



#### **Consolidated Battery Recycling**

NA FAC

PILOT PROGRAM AT NEX Bldg H-20

Sort batteries in designated container marked by:

BRAND (e.g. Duracell) &

TYPE (e.g. Alkaline)

For more information contact CFAY Qualified Recycling Program DSN: 243-3817/5806 (046-816-xxxx)





CFAY

THE FAMILY \* ALLIMET

SUPPORT OUR ENVIRONMENT AND OUR SOFA RESPONSIBILITIES!
RECYCLING PROFITS ARE RE-INVESTED INTO CFAY IMPROVEMENT PROJECTS.

CFAY Waste Disposal Guide

Reduce, Reuse, Recycle

Least Preferred

Household Hazardous Product Reuse Program (Public Works Dept) Qualified Recycling Program (Public Works Dept)

Car Care Center (NEX)

Auto Skills Center (MWR)

Solid Waste Disposal (Public Works Dept)

## Accepted Materials

 Wood stains, paint, finishes

- · Pesticides
- Odor remover spray
- · Oven cleaner
- · Multi-purpose cleaner
- · Hand sanitizer
- · Isopropyl alcohol
- · Bleach
- · Oil lubricants
- · Degreaser

 Metal (furniture, valves, sheet metal)

- · Appliances
- · Paper, wood & textiles
- Used oil (fuel, lube, hydraulic)
- · Used cooking oil
- Household electronics (TV, computer, cell)
- Batteries
- · Lead-acid
- · Lithium-ion
- Nickel-metal hydride

Flares

- · Propane tanks
- · Car batteries
- · Coolant
- · Kerosene
- · Diesel
- · Engine oil

Tires

- · Engine oil
- · Brake fluid
- · Transmission fluid
- Coolant
- · Car batteries

#### Non-Combustibles

- · Cans & bottles
- · Metal (tin foil)
- · Glass
- Rubber
- Hard plastic (food containers)

#### Combustibles

- · Paper & wood
- · Food
- · Textile & leather
- Thin plastic (bags, wrappers)

## rogram Guidelines

Contact

· U.S. products only

- Must be in original containers
- Containers must have readable labels and be at least half-full
- All items are free acceptance
- \*\* Users may pick-up products for use at home, for free

· Appliances freon-free

- Paper Products: No wax paper, tissue, pizza boxes or other soiled products
- Textile no down jacket pillows, shoes, bags
- Wood: No soiled, dryrotted, painted or finished items
- Cooking Oil: Large food pieces must be strained out
- All free acceptance

 Some items are free acceptance and some are charged  Fuel and lead-acid batteries are not accepted.  Place bulk trash by the dumpster/containers and call 243-6558 for pick-up

#### High-Rise Towers

 Separate combustibles and non-combustibles into correct dumpster

#### Townhouses

- Place non-combustibles into blue container
- Place combustibles into gray container



Lot behind GOV Gas Station M/W/F: 0900-1100 T/Th: 1300-1500 Cell: 070-7411-1294

Bldg. 4856 M-F: 0800-1530 DSN: 243-3817/5806 Bldg. 1314 M – F: 0730-1700 Sa: 0730-1600 DSN: 243-4778 / 5826 Bldg. 1288 M/Th/F: 1100-1900 Sa/Su: 0900-1700 DSN: 243-5456

DSN: 243-6558





#### **CFAY/IKEGO GATE HOURS**



#### **IKEGO**

Inbound/Outbound
Daily
24 hours

#### <u>Jimmuji</u>

Inbound/Outbound Monday-Friday 0500-0100

Inbound/Outbound Weekends and Holidays 0500-0030

#### WOMBLE GATE

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian Daily 0500-2200

Inbound Vehicle Daily 0500-1800

Inbound High Traffic Pattern Monday-Friday 0500-0830

Outbound High Traffic Pattern Monday-Friday 1530-1900

#### <u>VERNY</u> <u>PEDESTRIAN</u>

Outbound Daily 24 hours

Inbound Monday-Friday 0600-2000

Inbound Saturday 0700-0800

Inbound Sunday and Holidays CLOSED

#### **CARNEY GATE**

Outbound Pedestrian
Daily
24 hours

Inbound Pedestrian
Daily
24 hours

Inbound Vehicle
Daily
24 hours

Inbound High Traffic Period Monday-Friday 0500-0830

## CARNEY BOARDWALK PEDESTRIAN GATE

Inbound/Outbound Daily 0600-2100



### D F D





THE GIANT VOICE is an informational podcast focusing on issues and concerns from personnel assigned to Commander, **Fleet Activities Yokosuka** (CFAY). Episodes can be found on CFAY's DVIDS page as well as most of your favorite streaming platforms such as Spotify, Apple, Amazon and Stitcher.

# BEYOND THE GATE

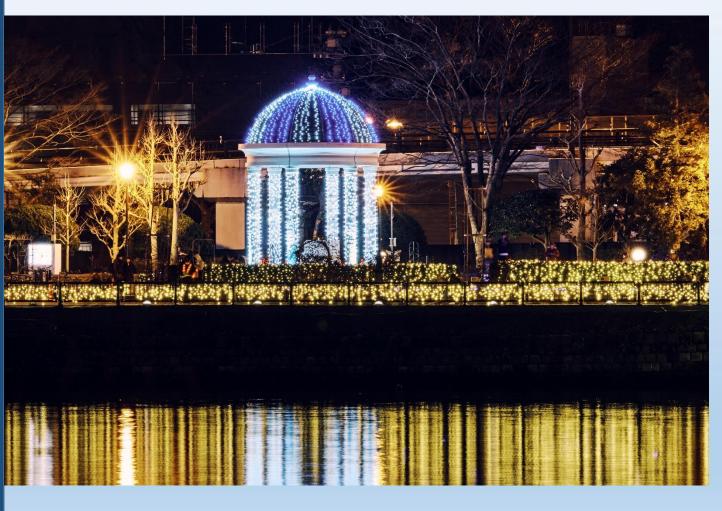




#### Godzilla Illumination

Now - Jan. 5 5 p.m. - 8 p.m. Daily

Kurihama Flower Park



Yokosuka
Winter
Illumination

Now – January 5

Verny Park

## CFAY THE FAMILY & ALLIMIT.

### Shonan Jewel 2024

November 23 – February 28

Enoshima Sea Candle



#### Attention all drivers on express way





#### ETC-only toll gate Drive Slowly

Vehicles not equipped with an ETC onboard device will not be allowed to pass. If you accidentally enter the ETC gate, please do not make a U-turn. Proceed to the "Support" or "ETC/Support" lanes, press the button on the intercom, and follow the staff's instructions.



## FFSC Virtual Clinical Counseling CONNECT to GET CARE

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

#### Virtual clinical counseling helps with:

- Separation
- Relationship issues

Grief

- Parent-child interactions
- Deployment
- Other challenges related to military
- Relocation
- and family life

To schedule an appointment, call 1-855-205-6749. If calling outside of regular business hours, leave a message. Your call will be returned within one business day. You can also scan the QR code to link to a brief form to get started.



www.ffsp.navy.mil

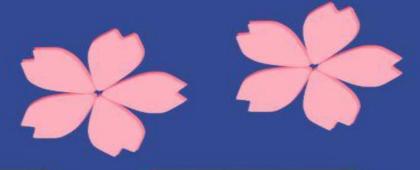






#### Updated AOB/ICR Schedule

Every Tuesday-Thursday



Starting 13 MAR 2023

Day 1

AOB

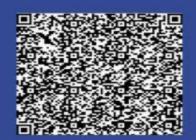
@0830

Resource Fair

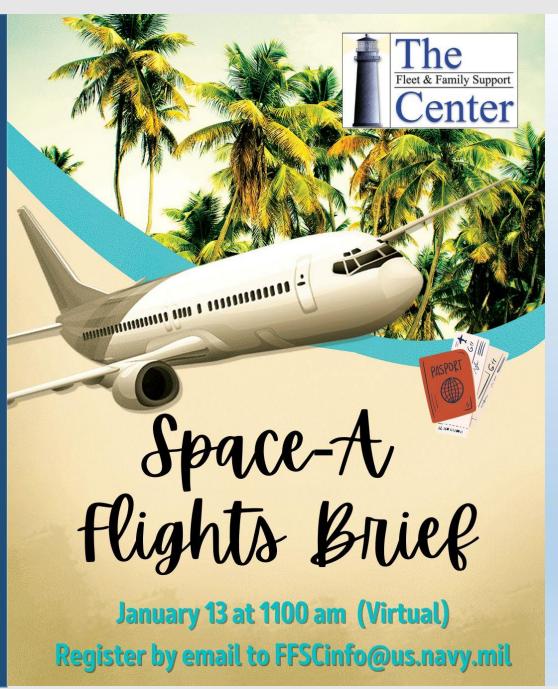
@1330

ICR @0830 Bus Tour @1330 Day 3
SafeTalk
@0800
(Mandatory for Active Duty)
Driver's License LHC
@1230



















### EMERGENCY AND DISASTER PREPAREDNESS

A PRACTICAL INFORMATIONAL GUIDE ON EMERGENCY PREPAREDNESS



JAN 27, 2025



1130



AOB AUDITORIUM CRC BLDG. 4TH FL

Register by email to FFSCinfo@us.navy.mil or call 243-3372

REGISTRATION REQUIRED





JANUARY 27, 2025 1000-1100 Bldg. 3365, 4th FL AOB AUDITORIUM

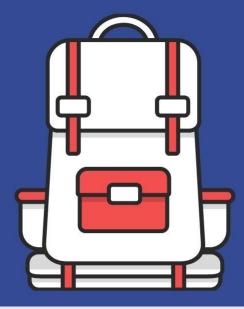


Please call 243–3372 or email FFSCinfo@us.navy.mil to sign up!





To prepare for the possibility of an evacuation, join our workshop to discuss the MANDATORY USFJ Emergency Evacuation Program (EEP) checklist and packet and what to do with it.







#### What You Will Learn

- Basics of military life in Yokosuka.
- Integration into the military community.
- Access to resources and support services.

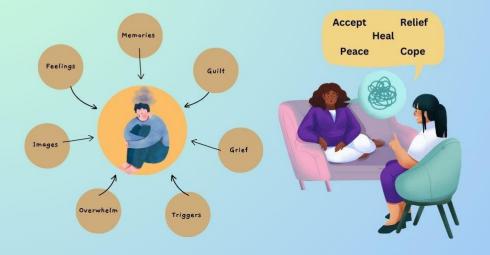


To register contact us at <a href="mailto:FFSCinfo@us.navy.mil">FFSCinfo@us.navy.mil</a> / 243-3372.



#### SYMPTOM REDUCTION GROUP





- Reduce triggers from past events into more manageable levels
- ✓ Increase resiliency
- Learn new stress management skills
- Led by an FFSC clinical counselor

Learn how to use EMD (eye movement desensitization) techniques for reducing stressful symptoms from recent or past events. No speaking or sharing of experiences is required. Must be 18 or older.\*\*

JAN 7, 2025 1400 - 1600 CRC Bldg., 4th Floor, Counseling Office

For more information or to register, please call 243-7878 or email FFSCinfo@us.navy.mil





#### WITH SENSEI KOI:

2ND & 4TH WEDNESDAY OF THE MONTH (FLEET REC. CENTER) TIME: 1630 - 1715



I am born and raised in Yokosuka. I have been teaching English to the Japanese people and English to the foreign people in Yokosuka.

I am excited to teach Japanese as a volunteer and I want everyone to make Japanese friends.

Please register by email: FFSCinfo@us.navy.mil or call 243-3372.







\*\*All classes are held in-person\*\*

#### **Everyday Japanese**

CRC Bldg 4/F: Every 2nd & 4th Mondays, 1000 - 1130

A basic Japanese language class for beginners, which caters to proper pronunciation and common phrases to help communicate with local nationals.

#### **Active Japanese Language**

CRC Bldg 4/F: Every 2nd & 4th Wednesdays, 1500 - 1700

Japanese language for beginners from grammar to easy Japanese conversation. The Sensei welcomes topic requests from her students when asked.

#### Daisuki

CRC Bldg 4/F: Every 2nd Tuesday, 1000 - 1130

This class talks about Japanese history (like pilgrimage during Edo Era) geography (Mt. Fuji, Japanese places) culture, tradition (snacks, festivals), everyday Japanese life, and origami making.

#### Make Tomodachi

Fleet Rec. Bldg. 3/F:

Every 1st & 3rd Wednesdays (Intermediate), 1630-1715 Every 2nd & 4th Wednesdays (Beginner), 1630-1715

Immersion-style Japanese class. Sensei will teach language and social skills to connect instantly with Japanese people outside the gate. There is an optional off base meet up with locals (usually at Coaska's Starbucks) to apply what is learned in the classroom.

#### **Ikego Japanese Language Series**

Ikego: Tuesdays at 1200-1300 for ten - twelve weeks

This is a ten to twelve week course held once per quarter. Get to know Japan by learning how to speak, read, and write in Japanese.

> To Register: email FFSCinfo@us.navy.mil or call DSN 243-3372











FFSCINFO@US.NAVY.MIL 243-3372 / 046-816-3372

1 HOUR CLASS INTRODUCING ITEMS SOLD AT JAPANESE SUPERMARKETS FOLLOWED BY GROCERY SHOPPING TOUR AT COASKA MALL







### PCS-ING TO YOKOSUKA?

Ask the Experts!

CFAY representatives will be available to answer your questions!

#### MORE INFORMATION

- 243-3372/046-816-3372
- FFSCinfo@us.navy.mil
- facebook.com/ffscyokosukajapan



EVERY 1ST & 3RD THURSDAY

0800-0900 JST



JOIN HERE!

MICROSOFT TEAMS MEETING GO TO: https://tinyurl.com/2297PM75

OR CALL IN (AUDIO ONLY) +1 410-874-6751 ID: 814 971 239 #



### Youth ICR

INTERACTIVE ORIENTATION FOR STUDENTS

#### **CLASS SCHEDULE:**

Elementary school (1st-5th): Every 1st Tuesday of the month, 2:30 - 4:00 pm Middle / High school (6th-12th): Every 2nd Tuesday of the month, 2:30 - 4:00 pm To sign up, stop by the FFSC or call 243-3372

#### New Construction of NSST Shiphandling Trainer Parking lot Closures



#### **Closure Period**

Sep 2024 - 2027



#### **Parking Lot Closures**



#### Parking lot closures:

- Project site by Bldg 1997
- 2. Half of 12 Hour parking lot
- New 42 spaces at 12 Hour Annex Lot
- New 10 spaces at DLA DAPS



**PWD** 

#### Parking Lot Closures – Truman Bay



#### **Closure Period**

November 2024 – 2027



#### LOT CLOSURE



- Long-term contract laydown areas to support major construction projects
- Maximize use of public transit, bike/walk, carpooling, and telework.





## Road Closures – Main Base Community Area



#### **Closure Period**

2023 - 2025



#### **FULL ROAD CLOSURE**





PWD PWD

#### Yokosuka Base – Partial Road Closure



#### Closure Period

11 Oct 2024 – 31 Mar 2025



#### PARTIAL CLOSURE



- Re-stripe roadways to improve visibility
- Maintain two-way traffic via flagmen and local signage
- NEX Bldg H-20 parking lot to be restriped (Jan 27-31 2025)
- Gravel Lot across from berth 9
   BLUE RIDGE to be repaired (Feb 02-21 2025)

PWD PWD



as of 11 OCT 2024



#### **CFAY Driver's License Office**



# CLOSED for Holiday Closed 25 Dec 2024 Reopen 06 Jan 2025

For questions, please call 243-9089 / 6721 / 5647 or E-mail: <u>license@us.navy.mil</u> 0745-1200/1300-1530, Monday-Friday except holidays

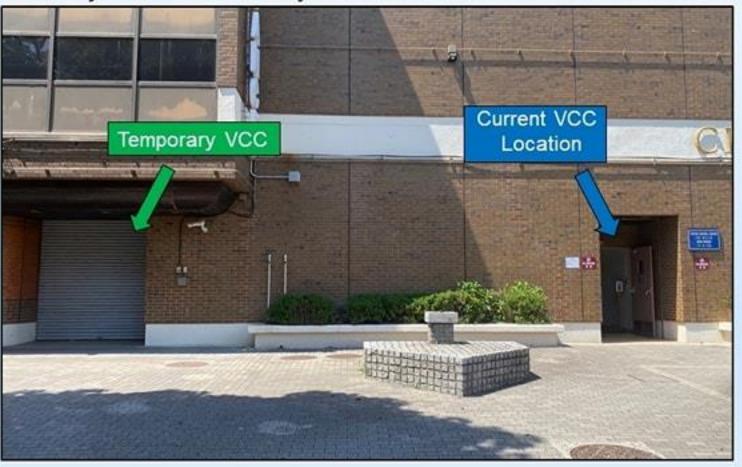


# CURITY

#### Visitor Control Center (Temporary Relocation)

#### VCC Temporary Relocation Period

23 July 2024 - January 2025



#### TEMPORARY RELOCATION OF SERVICES





#### Transition Period (23 - 31 July):

- Current VCC and Temporary VCC locations will be open for service during regularly scheduled hours.
   Renovation Period (1 Aug 24 – Jan 2025)
- Temporary VCC location serve as primary location for services until VCC renovation period is completed.

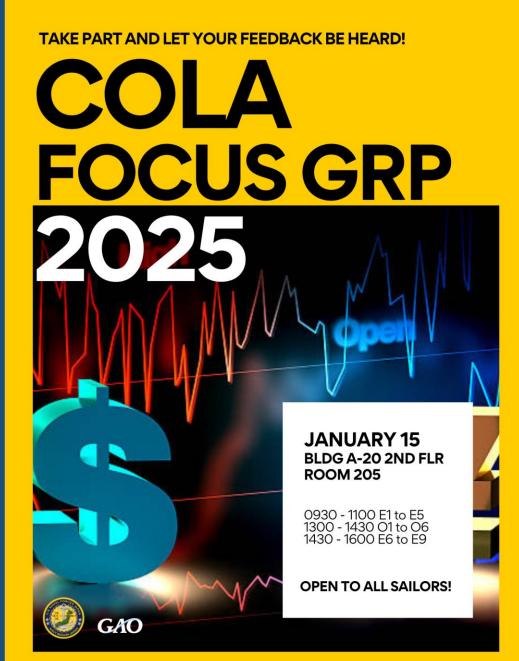


## NOTICES FROM TENANT COMMANDS & NFEs



## CNR





#### Please note

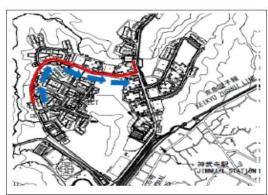
Parking at A-20 is very limited. Using the roof level of the **SRF Parking Garage** is highly recommended

## of Engineers Corps



## NOTICE OF CONSTRUCTION

The Government of Japan (GoJ) Contractor will perform excavation work on SHISAGI St. shown on the sketch below from DEC 9, 2024 to AUG 31, 2025. Working hours will be between 8:00 a.m. and 6:00 p.m., Monday through Friday. Excavation site will be controlled as one-way alternating traffic control road during the daytime work.



\*After daily working hours, road should be re-opened.

This work needs to open new teen/CYP center.
Thank you for your cooperation and understanding.

Government of Japan Funded Construction Project NA1812, COMM. & ELEC. WORK FOR ADDITIONAL LINE

South Kanto Defense Bureau Yokosuka Construction Office

TOSHIBA PLANT SYSTMES, GoJ Contractor



US Army Corps of Engineers Yokosuka Resident Office

# FASTPAC





# CROSS





One of the Red Cross's main missions OCONUS is to provide the **Emergency Communication Message**, AKA "**Red Cross Message**". If you or an immediate family member experience an emergency that requires you to request leave from your Command, the Red Cross can verify that emergency as a third party. We will then deliver that information to your command, enabling them to make an informed decision regarding your **emergency leave**.



**Fill out a CONTACT CARD today** to ensure your contact information is ready **before** an emergency arises. Filling out a card in advance helps you and your family save time in a crisis.





Prepare Today!
Complete a Contact Card!

# CROSS









#### Class Schedule

All classes are blended learning courses including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to the skills test.



- Monday January 6, 1500-1800
- Thursday January 9, 1300-1600
- Thursday January 23, 1300-1600

#### **BLS Course (Basic Life Support) (\$12)**

- Thursday January 30, 1300-1600

Babysitting Basics & First Aid/CPR (\$15)

(Recommended for ages 12-17)

Classes are available upon request with 3+ people.

Classes may be added based on community need and instructor availability.



\*\*Classes are updated regularly based on community need\*\*

#### TO REGISTER:

Email Yokosuka@redcross.org
with the class and preferred
date/time. You will receive a
payment link and be asked to
send your receipt to guarantee a
spot in the course.

# CROSS



#### **Volunteer Now**



## **American Red Cross**

- 1. Use a desktop or laptop computer.
- 2. Search and go to Red Cross Volunteer Connection.
- 3. Use the Yokosuka FPO zip code 96349.
- 4. Complete the online training.
- 5. If you have any problems, email <a href="mailto:Yokosuka@redcross.org">Yokosuka@redcross.org</a> or call 243-7490.















#### **VOLUNTEER!**

### Disaster Action Team & Disaster Team Lead

Help provide immediate assistance on scene of an emergency, and participate in base exercises

Help with Emergency Messages and during large scale emergencies

#### Also Available:

MTF Professional and Admin Help Youth Preparedness Team CPR/BLS/Babysitting Instructor Library

PAWS
Vet Clinic
Post Office
Youth Clubs

# RESERVES



#### NAVY RESERVE IS OFFERING MOST RATES

## \$20,000

PRIOR ENLISTED AND OFFICERS FROM ANY BRANCH CAN JOIN TO COMPLETE YOUR SERVICE AND RECEIVE ACCRUED PENSION. (Restrictions apply)

#### KNOW SOMEONE SEARCHING FOR THE NEXT OPPORTUNITY?

#### DID YOU LEAVE RETIREMENT DOLLARSON THE TABLE?

If you can complete a TOTAL of 20 years of credited service including your prior service time by age 60, then you may be eligible for a bonus.

Additionally, most prior service Officers from any US military branch are eligible for affiliation and certain bonuses.

#### INTERESTED IN KNOWING MORE? EMAIL POCs belo

CWO4 Mike Seals 7838 INTEL
Prior Service Navy Recruiter and
Benefits advisor at U.S. Navy Reserve
Michael.d.seals.mit@us.navy.mit
NRRCYokosuka, Japan FLTREC RM339
Cell: \$1 070 2470 3343 JP
WhatsApp / LINE / SIGNAL 7703650199





NCI (SW/AW/EXW) Fernando Martinez Prior Service Navy Recruber and Benefits Adrisor at U.S. Navy Reserve NRRC Yokosuka, Japan FITREC RM 339 Fernando.m.martinező.mil@us.anvy.mil Cell: 31 0702470 3382 JP







#### U.S. Citizenship and Immigration Services (USCIS) Outreach Event



23 January 2025: Opportunity for Q&A Session with USCIS!



- · Have you considered becoming a U.S. citizen?
- Do you have questions about the naturalization process?
- · Are you considering bringing family members to the U.S. to reside permanently?

Join us on 23 January 2025 at the U.S. Fleet Activities Yokosuka Kodo Auditorium (2nd deck of Community Readiness Center) \*Event time will be announced closer to the date\*





#### U.S. NAVY SUPPLY CORPS 230<sup>TH</sup> BIRTHDAY BALL

HOSTED BY THE NSCF JAPAN CHAPTER



DISTINGUISHED GUEST

SPEAKER: RDML (sel.) Brian Anderson



DATE AND TIME:

SATURDAY, FEBRUARY 22ND @ 1830 - 2230 COCKTAIL HOUR @ 1730



LOCATION:



ATTIRE:

05 & ABOVE: DINNER DRESS BLUE 04 & BELOW: SDB/DINNER DRESS BLUE CIVILIAN: FORMAL ATTIRE

SCAN TO RSVP & PURCHASE TICKETS BEFORE 10 FEB 2025:



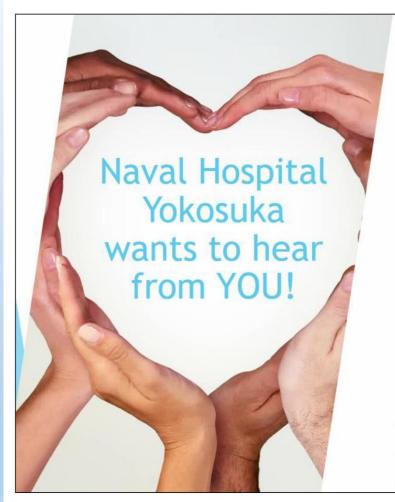


#### **TICKET PRICES:**

O7 & above / SES / JMSDF	\$110 / ¥16,500
05-06 / GS14-15 / JMSDF	\$100 / ¥15,000
03-04 / GS11-13 / JMSDF	\$90 / ¥13,500
E7-02 / CWO1-5 / GS6-10 / JMSDF	\$80 / ¥12,000
E6 & below / GS5 & below / MLC personnel	\$65 / ¥9,750







### USNH Yokosuka Patient Family Partnership Council

Want to effect change and be a part of the healthcare solutions that affect our Sailors and their families? Join the Patient and Family Partnership Council at USNH Yokosuka. Engage directly with hospital leadership in matters that concern the health and welfare of CFAY.

#### Please join us at our upcoming meetings!

January 9<sup>th</sup> 1600-1700 Community Resource Center, 4<sup>th</sup> floor, AOB auditorium

February 4<sup>th</sup> 1145-1245 Naval Hospital Yokosuka, 3<sup>rd</sup> floor, Command Auditorium

March 5<sup>th</sup> 1600-1700 Community Resource Center, 4<sup>th</sup> floor, Haru Room

To learn more, please email dha.yokosuka.Yokosuka-NH.list.pfpc@health.mil visit https://yokosuka.tricare.mil/Patient-Resources/Patient-and-Family-Partnership-Council and follow USNH Yokosuka on Facebook:



Naval Hospital Yokosuka www.facebook.com/usnhyokosuka

## **VATE**



#### PCS Guide - Leaving Japan with pets

#### Where are you going? :

- Ensure pet's rabies vaccinations are up to date. Original copies of the certificates are required and need to be in English with the pet's microchip number.
- Complete U.S. import permit found on the CDC.GOV website or scan the QR code below. This step is for dogs only, cats do not have this extra step.



- Submit export
notification to Animal
Quarantine Services
(AQS) to the airport you
will be flying out of.
Follow the QR code
below. This is only for
commercial flights, if
flying AMC you will not
need to do this step.



 Schedule Health Certificate appointment within 10 days of the flight.

#### U.S. Non-continental U.S. Other country

#### GUAM (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Guam Dept. of Agriculture website).
- Guam affidavit (Our clinic can provide this document prior to the health certificate appointment if needed.
- If flying straight from Japan, FAVN is not required.
- Vaccines required for dogs: Rabies, DAPV, Leptospirosis, and Bordetella.
- Vaccines required for cats: Rabies and FVRCP.
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

#### HAWAII (Start process 3 months in advance)

- Ensure pet is microchipped, has 2 rabies in lifetime (one must be current).
- Import permit (Owner must obtain this from Hawaii Dept. of Agriculture website).
- FAVN with results of ≥ 0.5 (must be done 30 days before entering Hawaii).
- Dewormer and flea/tick medication will be administered day of health certificate appointment.
- Negative heartworm test
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.
- Find specific requirements for the country using the USDA website, scan QR code.
- Export notification to AQS and a health certificate within 10 days are required. See steps in box to the left.

