOSURE

City of Yokosuka to restrict **ALL** vehicle, bicycle and pedestrian traffic on Dobuita Street in Honcho.

Starts: Thursday, May 8 at 12 p.m.

Ends: Thursday, May 8 at 4:30 p.m.



Detour to National Route 16.

YASAKAYATO STREET CLOSURE

PWD

Yasakayato Street partial road closure near
Club Takemiya and Jimmuji Gate

June 11 - August 5



Two-way traffic will be maintained.
Watch for flagmen in the street.

Mother's Day Arts & Crafts

Friday, May 9
2 - 4 p.m.

Register with
FFSCinfo@us.navy.mil





COMREL EVENT TAGOE RIVER CLEANUP

ZUSHI, JAPAN

Saturday, May 10 @ 9 a.m.

Register with your Command COMREL Coordinator
cfaycomrel@gmail.com





Volunteers Requested

Tuesday, May 27:

**Water Station &
Crossing Guards**

Friday, June 6:

**Water Station & Setup/
Breakdown Crew**

For more information, call 243-7336



COMMODORE MATTHEW C. PERRY GENERAL MESS

OPEN GALLEY EVENT

THURSDAY

MAY 29

11 a.m. - 1 p.m.

BBQ

OPEN TO MILITARY

& ALL CIVILIANS

CARD ONLY

SPRING CLEANING POISON PREVENTION



Keep household cleaners in their original containers



Do not mix household cleaners with one another



Turn on fans and open windows for ventilation



Store somewhere children and pets cannot access



FLEET & FAMILY SUPPORT CENTER

Ikego Office



Wednesday & Friday

7:30 a.m. - 4:30 p.m.
Staff will take a one hour lunch

Phone

246-8052

Computer Access | Printing | Information & Referrals
Class Registration | Coupons | Loaner Kits | Volunteer

IKEGO

Japanese Language Series

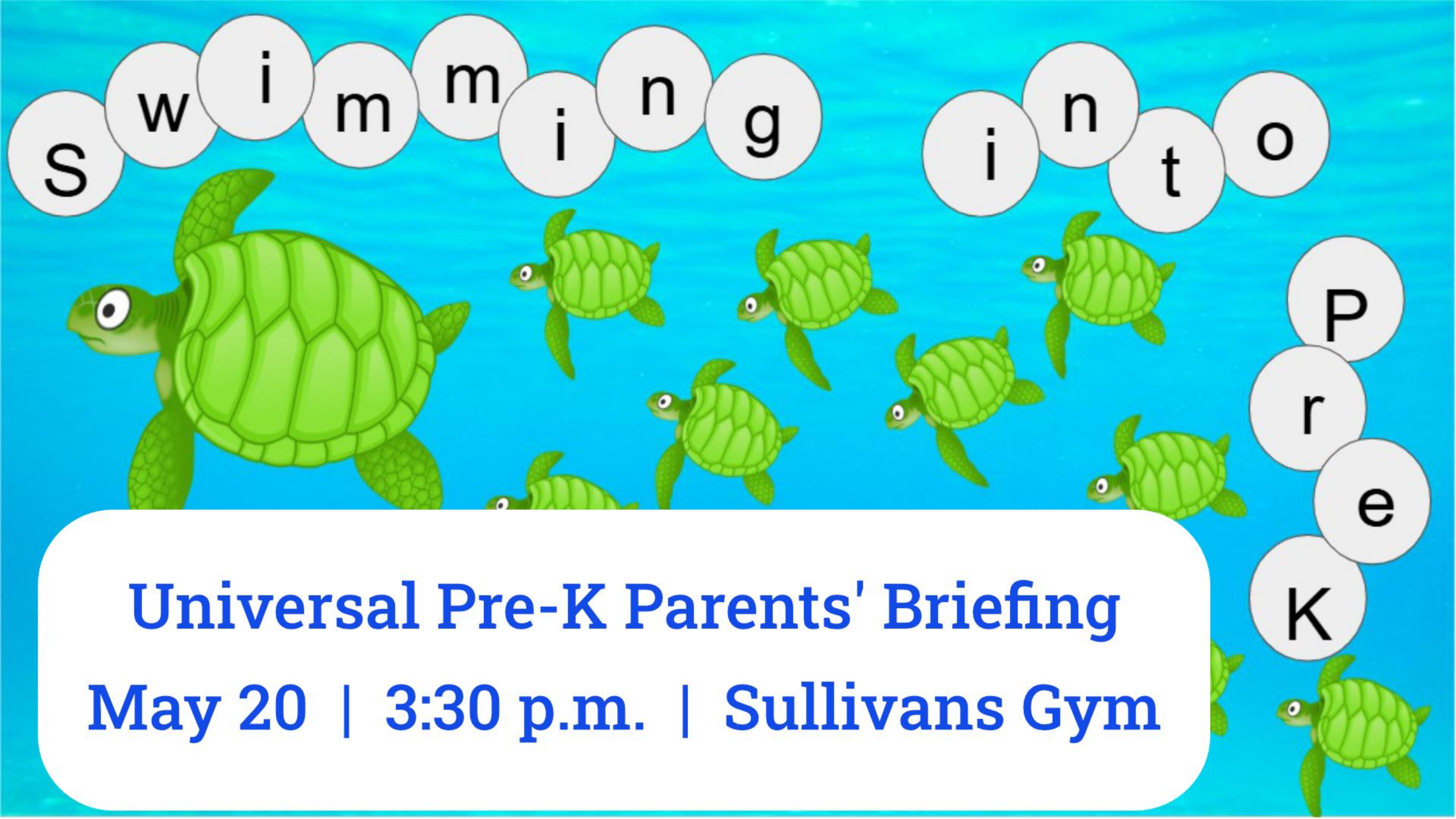
Get to know Japan by learning how to speak, read, and write in Japanese

NOW THROUGH JUNE 10
Nikko Tower Community Room

REGISTER AT

FFSCINFO@US.NAVY.MIL





S w i m m i n g

i n t o

P
r
e
K

Universal Pre-K Parents' Briefing
May 20 | 3:30 p.m. | Sullivans Gym

• Welcome to the Ikego •

Book Swap

Take a Book, Leave a Book!

Monday - Friday • 10 a.m. - 6 p.m.
Multipurpose Room in the Ikego MWR Office



**SPECIAL EVENTS
PLANNING**



**DID YOU
KNOW TEENS
15-17 CAN
VOLUNTEER
AT THE USO?**

**COMMUNITY
OUTREACH**

Build your resume skills!

MARKETING

ANIMAL VISITATION PROGRAM

If you have a dog, we need you!



***Dog must be able to pass the
AKC Canine Good Citizen Evaluation***

Email for program requirements and questions
jacee.maldonado@redcross.org
yokosuka@redcross.org

REQUEST A VISIT



**American
Red Cross**

Service to the Armed Forces

Mindful Movement

Family & Adult Only Classes

FREE Classes

**No Referral
needed**

**Learn
Movement,
Breathing,
& Relaxation
Techniques**

Offered by the American Red Cross



**Email your class request
at least 2 weeks in advance**

**Email To Register
yokosuka@redcross.org**

***ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT**

If a **fire** starts on
your stove, use a
cookie sheet to
smother
it.



Don't:

Put ***water*** on a grease fire.



Do:

Cover it with a lid.

If you fry food
and see smoke,
**turn the
burner
off.**





Oven Fires

Keep the door closed so the fire doesn't spread, and call 911.



JOIN OUR TEAM!

Fleet and Family Readiness

navymwryokosuka.com/jobs



COMMODORE MATTHEW C. PERRY GENERAL MESS

"JEWEL OF THE EAST"

Hours of Operation

Mondays - Fridays

Breakfast	6 a.m. - 7:45 a.m.	\$4.40
Lunch	11 a.m. - 12:45 p.m.	\$7.10
Dinner	4:30 p.m. - 6 p.m.	\$6.10

Weekends & Holidays

Breakfast	7 a.m. - 8:30 a.m.	\$4.40
Brunch	10:30 a.m. - 12:30 p.m.	\$7.10
Dinner	4:30 p.m. - 6 p.m.	\$6.10





MILITARY SPOUSE APPRECIATION

Friday, May 9th 1700-2000

Asagao Tower

Registration Required, 18+



USO SPECIAL DELIVERY®

USO YOKOSUKA UN PETIT BÉBÉ OFFICERS CLUB

May 13th 2025
1000-1200



USO.org/SpecialDelivery





Hey Mom, You Deserve This!

Swing by and treat yourself to a FREE Face & Hand Massage — because being a superhero every day definitely earns you some VIP treatment.

May 9th (Hand Massage)

May 10th (Face and Hand Massage)

📍 Yokosuka Main Store/Shiseido and Clinique Counter

Time to Shine: 10:00 - 14:00

Don't forget to **sign up** at the Jewelry Counter to save your spot! First come, first relaxed!



MUFFINS FOR MOM

MAKE EVERY MOMENT SWEET!



YOKO MAIN STORE
MAY 10 | 10:00 - 14:00



For authorized patrons only. While supplies last.

YOKOSUKA **SPONSORSHIP** | **ON-DEMAND**

Every 1st & 3rd Thursday

For info call 243-3372/ 046-816-3372



PATIENT AND FAMILY PARTNERSHIP COUNCIL



COUNCIL SCHEDULE

- JUNE 3, 1145-1245 USNH YOKOSUKA COMMAND AUDITORIUM (3RD FLOOR)
- JULY 8, 1600-1700 AOB AUDITORIUM CRC BLDG
- AUG 12, 0900-1000 FUYU ROOM CRC BLDG
- SEPT 9, 1145-1245 USNH YOKOSUKA COMMAND AUDITORIUM (3RD FLOOR)

To our community members- if there is a specialty or any medical personnel you are hoping to meet, please let us know so we can try our best to ensure attendance. You can also send in questions beforehand to our distro email: dha.yokosuka.yokosuka-nh.list.pfpc@health.mil

Know Your MMR Status



Measles is a highly contagious viral illness that spreads by person-to-person contact and through the air. Risk for widespread measles in the U.S. and in Japan remains low due to robust immunization and surveillance programs.

Measles-Mumps-Rubella (MMR) vaccination is the most important tool for preventing measles.



- Children should receive 2 MMR doses by age 6. Overseas, an additional, early MMR dose is recommended for infants as young as 6 months of age.
- Adults should have at least one documented dose of MMR vaccine in their lifetime, or evidence of immunity.

Scan the QR code to review your immunization record via the MHS GENESIS Patient Portal to ensure you are up-to-date with this important vaccine.



WOMEN'S HEALTH DAY

USNH YOKOSUKA OB/GYN CLINIC

USNH Yokosuka's OB/GYN Clinic will be hosting a walk-in Women's Health Day Clinic on 3 June from 0800-1100 and 1300-1500.

We will be offering:

- Full Contraception Services(IUD/Nexplanon Placement/Removal, OCPs, Depo Shots)
- PAP Smears
- STI Screenings
- HPV Vaccines

**SUMMER
SESSION**

Available for all TRICARE beneficiaries & Space A personnel

DODEA Student Sports Physicals

USNH Yokosuka's Pediatric Clinic Wed. 23 July 1230-1630

How to schedule: Call our appointment line at 243-5352 or the Pediatric Clinic at 243-5505.

Open to all NMRTC Yokosuka beneficiaries and Space A patients.

- Physicals are for students participating in DODEA sponsored sports.
- Sports Physical forms (scan QR code to download) need to be completed prior to the appointment.
- Unaccompanied minors over the age of 14 must have consent completed by time of appointment to be seen without a parent.
- These physicals are not required for CYP sports





Bldg # 2043

SRF MENU SPECIALS

MAY 5— MAY 9

Meal Set (Entrée, Rice, Soup & Salad) \$ 7.25

A la carte \$6.75

- | | |
|---------------------|--|
| MAY 5 MON. | - Pasta Arabiata Sauce
- Korean BBQ Chicken |
| MAY 6 TUES. | - Sweet & Sour Pork
- Chicken Adobo |
| MAY 7 WED. | - Fish & Chips
- Oriental Chicken |
| MAY 8 THURS. | - Chapchae
- Black Pepper Chicken |
| MAY 9 FRI. | - Fried Chicken
- Teriyaki Chicken |

CFAY



CFAY/IKEGO GATE HOURS



IKEGO

Inbound/Outbound
Daily
24 hours

Jimmuji

Inbound/Outbound
Monday-Friday
0500-0100

Inbound/Outbound
Weekends and
Holidays
0500-0030

WOMBLE GATE

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian
Daily
0500-2200

Inbound Vehicle
Daily
0500-1800

Inbound High Traffic Pattern
Monday-Friday
0500-0830

Outbound High Traffic Pattern
Monday-Friday
1530-1900

VERNY PEDESTRIAN

Outbound
Daily
24 hours

Inbound
Monday-Friday
0600-2000

Inbound
Saturday
0700-0800

Inbound
Sunday and Holidays
CLOSED

CARNEY GATE

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian
Daily
24 hours

Inbound Vehicle
Daily
24 hours

Inbound High Traffic
Period
Monday-Friday
0500-0830

CARNEY BOARDWALK PEDESTRIAN GATE

Inbound/Outbound
Daily
0600-2100



CFAY



2025 Road Tax Season

Effective 01 June 2025,
all Vehicles MUST display
the 2025 (Reiwa 7) USFJ Decal.

Displaying 2024 (Reiwa 6) decals
after 01 June 2025 will result in
denial of access and possible
impoundment.

Pay the Japanese ROAD TAX to receive your new DECAL(s) .

Attention all drivers on express way



ETC-only toll gate

Drive Slowly

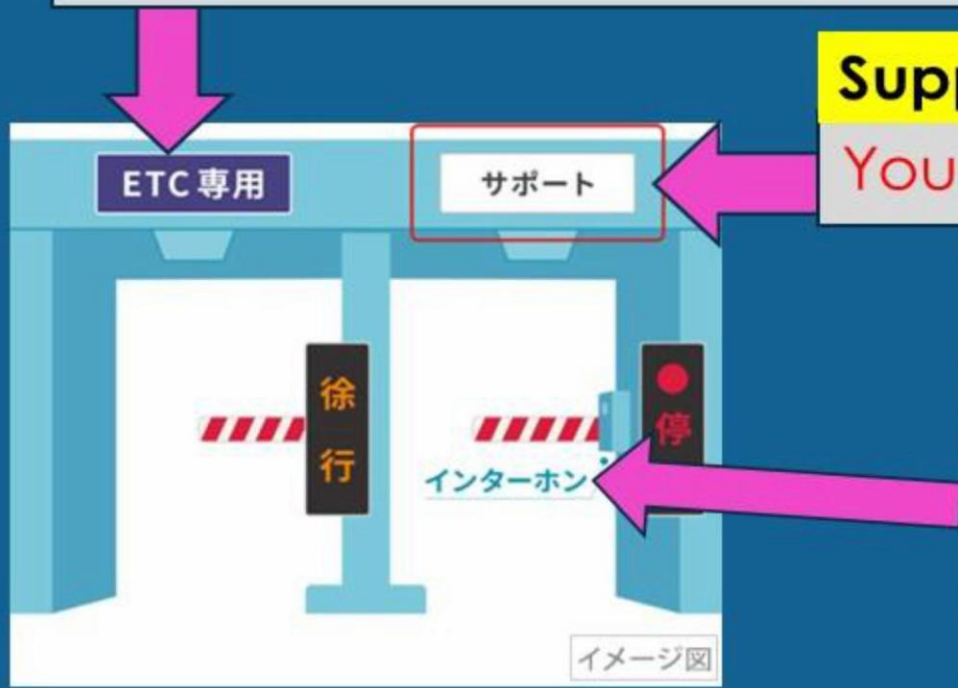
Vehicles not equipped with an ETC onboard device will not be allowed to pass. If you accidentally enter the ETC gate, please do not make a U-turn. Proceed to the "Support" or "ETC/Support" lanes, press the button on the intercom, and follow the staff's instructions.

CAUTION

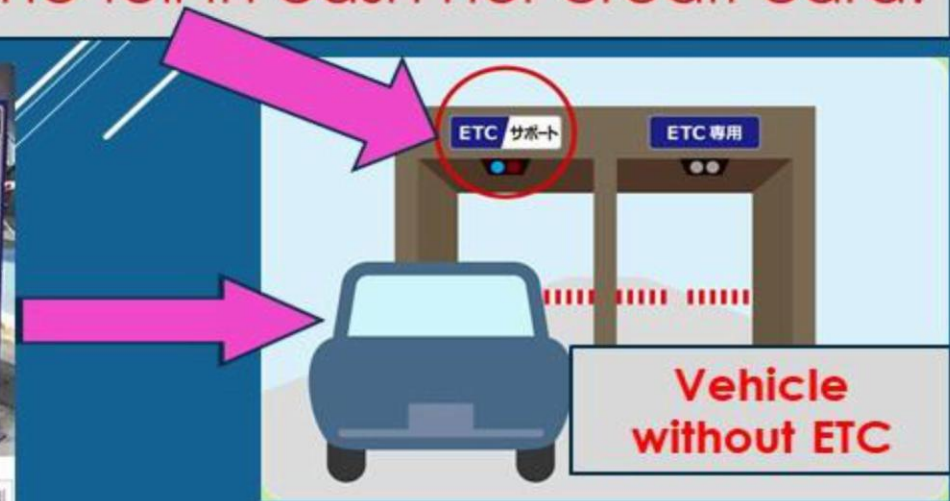
Support lane

Stop

You can neither pay the toll in cash nor credit card.



Interphone



FFSC Virtual Clinical Counseling **CONNECT to GET CARE**

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

Virtual clinical counseling helps with:

- Separation
- Relationship issues
- Grief
- Parent-child interactions
- Deployment
- Other challenges related to military and family life
- Relocation

To schedule an appointment, call 1-855-205-6749. If calling outside of regular business hours, leave a message. Your call will be returned within one business day. You can also scan the QR code to link to a brief form to get started.



www.ffsp.navy.mil





Consolidated Battery Recycling

PILOT PROGRAM AT NEX Bldg H-20



Sort batteries in designated container marked by:

BRAND (e.g. Duracell)
&
TYPE (e.g. Alkaline)

For more information contact
CFAY Qualified Recycling Program
DSN: 243-3817/5806 (046-816-xxxx)



Give us your thoughts



ALKALINE				LITHIUM ION (COMPUTER & CELL PHONE)	NICKEL METAL HYDRIDE (RECHARGEABLE)
DURACELL 	ENERGIZER 	RAYOVAC 	BUTTON- TYPE 		

SUPPORT OUR ENVIRONMENT AND OUR SOFA RESPONSIBILITIES!
RECYCLING PROFITS ARE RE-INVESTED INTO CFAY IMPROVEMENT PROJECTS.



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SUPPORT OUR ENVIRONMENT AND OUR SOFA RESPONSIBILITIES!
RECYCLING PROFITS ARE RE-INVESTED INTO CFAY IMPROVEMENT PROJECTS.

PWD



Most Preferred

CFAY Waste Disposal Guide

Updated 9 Sep 2024

Reduce, Reuse, Recycle

Least Preferred

Accepted Materials

Program Guidelines

Contact

Household Hazardous Product Reuse Program (Public Works Dept)

- Wood stains, paint, finishes
- Pesticides
- Odor remover spray
- Oven cleaner
- Multi-purpose cleaner
- Hand sanitizer
- Isopropyl alcohol
- Bleach
- Oil lubricants
- Degreaser

- U.S. products only
- Must be in original containers
- Containers must have readable labels and be at least half-full
- All items are free acceptance

** Users may pick-up products for use at home, for free

Lot behind GOV Gas Station
M/W/F: 0900-1100
T/Th: 1300-1500
Cell: 070-7411-1294

Qualified Recycling Program (Public Works Dept)

- Metal (furniture, valves, sheet metal)
- Appliances
- Paper, wood & textiles
- Used oil (fuel, lube, hydraulic)
- Used cooking oil
- Household electronics (TV, computer, cell)
- Batteries
 - Lead-acid
 - Lithium-ion
 - Nickel-metal hydride

- Appliances freon-free
- Paper Products: No wax paper, tissue, pizza boxes or other soiled products
- Textile no down jacket pillows, shoes, bags
- Wood: No soiled, dry-rotted, painted or finished items
- Cooking Oil: Large food pieces must be strained out
- All free acceptance

Bldg. 4856
M-F: 0800-1530
DSN: 243-3817/5806

Car Care Center (NEX)

- Flares
- Propane tanks
- Car batteries
- Coolant
- Kerosene
- Diesel
- Engine oil

- Some items are free acceptance and some are charged

Bldg. 1314
M-F: 0730-1700
Sa: 0730-1600
DSN: 243-4778 / 5826

Auto Skills Center (MWR)

- Tires
- Engine oil
- Brake fluid
- Transmission fluid
- Coolant
- Car batteries

- Fuel and lead-acid batteries are not accepted.

Bldg. 1288
M/Th/F: 1100-1900
Sa/Su: 0900-1700
DSN: 243-5456

Solid Waste Disposal (Public Works Dept)

- Non-Combustibles
- Cans & bottles
 - Metal (tin foil)
 - Glass
 - Rubber
 - Hard plastic (food containers)

- Combustibles
- Paper & wood
 - Food
 - Textile & leather
 - Thin plastic (bags, wrappers)

- Place bulk trash by the dumpster/containers and call 243-6558 for pick-up

- High-Rise Towers
- Separate combustibles and non-combustibles into correct dumpster

- Townhouses
- Place non-combustibles into blue container
 - Place combustibles into gray container

DSN: 243-6558

Road Behind Sanban Tower



Closure Period

05 May 2025 – 23 May 2025

FULL ROAD CLOSURE



- Road closed to facilitate work at Kinnick High School.
- Road to be closed for 4 hours in indicated closure period.
- Vehicles to be rerouted as indicated.

as of 29 Apr 2025

PWD



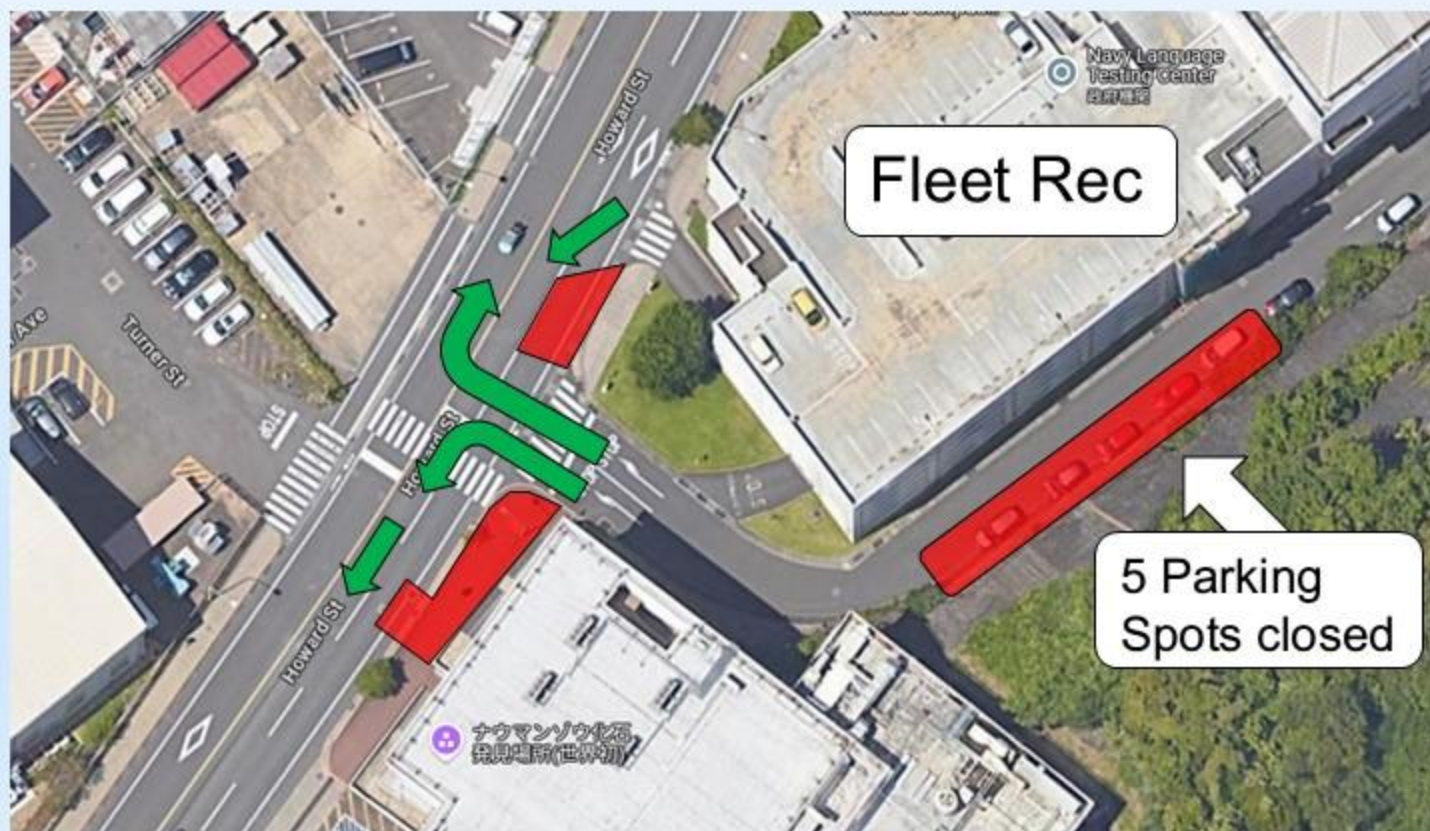
Howard St- Partial Closure



Closure Period

28 Apr 2025 – 06 Aug 2025

PARTIAL CLOSURE



- Steam pipe work on Howard St outside of Fleet rec area.
- 5 parking spots will be taken for the work
- Pedestrian walkway will be set up around work area.
- Only one lane southbound will be affected, turning into a small merge.
- Exiting parking area onto Howard from Fleet rec will not be affected.

as of 24 Apr 2025

PWD



Community - Partial Closure



Closure Period

01 Apr 2025 – 30 Sep 2026

PARTIAL CLOSURE



- 14 additional parking spots and 5 parallel spots will be closed for the new CDC construction area.

as of 20 Mar 2025

PWD



Main Gate – Partial Closures

Affected Period

MAR – NOV 2025 (Overnight 2000 – 0500)

PARTIAL CLOSURE



- Lane detours and isolated closures during replacement of buried water line.
- Two-way traffic maintained to maximum extent possible.
- Most work will occur overnight starting at 2000.

as of 17 MAR 2025

PWD



New Construction of NSST Shiphandling Trainer Parking lot Closures



Closure Period
Sep 2024 – 2027

Parking Lot Closures



Parking lot closures:

1. Project site by Bldg 1997
2. Half of 12 Hour parking lot

- New 42 spaces at 12 Hour Annex Lot
- New 10 spaces at DLA DAPS

as of 3 Sep 2024

PWD



Parking Lot Closures – Truman Bay



Closure Period

November 2024 – 2027

LOT CLOSURE



- Long-term contract laydown areas to support major construction projects
- Maximize use of public transit, bike/walk, carpooling, and telework.

as of 19 NOV 2024

PWD



Road Closures – Main Base Community Area



Closure Period
2023 – 2025

**FULL ROAD
CLOSURE**



as of 17 Sep 2024

PWD



Yokosuka Base – Partial Road Closure



Closure Period

11 Oct 2024 – 31 Mar 2025

PARTIAL CLOSURE



- Re-stripe roadways to improve visibility
- Maintain two-way traffic via flagmen and local signage
- NEX Bldg H-20 parking lot to be restriped (Jan 27-31 2025)
- Gravel Lot across from berth 9 BLUE RIDGE to be repaired (Feb 02-21 2025)

as of 11 OCT 2024

PWD



Yasakayato Street - Partial Closure



Closure Period

11 June 2025 – 5 Aug 2025

PARTIAL CLOSURE



- Yasakayato Street will be partially closed in front of Club Takemiya for underground electrical work
- Flagmen will be posted on both sides to allow two-way traffic

as of 15 APR 2025

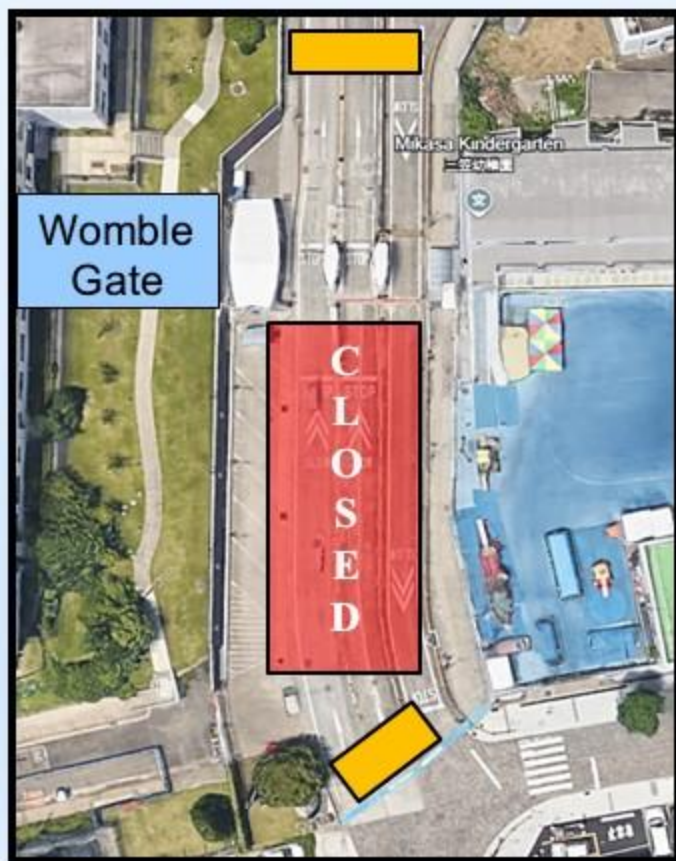
PWD



Womble Gate Closure

**Gate Closure Period 03 May 2025
(0900-1200)**

FULL GATE CLOSURE



-  • Lanes secured
-  • Road block

- Due to maintenance, all vehicular traffic at Womble Gate will be secured from 0900 to 1200.
- Pedestrian traffic will not be affected.
- Please utilize Carney Gate for vehicular traffic.

Carney Gate Open for Normal Operations

03 May 2025 - 06 May 2025
Gate Open 24 hours for all traffic

Normal Operations



- **Due to pause in construction, Carney Gate will be open for normal operations from 03 May 2025 - 06 May 2025.**

Carney Gate Inbound Lane Closure

07 May 2025 - 27 May 2025

Night-time Inbound Traffic Closure 2000-0500

Gate Open for all traffic from 0500-2000

PARTIAL GATE CLOSURE



-  • Lanes secured
-  • Road block

- Due to construction, inbound vehicular traffic at Carney Gate will be secured from 2000 to 0500, with the exception of Sundays.
- Pedestrian traffic will not be affected.
- Please utilize Womble Gate for inbound vehicular traffic from 2000 to 0500.

NOTICES FROM TENANT COMMANDS & NFEs

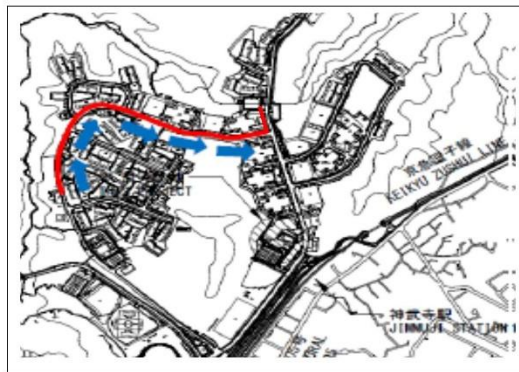


Corps of Engineers



NOTICE OF CONSTRUCTION

The Government of Japan (GoJ) Contractor will perform excavation work on SHISAGI St. shown on the sketch below **from DEC 9, 2024 to AUG 31, 2025.** Working hours will be between 8:00 a.m. and 6:00 p.m., Monday through Friday. Excavation site will be controlled as **one-way alternating traffic control** road during the daytime work.



***After daily working hours, road should be re-opened.**

This work needs to open new teen/CYP center.

Thank you for your cooperation and understanding.

**Government of Japan Funded Construction Project
NA1812, COMM. & ELEC. WORK FOR ADDITIONAL LINE**

South Kanto Defense Bureau
Yokosuka Construction Office

TOSHIBA PLANT SYSTMES,
GoJ Contractor



US Army Corps of Engineers
Yokosuka Resident Office

DODEA



Do you have a STEAM background or expertise? Does your work or hobby require STEAM knowledge?

We are looking for volunteers to host STEAM sessions on May 16th. Presenters may share their career, lead hands-on activities, or perform demonstrations!

Commands, dependents, and host nationalities are all welcome!



Science - Technology
Engineering - Art - Math

STEAM DAY IKEGO ES



<https://tinyurl.com/IKEGOSTEAM2025>

Inspire students to think creatively, collaborate, and solve problems.



Multiple Intelligence & Me MIME DAY 2025

Thursday, May 22, 2025

8:00 - 2:10 PM

The Sullivans Elementary School is seeking Volunteer Presenters to share their skills and talents with our students on MIMe Day!

Past Sessions included Woodworking, Hula Dance, Juggling, Zumba, Kids Yoga, Mindfulness and more!

Volunteers will have choice of 5 different sessions to share with our students in Kinder-5th. Each session is 35-40 minutes.

Please pick up a Form today @Sullivans Elementary Main Office, or scan code if you would like to Volunteer!

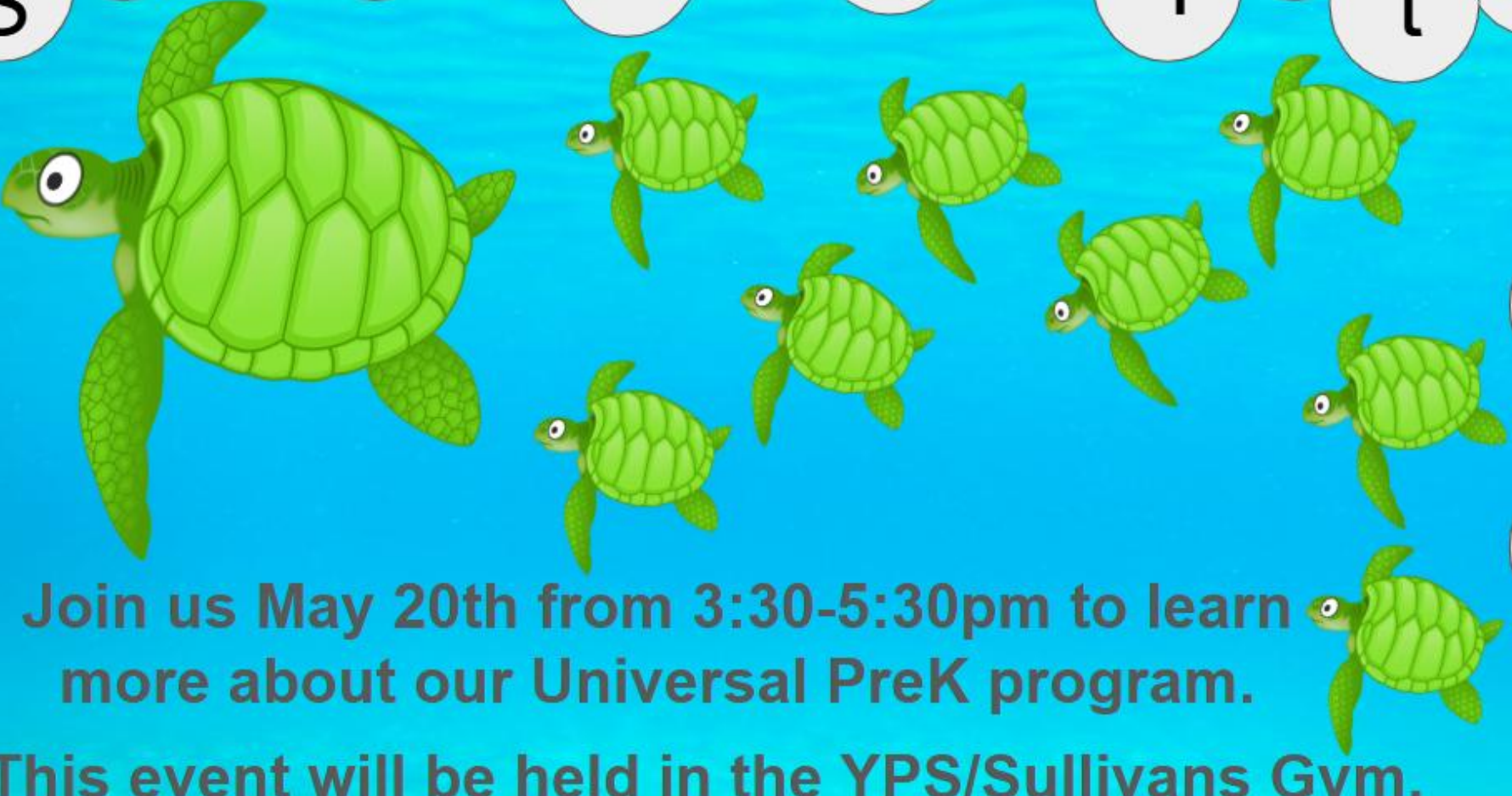
POC: Ms. Tamara Choate
(tamara.choate@dodea.edu) for details



DODEA



swimming into PreK



Join us May 20th from 3:30-5:30pm to learn more about our Universal PreK program.

This event will be held in the YPS/Sullivans Gym.

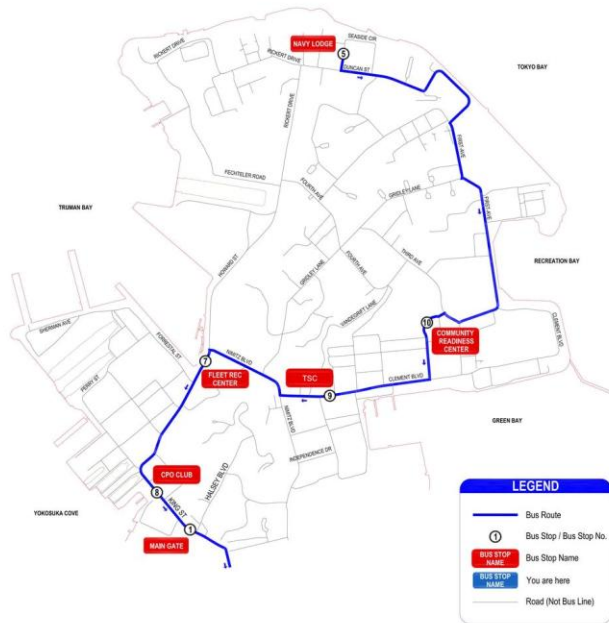
NAVFAC



IKEGO HTW

IKEGO HTW PM SHUTTLE

PM Yokosuka Pickup



Schedule

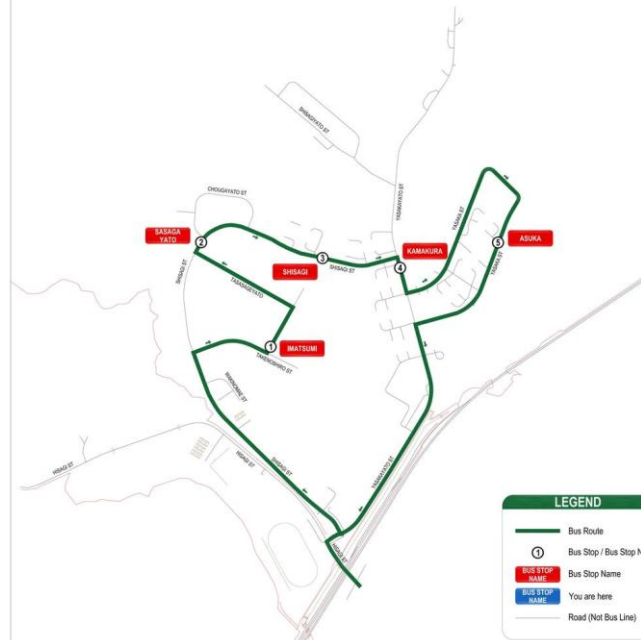
Navy Lodge	CRC	TSC	Fleet Rec	CPO Club	Main Gate
1600	1607	1610	1615	1618	1620
1800	1807	1810	1815	1818	1820

No Weekends and Holidays
* Space A Personnel May Board at CRC

IKEGO HTW

IKEGO HTW SHUTTLE

AM Ikego Pickup
PM Ikego Drop Off



AM Schedule

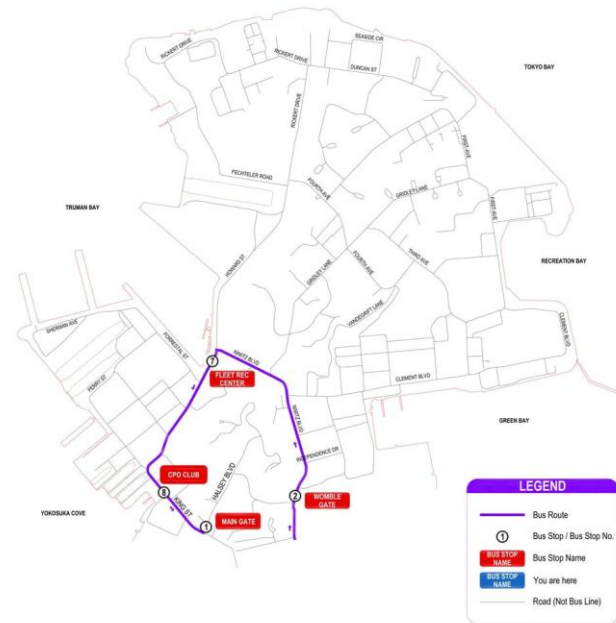
Imatsumi	Sasaga-Yato	Shisagi	Kamakura	Asuka
0520	0521	0522	0524	0527
0620	0621	0622	0624	0627

No Weekends and Holidays

IKEGO HTW

IKEGO HTW AM SHUTTLE

AM Yokosuka Drop Off



Drop Off Locations

Womble Gate, Fleet Rec Center, CPO Club and Main Gate

Integrated with Yoko-Pon Shuttle

NEX



MONTH OF THE MILITARY CHILD “MOMC” AND MILITARY APPRECIATION MONTH

“Building Stronger Bonds”

1April-31May 2025

Turkey Meal Must Be Redeemed by 31Aug2025

Purchase Any Combo Meal For A
Chance To Win A FREE Turkey Meal
For Your Next “Get Together”

Includes: Precooked 18-20# Turkey,
Gravy (L), 6 Country Biscuits, 6 Apple
Pies and Choice of 2 Sides (L)

(\$150 Value)

Write Your Contact Information On The
Back Of Your Receipt

- Write your Full Name
- Phone Number
- Email Address

- ✓ Open To All DoD
ID Card Holders
- ✓ One Receipt Per
Entry

POPEYES
CAJUN
STYLE
TURKEY



MONTH OF THE MILITARY CHILD AND MILITARY APPRECIATION MONTH

“Building Stronger Bonds”

1April-31May 2025

Purchase any Combo Meal for a chance to win!

- ✓ Eligibility: DoD ID Card Holders ONLY
- ✓ For Contact: Write your name, email address, phone number on the receipt, drop in the drawing box
- ✓ One receipt per entry
- ✓ Winners under the age of 18yrs must be accompanied by their sponsor
- ✓ For promotional purposes NEX must be allowed to take winner's pictures
- ✓ Available ONLY at NEX Yokosuka, Atsugi and Sasebo
- ✓ Winners must order their Turkey Meal at **least 5 days** in advance (preparation time)
- ✓ Must Redeem by 31 August 2025

Thank You For All You Do, Every Day!



NEX



PIZZA HUT

Alfredo Festival Only At Your Japan NEX Food Services @ Yokosuka/Atsugi

\$10 Chicken Alfredo Pasta Combo
Includes: 3 Bread Sticks and Med Fountain
\$3.75 or 27% Savings

Thank You For All You Do

Limited Time Offering



\$12 "Ultimate" Chicken Alfredo
PP Pizza, 5 Boneless Wings and Lg
Fountain Drink **\$6.50 or 35% Savings**

\$17.75 LG "Ultimate"
Chicken Alfredo Pizza
\$4.75 or 21% Savings



**Cinnamon Raisin Bagel
w/Cream Cheese For \$2.25
A 27% Savings**

*Limited Time Offering at NEX Food Services Yokosuka

NEX



POPEYES

APPLE PIE SPECIAL OFFER



\$ 1.00

Each

Limited Time Offer

NMCRS



NMCRS
YOKOSUKA



2025
MAY

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Scan the QR code to register for Budget for Baby® Workshop</p> 	<p>***** Thrift Shop purchases can be made using USD cash only. Shop on Wednesdays for thrifting fun!! *****</p>	<p>***** Thrift Shop is only able to accept donations during staffed donation days...dumped donations will be disposed *****</p>	<p>1 THRIFT SHOP DONATION DAY 0900-1000 BUDGET FOR BABY® 1000-1100 MAIN BASE</p>	2	3	
4	5	6	<p>7 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800 BUDGET FOR BABY® 1630-1730 VIRTUAL</p>	8	9	10
11	<p>12 BUDGET FOR BABY® INSTRUCTOR ORIENTATION 1000-1100</p>	<p>13 THRIFT SHOP TEEN VOLUNTEER ORIENTATION 1330-1430</p>	<p>14 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800</p>	<p>15 THRIFT SHOP DONATION DAY 1600-1700</p>	16	17
18	<p>19 OFFICE VOLUNTEER ORIENTATION 1000-1100</p>	20	<p>21 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800</p>	22	<p>23  CLOSED</p>	24
25	<p>26  CLOSED MEMORIAL DAY</p>	<p>27 THRIFT SHOP VOLUNTEER ORIENTATION 1000-1100</p>	<p>28 THRIFT SHOP SALES DAY 0900-1200 & 1600-1800</p>	<p>29 BUDGET FOR BABY® 1000-1100 MAIN BASE</p>	30	<p>31 THRIFT SHOP SATURDAY SALES DAY 0900-1200</p>

THE NAVY-MARINE CORPS RELIEF SOCIETY

THRIFT SHOP STUDENT VOLUNTEER ORIENTATION



For High School students ages 16 and up.
Register by scanning the QR code or clicking the link.

NMCRS



EDUCATION ASSISTANCE

Grants & interest-free loans for Navy-Marine Corps dependents & Active Duty students with MECEP/MECP orders so they can reach their education goals with **less financial stress**.

HOW IT WORKS

- Apply during open window
- Grants & Loans awarded once per year
- Funds sent to schools
- Split between Fall & Spring semesters

AWARDS

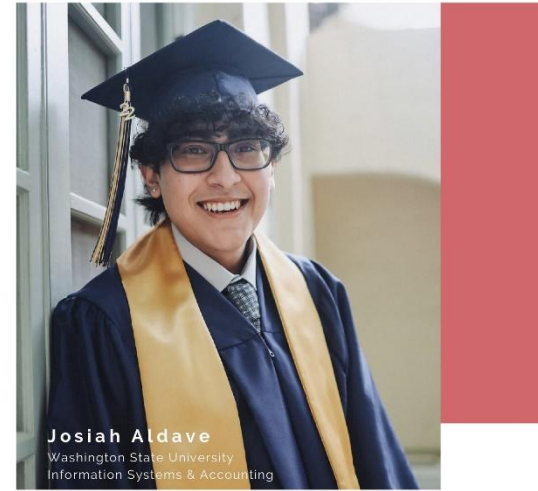
- Range between \$500-\$3,000
- Needs-based determined by FAFSA SAI and school's Cost of Attendance



This scholarship is important to my schooling because it is allowing me to continue my education without needing to take out excessive high interest loans to pay my tuition. It is also allowing me to be financially responsible, and pay my tuition bills on time.

ESMERALDA
CARRANZA

Marine Corps Spouse
University of Houston | Psychology



Josiah Aldave
Washington State University
Information Systems & Accounting

ELIGIBILITY

Spouses & children of active duty, retired or deceased Sailors & Marines may apply. Children must be DEERS eligible & under age 23 by September 30, 2025. Surviving dependents are eligible if the service member passed on active duty or once retired. Active Duty on MECEP or MECP orders are eligible for loans only.

AREAS OF STUDY

NMCRS Scholars may use funds for full or part-time programs working toward career & technical programs, associate's or bachelor's degrees. Spouses are eligible while completing first undergraduate or master's degree.

2025 TIMELINE

March 10 - May 15

Open window to create student NMCRS account, upload qualifying documents & complete application.

Late June 2025

Award announcements sent to all applicants via email and decisions also available on NMCRS account.

Early July 2025

Scholarship and loan acceptance deadline.

Late July 2025

Funds dispersed to Scholar's schools.



SCAN TO VISIT OUR WEBSITE OR
EMAIL US AT EDUCATION@NMCRS.ORG

NMCRS



NAVY-MARINE CORPS RELIEF SOCIETY

Education Assistance Frequently Asked Questions

Q: Are step-children eligible for this scholarship or loan?

A: Yes, step-children are eligible, if they are listed in DEERS.

Q: Are grandchildren eligible for this scholarship or loan?

A: Generally, grandchildren are not eligible. However, if a grandparent is the legal guardian of an applicant, and the child is listed in DEERS, they are eligible.

Q: I was a NMCRS Scholar last year, do I need to reapply for the 2024-2025 academic year?

A: Yes, you must reapply each year.

Q: I applied last year and was not selected, would I not be selected this year?

A: Each year has different variables: available funds from NMCRS, applicant pool, tuition changes. You are welcome to apply again to see if your need meets this year's threshold for an award.

Q: My parent/spouse is a Navy or Marine Corps veteran, but is not active-duty or retired. Can I apply for this scholarship or loan?

A: No, Education Assistance is applicable for active duty, retired, or qualifying deceased Marine Corps or Navy dependents only. Disability status does not change this requirement.

Q: What determines a qualifying deceased parent?

A: The child of a sponsor who passed away while on active-duty or after retirement is eligible to apply. The applicant will submit a copy of DD1300 Report of Casualty & a copy of Death Certificate in their application.

Q: My parent/spouse is a disabled Veteran, but did not retire. Can I apply for this scholarship or loan?

A: No, Education Assistance is applicable for active duty, retired, or qualifying deceased Marine Corps or Navy dependents only, regardless of disability rating.

Q: I am an active-duty Sailor or Marine attending college in my free time. Can I apply for a scholarship or loan?

A: At this time, active-duty service members are eligible for interest-free loans only if they have been accepted to the MECEP or MECP programs.

Q: If I accept a loan, when does repayment begin?

A: Repayment for NMCRS Education Loans do NOT have deferred payment after graduation. NMCRS loans repayment will begin September 2024. The loan will be tied to the sponsoring service member's pay.

Q: What if I change the college I plan to attend from what I indicated on my application?

A: If you are selected for a NMCRS scholarship and you decide to attend a college that is different from your application, reach out to education@nmcrs.org. Please note, your application will be reviewed and the award amount may change.

Q: What if I transfer colleges between semesters?

A: If you transfer colleges between the fall and spring semester, please contact education@nmcrs.org so we can contact the school for a refund and reissue checks to your new school.

Q: I am no longer planning to school this year. Will you hold the funds for me to use next year?

A: We understand plans change. We will put your funds back into the pool to give to the next available applicant. We cannot hold the funds to next year, but encourage you apply again next cycle.

Q: I applied for the full academic year, but I decided to take the fall semester off. Can I defer my scholarship for the spring semester?

A: If you transfer colleges between the fall and spring semester, please contact education@nmcrs.org so we can communicate with the school for a plan to hold or reissue funds. Depending the circumstances, you may only be eligible for a portion of the award.

Q: My spouse/parent is currently active duty, but will be separating (not retiring) from the military this year. Am I still eligible for the award?

A: If your spouse separates from the military within the year, you may not be eligible depending on the separation date. Exact date for cutoff TBD. Please check with education@nmcrs.org for this year's date.

Q: What if I am dual military? Even if I am not a MECEP/MECP student, can I apply as a Navy/Marine Corps spouse?

A: Yes! Your spouse status qualifies you for eligibility and is not negated by your active duty status.

Q: How are the scholarships and amounts chosen?

A: We are needs-based scholarship program. We will compare your Estimated Family Contribution (EFC) with your tuition and out of pocket costs in a rubric to determine awards. Merit-based determining factors, like GPA, will not be factored as long as the minimum requirement is met.

RESERVES



NAVY RESERVE IS OFFERING MOST RATES

\$20,000

PRIOR ENLISTED AND OFFICERS FROM ANY BRANCH CAN JOIN TO COMPLETE YOUR SERVICE AND RECEIVE ACCRUED PENSION. (Restrictions apply)

KNOW SOMEONE **SEARCHING**
FOR THE NEXT **OPPORTUNITY?**

DID YOU LEAVE RETIREMENT **DOLLAR** ON THE TABLE?

If you can complete a **TOTAL** of 20 years of credited service including your prior service time by age 60, then you may be eligible for a bonus.

Additionally, most prior service Officers from any US military branch are eligible for affiliation and certain bonuses.

INTERESTED IN KNOWING MORE? EMAIL POCs below:

CWO4 Mike Seals 7838 INTEL

Prior Service Navy Recruiter and
Benefits advisor at U.S. Navy Reserve

Michael.d.seals.mil@us.navy.mil

NRRC Yokosuka, Japan FLTREC RM 339

Cell: 81 070 2470 3343 JP

WhatsApp / LINE / SIGNAL 7703650199

LinkedIn <https://www.linkedin.com/in/cwo4mike-seals>



NC1 (SW/AW/EXW) Fernando Martinez

Prior Service Navy Recruiter and
Benefits Advisor at U.S. Navy Reserve

NRRC Yokosuka, Japan FLTREC RM 339

Fernando.m.martinez6.mil@us.navy.mil

Cell: 81 070 2470 3362 JP



RLSO



SAVE THE DATE!

TOKYO U.S. EMBASSY IS COMING TO CFAY

Thursday, 22 May 2025



- What Services:**
1. Consular Reports of Birth Abroad (CRBA) Application
 2. Tourist Passport Applications for:
 - a. First-time adult and minor
 - b. Adult and minor renewal
 3. I-130 Visa Petitions

Where: Admiralty Room, 2nd Floor of Officer's Club
Commander Fleet Activities Yokosuka (CFAY).

How: By appointment after completing an application screening at
RLSO WESTPAC Yokosuka Legal Assistance Office
2nd Floor of Building 1555, CFAY.

****** Lookout for more info on checklists for each service and when screening will be available ******

RLSO



U.S. Embassy Tokyo Outreach

Thursday, 22 May 2025

Admiralty Room, 2nd Floor of Officer's Club
Commander Fleet Activities Yokosuka (CFAY)



For inquiries, please email: Yokosukalegalassistance@us.navy.mil, or call DSN: 315-243-8901

Accepting: CRBA // First-Time Passport and Minor Passport Renewal // I-130 Petitions

Please refer to the CRBA, first-time tourist passport, minor tourist passport renewal, and I-130 checklists using the QR codes below to ensure you meet the requirements and are able to submit complete applications for CRBAs, passports, and/or I-130s.

***Note:** At this time, the U.S. Embassy is not accepting adult passport renewals during this event. You are encouraged to renew by mail with an online payment if you meet all criteria to renew by mail. For more details please scan the QR code below.

For **I-130 Petitions**, eligible petitioners are **U.S. citizen, Active Duty Service Members assigned to a unit in Japan**. Petitions must be for a spouse, child(ren), or parent(s) who is currently in Japan and able to remain in country for the time it normally takes to process the visa.

For **I-130 Petition screening**, you must first attend the virtual I-130 info seminar. Email yokosukalegalassistance@us.navy.mil to sign up for the seminar link.

Individuals must have their applications screened by the RLSO WESTPAC Yokosuka Legal Assistance by Thursday, 15 May 2025 to obtain an appointment.

After your application is screened, the Legal Assistance team will schedule you for a time slot for the U.S. Embassy Outreach.

Starting Tue, 1 April, walk-in hours to screen CRBA and Passport applications are Monday – Thursday: 1230-1530 at the Yokosuka Legal Assistance office located on the 2nd deck of Bldg. 1555.



Adult passport
renew by mail



CRBA
checklist



1st Time adult passport
checklist



I-130 Visa
petition
checklist



Minor passport
checklist

RLSO



REDUCED **SERVICE NOTICE**



Due to infrastructure improvement projects at the U.S. Embassy Tokyo, the following Embassy services will be *unavailable* during the listed dates:

- 25 April – 6 May 2025: No routine passport, Consular Report of Birth Abroad (CRBA), and notary services.
- 2 – 13 May 2025: No routine immigration petition and visa processing.

For more info, please visit their [Facebook](#) at “American Citizen Services, U.S. Embassy Tokyo” or website: <https://jp.usembassy.gov/services/>

RLSO



Region Legal Service Office Western Pacific Legal Assistance reduced services notice



The Yokosuka Legal Assistance Office will be **CLOSED**
from **Friday, 23 May – Monday, 26 May 2025**
in observance of

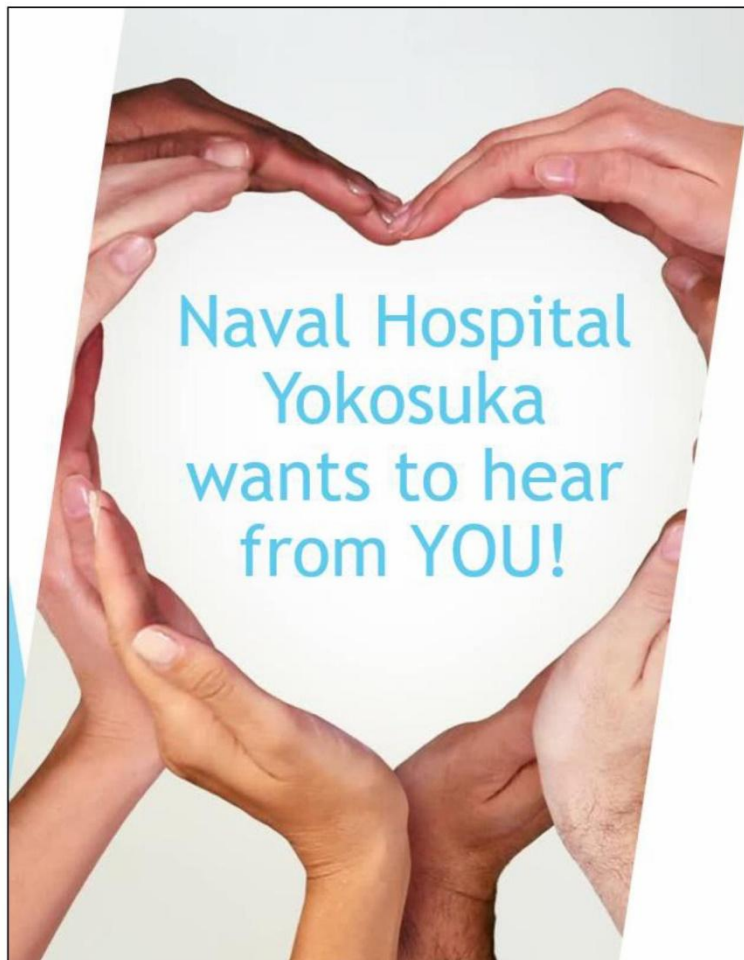


We will resume office hours on **Tuesday, 27 May 2025.**

We can be reached at YokosukaLegalAssistance@us.navy.mil or
Duty Phone: Local: 090-6181-4375 or From US: 011-81-90-6181-4375

We apologize for any inconvenience.
V/R, Legal Assistance Department Staff

USNH



USNH Yokosuka Patient Family Partnership Council

Want to effect change and be a part of the healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY.

Please join us at our upcoming meetings!

January 9th 1600-1700
Community Resource Center, 4th floor, AOB auditorium

February 4th 1145-1245
Naval Hospital Yokosuka, 3rd floor, Command Auditorium

March 5th 1600-1700
Community Resource Center, 4th floor, Haru Room

To learn more, please email dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil visit <https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council> and follow USNH Yokosuka on Facebook:



Naval Hospital Yokosuka
www.facebook.com/usnhyokosuka

HNSU



Naval Leadership & Ethics Command San Diego Officer Leader Development (OLD) Courses

An in-person training team is coming to Naval Base Yokosuka, 18-22 Aug and 22-26 Sep 2025. Take advantage of this great opportunity. Contact NMRTC Yokosuka Education and Training Department at usn.yokosuka.usnmrtc-yokosuka.list.nh-yokosuka-seat@health.mil, NLT 3 Jun 2025 to sign up for either course.

Intermediate Leadership
Course (ILC)
22-26 Sep 2025
(10 seats available)

Course Information:
Rank – CWO2/3, O3/O4; 7-12
years of commissioned service
time

Senior Leadership
Course (SLC)
18-22 Aug 2025
(10 seats available)

Course Information:
Rank – E9 (not CMC), CWO4,
O5/O6 (not previously in, or
enrolled in CO/XO course)

More information about OLD courses can be found in NAVADMIN 254-21 and MILPERSMAN 1301-906



USO



MAY 2025 CALENDAR OF EVENTS

USO Yokosuka
DSN: 241-3030 | 046-896-3030
f @USOYokosuka



Friday 02

MILITARY SPOUSE APPRECIATION IKEGO 1700-2000 NIKKO TOWER

USO Yokosuka is Appreciating Military Spouses with a bead craft! Join us for dinner, a step-by-step instructions to make your own bracelet and prizes! All spouses are welcome to join in their comfy PJs or come as you are. Register before spots run out and join us in appreciating all you do as a Military Spouse!

Monday 05

CINCO DE MAYO 1100 USO YOKOSUKA CENTER

Join us in celebrating the Cinco de Mayo with delicious food, Loteria, and fun, festive atmosphere! Enjoy the festivities with a chance at some door prizes authentic food and drinks to try. Everyone is welcome, while supplies last.

Friday 09

MILITARY SPOUSE APPRECIATION 1700-2000 ASAGAO HEIGHTS

USO Yokosuka is Appreciating Military Spouses with a paint night! Join us for dinner, a step-by-step painting and prizes! All spouses are welcome to join in their comfy PJs or come as you are. Be sure to sign up before spots fill up, and come let us show our appreciation for you!

Tuesday 13

SPECIAL DELIVERY: UN PETIT BEBE 1000-1200 OFFICERS CLUB

Join the USO Yokosuka team for Un Petit Bébé, a celebration of expecting moms and new moms with little ones six months or younger. Enjoy a delightful morning filled with sweet treats, fun games, and heartwarming connections. Register for this gathering, and be ready to be showered with love!

Friday 16

BOOM BOX BISTRO 1100 USO YOKOSUKA CENTER

Are you hungry? Come grab a bite with the USO with a delicious, good menu, while supplies last. Enjoy some flash trivia for a chance at prizes! This month we are celebrating Armed Forces Day! See you for a lunch with a boom!

Wednesday 21

MIDWEEK MADNESS 1700-1900 USO YOKOSUKA CENTER

Hey there, party people! It's time to spice up your week with some. Midweek Madness at USO Yokosuka! Get ready for some serious fun with misc. trivia, pizza, and good vibes. Let's shake things up and add a little madness to your routine. See you there!

check out our
linktree

Find all the links for upcoming
event registration and all our
Social Media Links



MAY 2025 CALENDAR OF EVENTS

USO Yokosuka
DSN: 241-3030 | 046-896-3030
f @USOYokosuka



Wednesday 28

TOT-TIME IKEGO 1000-1100 IKEGO HOUSING, NIKKO TOWER

Father's Day is coming, and Tots can join the USO to make a special gift for Dad! Tots can paint and decorate a custom frame for Dad to hang at home or work! Registration is Required.

Wednesdays 7, 14 & 21

THEARPY TAILS 1200-1300 USO YOKOSUKA CENTER

Sailors, take a paws and unwind with therapy tails! Come enjoy some furry companionship, boost your mood, and relieve stress with these lovable canine volunteers. You can come get your K-9 cuddles every Wednesday!

Wednesday 28

THEARPY TAILS: EVENING EDITION 1700-1800 USO YOKOSUKA CENTER

Sailors, wind down your evening with therapy dogs! Relax, de-stress, and lift your spirits with some furry companionship. Once a month you can come by and join us for an evening Therapy tails.

WANT TO VOLUNTEER WITH US?
SCAN HERE TO CREATE YOUR ACCOUNT



PICK AN ORIENTATION
TO ATTEND

MAY 7
WEDNESDAY
1600-1800

MAY 4
SUNDAY
1200-1400

MAY 18
SUNDAY
1200-1400

check out our
linktree

Find all the links for upcoming
event registration and all our
Social Media Links

USO



**DID YOU
KNOW TEENS
15-17 CAN
VOLUNTEER
AT THE USO?**

Build your resume skills!

VOLUNTEER FOR:

- *CENTER SHIFTS**
- *SPECIAL EVENTS**
- *MARKETING & DISTRIBUTION**
- *RECRUITMENT AND RESOURCE FAIRS!**



YOU CAN EARN:

- *EARN PRESIDENTIAL VOLUNTEER SERVICE AWARD(S)**
- *LETTERS OF APPRECIATION**

VTF



PCS Guide – Leaving Japan with pets

Where are you going? :

U.S. Non-continental U.S. Other country

- Ensure pet's rabies vaccinations are up to date. Original copies of the certificates are required and need to be in English with the pet's microchip number.
- Complete U.S. import permit found on the CDC.GOV website or scan the QR code below. This step is for dogs only, cats do not have this extra step.



- Submit export notification to Animal Quarantine Services (AQS) to the airport you will be flying out of. Follow the QR code below. This is only for commercial flights, if flying AMC you will not need to do this step.



- Schedule Health Certificate appointment within 10 days of the flight.

GUAM (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Guam Dept. of Agriculture website).
- Guam affidavit (Our clinic can provide this document prior to the health certificate appointment if needed.
- If flying straight from Japan, FAVN is not required.
- Vaccines required for dogs: Rabies, DAPV, Leptospirosis, and Bordetella.
- Vaccines required for cats: Rabies and FVRCP.
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

HAWAII (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Hawaii Dept. of Agriculture website).
- FAVN with results of ≥ 0.5 (must be done 30 days before entering Hawaii).
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

- Find specific requirements for the country using the USDA website, scan QR code.

- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.



MAY SCHEDULE

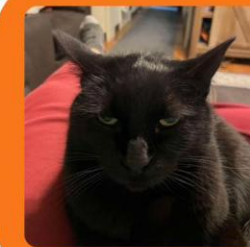
Closed

23, 26
& 30

Thursday

15 & 22

0815-1200
Half Day



Yokosuka Veterinary Treatment Facility